

Local da Prova: **Caldas Da Rainha**

Data: **03/06/2023**

Hora da Partida: **16:49:02**

Distancias: Natação - 750

Ciclismo - 19200

Corrida - 5000

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	101609	2305	João Nuno Batista	JUN	Clube de Natação de Torres Novas	00:06:56	00:00:40	00:30:42	00:00:29	00:13:43	00:52:30	00:00:00
2	106935	2742	Christophe De Keyser	30-34	Outsystems Olímpico de Oeiras	00:07:10	00:00:40	00:31:02	00:00:31	00:14:19	00:53:42	00:01:12
3	100424	2824	Gonçalo Oliveira	20-24	Clube de Natação de Torres Novas	00:07:15	00:00:47	00:30:48	00:00:34	00:14:25	00:53:49	00:01:19
4	100354	501	Afonso do Canto	20-24	Clube de Natação de Torres Novas	00:07:23	00:00:40	00:30:49	00:00:24	00:14:57	00:54:13	00:01:43
5	100380	513	Gustavo do Canto	JUN	Clube de Natação de Torres Novas	00:07:08	00:00:40	00:31:56	00:00:22	00:14:45	00:54:51	00:02:21
6	101017	2624	Tiago Fonseca	20-24	Clube de Natação de Torres Novas	00:07:22	00:00:43	00:31:34	00:00:33	00:14:41	00:54:53	00:02:23
7	103108	2840	Hugo Figueiredo	20-24	Sporting Clube de Portugal	00:07:42	00:00:48	00:32:02	00:00:27	00:13:58	00:54:57	00:02:27
8	104381	516	João Dias	20-24	Sporting Clube de Portugal	00:07:16	00:00:41	00:31:42	00:00:24	00:14:59	00:55:02	00:02:32
9	100235	522	Pedro Afonso Pinto Gaspar	25-29	Outsystems Olímpico de Oeiras	00:07:10	00:00:38	00:31:54	00:00:22	00:15:07	00:55:11	00:02:41
10	103699	2347	Gabriel Santos	JUN	Sport Lisboa e Benfica	00:07:13	00:00:50	00:31:41	00:00:31	00:15:00	00:55:15	00:02:45
11	100629	502	Afonso Nunes	20-24	Alhandra Sporting Club	00:07:19	00:00:43	00:31:38	00:00:23	00:15:18	00:55:21	00:02:51
12	106308	2264	João Vaz	JUN	Sporting Clube de Portugal	00:07:23	00:00:39	00:31:43	00:00:26	00:15:17	00:55:28	00:02:58
13	100447	2253	Antonio Vaz Pedro	JUN	Outsystems Olímpico de Oeiras	00:07:01	00:00:49	00:31:55	00:00:34	00:15:13	00:55:32	00:03:02
14	101614	2812	José Pedro Vieira	20-24	Clube de Natação de Torres Novas	00:07:18	00:00:40	00:31:02	00:00:28	00:16:06	00:55:34	00:03:04
15	105758	505	Diogo Tomé	20-24	Sport Lisboa e Benfica	00:07:11	00:01:03	00:31:35	00:00:29	00:15:21	00:55:39	00:03:09
16	101627	2307	Pedro Afonso Razões	JUN	Clube de Natação de Torres Novas	00:07:16	00:00:45	00:31:53	00:00:29	00:15:23	00:55:46	00:03:16
17	102382	2284	José Tadeia	JUN	Sport Lisboa e Benfica	00:07:14	00:00:42	00:31:59	00:00:29	00:15:25	00:55:49	00:03:19
18	100104	3769	Alexandre Nobre	25-29	Sport Lisboa e Benfica	00:07:22	00:00:44	00:33:20	00:00:32	00:14:10	00:56:08	00:03:38
19	101538	511	Guilherme Pires	20-24	Clube de Natação de Torres Novas	00:07:18	00:00:42	00:32:02	00:00:22	00:15:53	00:56:17	00:03:47
20	100775	3269	Miguel Arraiolos	35-39	Sport Lisboa e Benfica	00:07:26	00:00:40	00:34:02	00:00:31	00:15:22	00:58:01	00:05:31
21	100787	2556	Afonso Garcia	25-29	Outsystems Olímpico de Oeiras	00:07:29	00:00:40	00:33:59	00:00:42	00:15:22	00:58:12	00:05:42
22	104060	2341	Vasco Nunes	JUN	Alhandra Sporting Club	00:07:37	00:00:44	00:33:55	00:00:26	00:15:59	00:58:41	00:06:11
23	100658	2334	Dinis Barrocas	JUN	Alhandra Sporting Club	00:07:31	00:00:48	00:33:50	00:00:27	00:16:26	00:59:02	00:06:32
24	100464	3504	João Martins	20-24	SFRAA TRIATLO	00:07:45	00:01:02	00:34:14	00:00:35	00:15:55	00:59:31	00:07:01
25	103638	2835	Guilherme Bonito	20-24	Outsystems Olímpico de Oeiras	00:07:43	00:00:46	00:34:34	00:00:26	00:16:04	00:59:33	00:07:03
26	101634	2962	Ricardo Batista	20-24	Clube de Natação de Torres Novas	00:06:54	00:00:46	00:30:33	00:00:35	00:20:52	00:59:40	00:07:10
27	108819	3827	Albert Morante	20-24	Sporting Clube de Portugal	00:07:47	00:00:54	00:34:17	00:00:32	00:16:12	00:59:42	00:07:12
28	102637	2262	Diogo Carvalhinho	JUN	Outsystems Olímpico de Oeiras	00:07:57	00:00:44	00:34:12	00:00:30	00:16:25	00:59:48	00:07:18

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	100655	2339	David Borda d'Água	JUN	Alhandra Sporting Club	00:08:17	00:00:48	00:33:44	00:00:30	00:16:45	01:00:04	00:07:34
30	107913	3089	André Picado	20-24	Alhandra Sporting Club	00:08:00	00:00:47	00:34:05	00:00:32	00:16:51	01:00:15	00:07:45
31	106579	2463	Tiago Serrano	JUN	Sporting Clube de Portugal	00:07:47	00:00:53	00:34:50	00:00:55	00:15:54	01:00:19	00:07:49
32	105629	3326	José Nunes	20-24	Alhandra Sporting Club	00:08:00	00:00:50	00:34:03	00:00:32	00:16:57	01:00:22	00:07:52
33	104855	3720	Tiago Lopes	25-29	Outsystems Olímpico de Oeiras	00:08:45	00:01:01	00:33:43	00:00:49	00:16:07	01:00:25	00:07:55
34	103079	3824	João Rebelo	30-34	Vasco da Gama Atlético Clube de Sines	00:08:26	00:00:49	00:35:04	00:00:32	00:15:37	01:00:28	00:07:58
35	100757	4043	Bruno Pais	40-44	Estoril Praia Credibom	00:08:17	00:00:44	00:33:49	00:00:30	00:17:26	01:00:46	00:08:16
36	109115	3770	Antu Pichuman	25-29	Vasco da Gama Atlético Clube de Sines	00:08:15	00:00:55	00:35:03	00:00:29	00:16:06	01:00:48	00:08:18
37	107474	504	Diogo Nunes	20-24	Sporting Clube de Portugal	00:08:54	00:00:52	00:34:23	00:00:34	00:16:09	01:00:52	00:08:22
38	107251	503	Bernardo Magina	20-24	Outsystems Olímpico de Oeiras	00:09:50	00:00:59	00:33:27	00:00:49	00:15:49	01:00:54	00:08:24
39	104009	3876	Mário Rocha	30-34	Clube dos Galitos	00:08:45	00:00:47	00:34:43	00:00:32	00:16:10	01:00:57	00:08:27
40	107972	3095	Nicolas Ezequiel Puliani	30-34	Vasco da Gama Atlético Clube de Sines	00:09:16	00:00:49	00:34:32	00:00:26	00:16:02	01:01:05	00:08:35
41	106826	2715	Ricardo Durão	35-39	Estoril Praia Credibom	00:09:11	00:00:55	00:33:59	00:00:33	00:16:34	01:01:12	00:08:42
42	103775	2312	Francisco Borges	JUN	Clube de Natação de Torres Novas	00:07:45	00:00:42	00:33:47	00:00:37	00:18:28	01:01:19	00:08:49
43	106615	4135	Bruno Teles Grilo	45-49	Estoril Praia Credibom	00:08:12	00:00:52	00:35:04	00:00:35	00:16:37	01:01:20	00:08:50
44	103576	3871	João Andrade	30-34	Clube dos Galitos	00:09:57	00:00:59	00:33:22	00:00:36	00:16:37	01:01:31	00:09:01
45	103874	3773	Adriano Luz Domingos	35-39	Vasco da Gama Atlético Clube de Sines	00:09:23	00:01:04	00:33:39	00:00:39	00:16:47	01:01:32	00:09:02
46	105440	2271	Ruben Leandro Ribeiro	JUN	Paredes Aventura	00:08:11	00:00:51	00:35:17	00:00:34	00:16:42	01:01:35	00:09:05
47	101621	2306	Martim Salvador	JUN	Clube de Natação de Torres Novas	00:07:48	00:00:45	00:35:48	00:00:28	00:16:58	01:01:47	00:09:17
48	106567	4455	Nuno Lopes	40-44	Núcleo do Sporting da Golegã	00:08:55	00:00:59	00:34:16	00:00:42	00:17:02	01:01:54	00:09:24
49	108746	3763	João Conchinha	25-29	Vasco da Gama Atlético Clube de Sines	00:09:26	00:00:49	00:34:19	00:00:36	00:16:55	01:02:05	00:09:35
50	100208	2572	Miguel Tomé	25-29	SFRAA TRIATLO	00:08:14	00:01:22	00:34:58	00:00:47	00:16:55	01:02:16	00:09:46
51	104762	5295	João Mártires da Silva	40-44	Estoril Praia Credibom	00:09:27	00:01:00	00:34:17	00:00:33	00:17:11	01:02:28	00:09:58
52	101717	4637	João França	40-44	Clube dos Galitos	00:08:04	00:00:59	00:35:07	00:00:33	00:17:48	01:02:31	00:10:01
53	101811	5285	António Calafate	55-59	Núcleo do Sporting da Golegã	00:09:08	00:01:11	00:33:56	00:00:51	00:17:28	01:02:34	00:10:04
54	100462	2577	João Canas	25-29	Sporting Clube de Portugal	00:08:16	00:00:52	00:34:56	00:00:32	00:18:17	01:02:53	00:10:23
55	101291	4704	Ricardo Lanceiro	45-49	SFRAA TRIATLO	00:09:36	00:01:05	00:35:29	00:00:42	00:16:08	01:03:00	00:10:30
56	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	00:09:17	00:00:58	00:33:53	00:00:44	00:18:35	01:03:27	00:10:57
57	101619	4711	Marco Sousa	45-49	Pedrogão Triatlo	00:09:19	00:00:54	00:36:07	00:00:41	00:16:41	01:03:42	00:11:12
58	108589	5864	Bruno Costa	40-44	Clube de Triatlo do Fundão	00:09:35	00:01:16	00:35:27	00:00:46	00:16:46	01:03:50	00:11:20
59	101836	5588	Luis cancela	50-54	Clube Desportivo em Movimento	00:10:30	00:01:00	00:35:17	00:00:58	00:16:08	01:03:53	00:11:23
60	101581	2327	André Neves	JUN	Sport Lisboa e Benfica	00:07:57	00:00:50	00:36:41	00:00:27	00:18:03	01:03:58	00:11:28
61	102369	2309	Diogo Costa	JUN	Outsystems Olímpico de Oeiras	00:09:14	00:00:57	00:36:05	00:00:37	00:17:13	01:04:06	00:11:36

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	100283	2993	João Maria Inácio	25-29	Pimpões Triatlo	00:09:56	00:01:21	00:35:04	00:00:41	00:17:15	01:04:17	00:11:47
63	100578	4703	Henrique Matias	45-49	CNATRIL Triatlo	00:09:14	00:01:08	00:35:59	00:00:34	00:17:25	01:04:20	00:11:50
64	101008	4105	Mario Pires	45-49	SFRAA TRIATLO	00:09:24	00:01:13	00:35:38	00:00:46	00:17:22	01:04:23	00:11:53
65	105390	5195	Carlos Rosário	45-49	Vasco da Gama Atlético Clube de Sines	00:09:31	00:01:08	00:35:51	00:00:45	00:17:09	01:04:24	00:11:54
66	101520	5067	Tiago Lobo	45-49	Mc Donald's/Tribraga	00:09:37	00:00:59	00:36:24	00:00:36	00:16:49	01:04:25	00:11:55
67	100611	4897	Pedro Carreira	40-44	Quitério TRIPENICHE	00:10:09	00:01:15	00:35:25	00:00:33	00:17:05	01:04:27	00:11:57
68	101504	3142	Diogo Felisberto	35-39	Associação Académica de São Mamede	00:09:31	00:00:54	00:36:06	00:00:32	00:17:38	01:04:41	00:12:11
69	108879	3558	Luis Xavier	30-34	CNAL - Triatlo	00:10:02	00:01:27	00:34:12	00:00:56	00:18:32	01:05:09	00:12:39
70	105315	5170	Hugo Gaudêncio	45-49	REPSOL TRIATLO	00:09:31	00:01:00	00:36:15	00:00:39	00:17:52	01:05:17	00:12:47
71	101824	4814	Gonçalo Resina	45-49	Núcleo do Sporting da Golegã	00:11:04	00:01:21	00:35:31	00:00:57	00:16:25	01:05:18	00:12:48
72	105322	4128	Bruno Martins	40-44	Individual	00:09:22	00:01:15	00:36:17	00:00:50	00:17:50	01:05:34	00:13:04
73	100603	4017	João Pedro Fulgêncio	45-49	Individual	00:10:09	00:01:04	00:35:38	00:00:54	00:17:52	01:05:37	00:13:07
74	108439	5826	Bruno Pereira	45-49	AmoraSub/Associação Naval Amorense	00:09:59	00:01:01	00:35:38	00:00:39	00:18:26	01:05:43	00:13:13
75	101922	4611	Orlando Marques	45-49	Exército de Portugal	00:10:05	00:01:26	00:36:13	00:00:37	00:17:30	01:05:51	00:13:21
76	105058	5096	Carlos Brito	65-69	Try Portugal / V. Janes	00:09:55	00:01:07	00:36:05	00:00:39	00:18:18	01:06:04	00:13:34
77	107087	4469	João Lobo	40-44	LXTRIATHLON	00:09:46	00:01:08	00:36:03	00:00:45	00:18:33	01:06:15	00:13:45
78	106381	4405	Rui Pereira	45-49	Quitério TRIPENICHE	00:10:16	00:01:27	00:35:07	00:01:10	00:18:20	01:06:20	00:13:50
79	105427	5410	Vasco Levita	50-54	Estoril Praia Credibom	00:09:29	00:01:07	00:37:34	00:00:40	00:17:34	01:06:24	00:13:54
80	108160	3249	Tiago Luis	30-34	Clube de Futebol Os Belenenses	00:09:19	00:01:05	00:37:28	00:00:50	00:17:50	01:06:32	00:14:02
81	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:09:58	00:01:12	00:36:56	00:00:41	00:17:47	01:06:34	00:14:04
82	105434	1936	David Ferreira	CAD	Paredes Aventura	00:09:19	00:01:22	00:36:14	00:00:51	00:18:49	01:06:35	00:14:05
83	100793	4032	Carlos Gomes	60-64	Outsystems Olímpico de Oeiras	00:10:32	00:01:28	00:36:00	00:00:44	00:17:52	01:06:36	00:14:06
84	102656	4278	João Martinho	40-44	CNATRIL Triatlo	00:09:00	00:01:01	00:36:28	00:00:48	00:19:22	01:06:39	00:14:09
85	100192	4217	Luis Oliveira	45-49	Pimpões Triatlo	00:10:43	00:01:01	00:36:11	00:00:40	00:18:15	01:06:50	00:14:20
86	101543	4644	Luís Gonçalves	50-54	Clube de Triatlo do Fundão	00:09:30	00:01:08	00:36:20	00:00:36	00:19:24	01:06:58	00:14:28
87	105690	3741	Tiago Corvo	35-39	Sport União Colarense	00:09:15	00:01:30	00:39:13	00:00:37	00:16:25	01:07:00	00:14:30
88	103321	4860	Renato Araújo	55-59	AmoraSub/Associação Naval Amorense	00:10:08	00:01:01	00:36:57	00:00:43	00:18:14	01:07:03	00:14:33
89	107174	4516	Joaquim Esteves	55-59	SFRAA TRIATLO	00:10:04	00:01:17	00:36:35	00:00:46	00:18:26	01:07:08	00:14:38
90	109259	3968	Tiago Espírito Santo	35-39	Quitério TRIPENICHE	00:09:49	00:01:14	00:37:06	00:00:40	00:18:22	01:07:11	00:14:41
91	109150	2520	Hugo Lopes	35-39	CCD Crédito Agrícola	00:10:35	00:01:39	00:35:45	00:01:02	00:18:14	01:07:15	00:14:45
92	105638	4384	Gonçalo Champalimaud	40-44	Try Portugal / V. Janes	00:10:50	00:01:26	00:36:41	00:00:43	00:17:38	01:07:18	00:14:48
93	103031	4514	Luís Silva	50-54	Clube de Triatlo de Almada	00:09:21	00:01:05	00:36:27	00:00:50	00:19:36	01:07:19	00:14:49
94	105948	3066	João Saldanha Lopes	35-39	LXTRIATHLON	00:10:17	-	-	-	-	01:07:55	00:15:25

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	101169	4245	Jorge Fonseca	45-49	Estoril Praia Credibom	00:10:22	00:01:01	00:37:48	00:00:35	00:18:10	01:07:56	00:15:26
96	108011	5650	Nuno Santos	45-49	CNAL - Triatlo	00:10:37	00:01:15	00:38:37	00:01:16	00:16:48	01:08:33	00:16:03
97	100330	4228	Ricardo Rodrigues	50-54	Try Portugal / V. Janes	00:10:31	00:01:25	00:36:16	00:00:45	00:19:46	01:08:43	00:16:13
98	108284	3335	Nuno Silva	30-34	AmoraSub/Associação Naval Amorense	00:09:12	00:01:17	00:37:34	00:00:51	00:20:06	01:09:00	00:16:30
99	108042	3155	João Bairrão	35-39	AmoraSub/Associação Naval Amorense	00:08:41	00:01:23	00:38:00	00:00:44	00:20:13	01:09:01	00:16:31
100	107646	2956	Ricardo Silva	25-29	LXTRIATHLON	00:09:48	00:01:23	00:38:13	00:00:52	00:19:02	01:09:18	00:16:48
101	108944	4463	Edgar Coelho	40-44	Individual	00:10:09	00:01:22	00:37:53	00:00:41	00:19:28	01:09:33	00:17:03
102	103800	5715	Tiago Amaral	40-44	Paredes Aventura	00:09:28	00:01:41	00:38:24	00:00:54	00:19:07	01:09:34	00:17:04
103	109203	2351	Tiago Castro	JUN	Triatlo Clube da Lourinhã	00:09:07	00:01:26	00:37:51	00:01:09	00:20:02	01:09:35	00:17:05
104	104451	4803	Miguel Tolda	45-49	Núcleo do Sporting da Golegã	00:10:25	00:01:23	00:36:20	00:00:55	00:20:34	01:09:37	00:17:07
105	104024	4161	Gonçalo Gameiro	45-49	Try Portugal / V. Janes	00:10:41	00:01:59	00:36:20	00:00:45	00:19:53	01:09:38	00:17:08
106	108673	5895	Cristóvão dos Santos	40-44	Clube de Natação de Torres Novas	00:10:24	00:01:33	00:37:25	00:00:48	00:19:30	01:09:40	00:17:10
107	109322	3983	Francisco Freire Gameiro	35-39	Alhandra Sporting Club	00:10:09	00:01:37	00:38:48	00:01:40	00:17:35	01:09:49	00:17:19
108	103433	2292	João Nobre	JUN	SFRAA TRIATLO	00:09:16	00:01:08	00:41:09	00:00:32	00:17:45	01:09:50	00:17:20
109	104915	5028	Rui Gaspar	45-49	Associação Humanitária Bombeiros dos Estoris	00:10:05	00:01:47	00:37:30	00:01:08	00:19:22	01:09:52	00:17:22
110	101783	5228	Pedro Fernandes	40-44	Clube Oriental de Lisboa	00:10:25	00:01:16	00:37:36	00:00:56	00:19:43	01:09:56	00:17:26
111	109198	3889	João Gonçalo	35-39	CNAL - Triatlo	00:09:40	00:01:35	00:37:03	00:00:57	00:20:44	01:09:59	00:17:29
112	100681	4003	João Miguel Nunes	55-59	Alhandra Sporting Club	00:10:37	00:01:40	00:38:03	00:00:56	00:18:52	01:10:08	00:17:38
113	108074	517	João Fernandes	30-34	Associação Académica de São Mamede	00:10:41	00:01:24	00:40:00	00:01:02	00:17:05	01:10:12	00:17:42
114	108270	5768	António Vicente Correia	40-44	Estoril Praia Credibom	00:09:36	00:01:04	00:38:33	00:01:03	00:20:04	01:10:20	00:17:50
115	108234	3855	Daniel Doe	30-34	Individual	00:10:24	00:01:30	00:37:32	00:01:00	00:19:56	01:10:22	00:17:52
116	106710	5605	Pedro Filipe	45-49	Try Portugal / V. Janes	00:09:32	00:01:35	00:36:56	00:01:02	00:21:32	01:10:37	00:18:07
117	103614	4944	João Salvado Melo	45-49	Sporting Clube de Portugal	00:08:46	00:01:18	00:40:13	00:00:58	00:19:32	01:10:47	00:18:17
118	100612	4148	Pedro Cordeiro	55-59	Sport Algés e Dafundo	00:09:47	00:01:11	00:38:21	00:01:00	00:20:30	01:10:49	00:18:19
119	102497	512	Guilherme Santos Rocha	20-24	Sporting Clube de Portugal	00:08:15	00:01:04	00:40:41	00:00:26	00:20:30	01:10:56	00:18:26
120	105374	4877	Miguel Correia Duarte	40-44	Associação Académica de São Mamede	00:10:00	00:01:29	00:38:57	00:00:42	00:19:51	01:10:59	00:18:29
121	105815	5548	António Patrício	40-44	Estoril Praia Credibom	00:10:08	00:01:19	00:39:05	00:00:50	00:19:46	01:11:08	00:18:38
122	104954	5078	Patrick Ebrero	45-49	Quitério TRIPENICHE	00:10:29	00:01:41	00:37:08	00:01:00	00:20:54	01:11:12	00:18:42
123	108820	3834	Miguel Medeiros	30-34	Paredes Aventura	00:09:23	00:01:11	00:40:23	00:01:02	00:19:17	01:11:16	00:18:46
124	105177	5125	Luis Abreu	50-54	Associação Académica de São Mamede	00:12:09	00:01:13	00:38:03	00:00:58	00:18:54	01:11:17	00:18:47
125	101066	4221	António Vitorino	55-59	Quitério TRIPENICHE	00:10:59	00:01:02	00:40:11	00:00:44	00:18:22	01:11:18	00:18:48
126	106193	4751	Miguel Simões	40-44	GRCD Leião Triatlo	00:10:10	00:01:07	00:38:16	00:00:36	00:21:10	01:11:19	00:18:49
127	105484	1937	Emanuel Gonçalves	CAD	Paredes Aventura	00:10:30	00:00:57	00:38:00	00:00:44	00:21:14	01:11:25	00:18:55

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	103956	4961	Ricardo Santos	50-54	CNAL - Triatlo	00:10:22	00:01:55	00:38:01	00:01:22	00:19:47	01:11:27	00:18:57
129	105549	5213	Marco Pereira	45-49	Associação Académica de São Mamede	00:11:01	00:01:18	00:39:01	00:00:45	00:19:27	01:11:32	00:19:02
130	106402	2332	Rafael Assis	JUN	Pimpões Triatlo	00:08:56	00:01:40	00:41:18	00:00:32	00:19:12	01:11:38	00:19:08
131	104973	2302	Vasco Sequeira	JUN	CNCVG	00:09:23	00:01:00	00:42:01	00:00:40	00:18:36	01:11:40	00:19:10
132	101089	4108	Paulo Renato Santos	60-64	Associação Humanitária Bombeiros dos Estoris	00:10:19	00:01:17	00:38:27	00:00:51	00:20:54	01:11:48	00:19:18
133	107219	2821	Marco Caetano	30-34	Associação Académica de São Mamede	00:09:59	00:01:04	00:42:05	00:00:41	00:18:18	01:12:07	00:19:37
134	108110	3228	Pedro Miguel Maurício	30-34	Clube de Triatlo do Fundão	00:10:22	00:01:25	00:39:47	00:00:53	00:19:53	01:12:20	00:19:50
135	102949	4820	Pedro Cardoso	45-49	Associação Académica de São Mamede	00:10:35	00:01:13	00:37:25	00:01:24	00:21:54	01:12:31	00:20:01
136	101574	2304	Afonso Mourão	JUN	Pedrogão Triatlo	00:09:30	00:01:13	00:40:48	00:00:38	00:20:41	01:12:50	00:20:20
137	108889	3576	Rodrigo Pacheco	30-34	CNATRIL Triatlo	00:09:21	00:01:37	00:39:06	00:01:00	00:21:50	01:12:54	00:20:24
138	108934	3593	João Pereira	30-34	CNAL - Triatlo	00:10:28	00:02:16	00:39:43	00:01:25	00:19:16	01:13:08	00:20:38
139	109267	3971	Afonso Girão	25-29	Clube de Futebol Os Belenenses	00:09:18	00:01:11	00:44:15	00:00:44	00:17:50	01:13:18	00:20:48
140	108968	4480	Gonçalo Costa Santos	40-44	Associação Humanitária Bombeiros dos Estoris	00:09:45	00:01:29	00:41:44	00:00:56	00:19:31	01:13:25	00:20:55
141	106065	2270	Gonçalo Costa	JUN	Paredes Aventura	00:10:36	00:01:02	00:40:40	00:00:40	00:20:36	01:13:34	00:21:04
142	101083	4048	Miguel Baltazar	45-49	Quitério TRIPENICHE	00:10:51	00:01:56	00:39:25	00:01:02	00:20:34	01:13:48	00:21:18
143	102082	4071	Rui de Oliveira	45-49	Sport União Colareense	00:08:31	00:01:16	00:40:23	00:00:49	00:22:55	01:13:54	00:21:24
144	108997	4564	Humberto Cunha	50-54	Outsystems Olímpico de Oeiras	00:10:40	00:01:28	00:41:42	00:00:58	00:19:08	01:13:56	00:21:26
145	107893	3082	Ricardo Pires	30-34	BEST	00:11:21	00:02:09	00:40:10	00:00:48	00:19:29	01:13:57	00:21:27
146	108796	5927	Nuno Miguel Almeida Silva Correia	45-49	Pimpões Triatlo	00:11:15	00:01:44	00:39:40	00:01:09	00:20:12	01:14:00	00:21:30
147	108497	6106	Rafael Dias	35-39	Clube dos Galitos	00:09:10	00:01:36	00:43:31	00:00:56	00:19:16	01:14:29	00:21:59
148	102999	508	Edgar Sousa	40-44	Clube Oriental de Lisboa	00:11:10	00:01:41	00:41:23	00:00:54	00:19:27	01:14:35	00:22:05
149	101854	4456	Helder Moringa	50-54	SNR Triatlo	00:11:07	00:01:35	00:41:31	00:01:05	00:19:47	01:15:05	00:22:35
150	104979	2627	João Génio	20-24	Clube dos Galitos	00:10:18	00:01:33	00:39:50	00:00:46	00:22:43	01:15:10	00:22:40
151	108062	5963	Pedro Sanguino	40-44	CNATRIL Triatlo	00:10:41	00:01:56	00:42:47	00:01:04	00:18:43	01:15:11	00:22:41
152	107221	4578	Miguel Martins	45-49	Clube Oriental de Lisboa	00:11:17	00:01:44	00:42:26	00:00:50	00:18:59	01:15:16	00:22:46
153	107207	4575	Armindo Correia	60-64	REPSOL TRIATLO	00:11:03	00:01:08	00:40:16	00:01:00	00:22:02	01:15:29	00:22:59
154	106850	2723	Diogo Luís Sequeira Mota	35-39	Clube de Futebol Os Belenenses	00:10:55	00:01:41	00:41:59	00:01:02	00:19:53	01:15:30	00:23:00
155	109172	519	Mario Fernandes	35-39	Pedalarte	00:11:14	00:01:52	00:42:04	00:01:06	00:19:29	01:15:45	00:23:15
156	101341	4618	João Duarte	50-54	AMICICLO GRÂNDOLA	00:11:19	00:01:43	00:41:30	00:00:46	00:20:29	01:15:47	00:23:17
157	103129	4895	Paulo Goulart	55-59	Clube de Futebol Os Belenenses	00:11:25	00:01:41	00:40:30	00:00:54	00:21:25	01:15:55	00:23:25
158	106570	5621	Pedro Coutinho	40-44	Try Portugal / V. Janes	00:10:11	00:02:33	00:42:12	00:01:43	00:19:18	01:15:57	00:23:27
159	109087	4767	Frederico Vidal	45-49	Estoril Praia Credibom	00:09:53	00:01:32	00:41:33	00:00:51	00:22:09	01:15:58	00:23:28
160	109221	7521	Deodato Evangelista	45-49	Bairro dos Anjos	00:11:38	00:01:10	00:39:49	00:00:51	00:23:12	01:16:40	00:24:10

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
161	107639	5464	Alfredo Chambel	55-59	GRCD Leião Triatlo	00:11:12	00:01:51	00:40:40	00:01:17	00:21:47	01:16:47	00:24:17
162	108648	5888	Hélio Garcia	45-49	Individual	00:12:05	00:01:41	00:40:51	00:00:51	00:21:27	01:16:55	00:24:25
163	108419	3471	Pedro Borges	35-39	AmoraSub/Associação Naval Amorense	00:09:39	00:01:36	00:44:57	00:01:12	00:19:33	01:16:57	00:24:27
164	109371	7580	Sergei Polikarpov	40-44	Outsystems Olímpico de Oeiras	00:10:23	00:01:18	00:41:04	00:01:02	00:23:30	01:17:17	00:24:47
165	104546	4212	Artur Parreira	60-64	Individual	00:10:49	00:01:44	00:44:18	00:00:43	00:19:54	01:17:28	00:24:58
166	108676	5324	Pedro Botelho	50-54	AmoraSub/Associação Naval Amorense	00:09:06	00:01:36	00:42:50	00:01:24	00:22:39	01:17:35	00:25:05
167	104815	5272	Paulo Pinho	40-44	Clube dos Galitos	00:10:04	00:01:18	00:40:35	00:00:56	00:24:47	01:17:40	00:25:10
168	102933	5059	João Galhordas	50-54	Individual	00:10:57	00:02:23	00:43:31	00:00:55	00:20:33	01:18:19	00:25:49
169	108015	5656	Artur Alves	45-49	GRCD Leião Triatlo	00:10:48	00:02:29	00:43:26	00:01:11	00:20:38	01:18:32	00:26:02
170	109367	7579	João Sá Pereira	45-49	Pimpões Triatlo	00:12:28	00:01:31	00:43:51	00:01:14	00:19:33	01:18:37	00:26:07
171	103788	4623	Paulo Menezes	50-54	Sport União Colarense	00:11:31	00:02:37	00:43:28	00:01:17	00:20:13	01:19:06	00:26:36
172	108668	5893	Jorge Anastácio	50-54	CNAL - Triatlo	00:09:59	00:02:28	00:44:22	00:01:10	00:21:10	01:19:09	00:26:39
173	104006	5256	Duarte Almeida	55-59	Estoril Praia Credibom	00:10:31	00:01:37	00:43:06	00:01:15	00:22:53	01:19:22	00:26:52
174	101522	4629	António Jorge Martinho	55-59	Clube Oriental de Lisboa	00:10:34	00:01:48	00:45:06	00:01:10	00:20:55	01:19:33	00:27:03
175	100569	4425	Bruno Silva	45-49	3B - triatlo	00:11:29	00:01:12	00:45:06	00:01:06	00:20:44	01:19:37	00:27:07
176	106387	4447	Paulo Gonçalves	55-59	Clube de Futebol Os Belenenses	00:13:37	00:01:38	00:43:17	00:01:01	00:20:53	01:20:26	00:27:56
177	102339	4730	Júlio Martins	65-69	Clube de Triatlo do Fundão	00:12:25	00:02:15	00:43:54	00:01:07	00:20:53	01:20:34	00:28:04
178	104537	4159	Nuno Miguel Nobre	45-49	Sport União Colarense	00:11:24	00:02:20	00:42:02	00:01:14	00:24:04	01:21:04	00:28:34
179	106258	3378	Carlos M M Oliveira	35-39	Exército de Portugal	00:12:15	00:01:32	00:45:03	00:00:33	00:21:49	01:21:12	00:28:42
180	109146	3791	André Prates Pereira	30-34	Individual	00:12:17	00:01:49	00:44:55	00:00:47	00:22:00	01:21:48	00:29:18
181	108821	3836	Daniel Carvalho	25-29	Pimpões Triatlo	00:09:00	00:02:22	00:42:09	00:01:11	00:27:17	01:21:59	00:29:29
182	106949	5049	Nuno Mendes Soares	45-49	Aminata Triatlo	00:10:20	00:01:30	00:47:32	00:00:57	00:22:00	01:22:19	00:29:49
183	105944	5355	Ton Portela	45-49	Clube dos Galitos	00:10:26	00:01:39	00:46:34	00:01:09	00:22:32	01:22:20	00:29:50
184	108090	5708	Joel Alexandre	40-44	Clube de Futebol Os Belenenses	00:11:27	00:01:37	00:45:38	00:00:51	00:22:51	01:22:24	00:29:54
185	108058	5683	Ricardo Coelho	45-49	Clube Oriental de Lisboa	00:12:58	00:02:24	00:43:32	00:00:50	00:23:10	01:22:54	00:30:24
186	106284	4413	Ricardo Baldaia	40-44	LXTRIATHLON	00:14:05	00:01:47	00:44:05	00:00:38	00:22:29	01:23:04	00:30:34
187	108317	5780	Nuno Pacheco	50-54	CNAL - Triatlo	00:12:43	00:02:16	00:45:52	00:01:18	00:21:26	01:23:35	00:31:05
188	104914	5027	Pedro Costa Pereira	55-59	Estoril Praia Credibom	-	-	-	-	-	01:24:25	00:31:55
189	108983	4522	Christian Ramos	45-49	Alhandra Sporting Club	00:13:04	00:01:52	00:45:05	00:01:03	00:23:22	01:24:26	00:31:56
190	104978	5120	Nuno Duarte	50-54	Individual	00:13:00	00:02:24	00:47:09	00:00:56	00:21:05	01:24:34	00:32:04
191	103331	4867	João Silva	50-54	DNMG	00:13:15	00:01:47	00:45:19	00:01:43	00:22:45	01:24:49	00:32:19
192	101541	4432	João Matos	50-54	Clube de Triatlo do Fundão	00:11:25	00:01:48	00:43:43	00:00:59	00:26:56	01:24:51	00:32:21
193	107166	4501	Paulo Moutinho	50-54	Clube Oriental de Lisboa	00:11:19	00:03:07	00:46:51	00:01:21	00:22:30	01:25:08	00:32:38

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
194	108141	5726	Eduardo Poças	45-49	GRCD Leão Triatlo	00:10:02	00:03:20	00:45:40	00:01:25	00:24:52	01:25:19	00:32:49
195	100285	4072	Renato Fidalgo	60-64	Individual	00:13:41	00:03:02	00:44:47	00:01:10	00:23:17	01:25:57	00:33:27
196	108010	5649	Fernando Andrade	50-54	CNAL - Triatlo	00:12:27	00:02:25	00:48:54	00:01:09	00:21:11	01:26:06	00:33:36
197	108878	5958	Pedro Pejapes	40-44	CNAL - Triatlo	00:13:19	00:02:43	00:46:38	00:02:43	00:21:25	01:26:48	00:34:18
198	105430	5412	Jorge Rosa	55-59	SFRAA TRIATLO	00:11:07	00:01:35	00:47:31	00:01:38	00:25:11	01:27:02	00:34:32
199	108991	4547	Nuno Lopes	45-49	Associação Académica de São Mamede	00:12:00	00:02:04	00:48:06	00:01:45	00:23:43	01:27:38	00:35:08
200	108831	3772	Bruno Fonseca	35-39	Pimpões Triatlo	00:11:02	00:01:12	00:50:09	00:00:54	00:25:13	01:28:30	00:36:00
201	105381	5191	Ricardo Fernandes	45-49	SFRAA TRIATLO	00:12:02	00:02:13	00:52:24	00:01:11	00:21:47	01:29:37	00:37:07
202	109297	7557	Vitor Gameiro	50-54	Outsystems Olímpico de Oeiras	00:11:19	00:01:36	00:47:36	00:02:26	00:28:35	01:31:32	00:39:02
203	108000	5640	Miguel Andrade	55-59	CNAL - Triatlo	00:13:13	00:01:54	00:49:05	00:01:02	00:26:56	01:32:10	00:39:40
204	100308	4215	José Luís Correia	60-64	Associação Humanitária Bombeiros dos Estoris	00:10:13	00:02:37	00:51:20	00:01:33	00:27:25	01:33:08	00:40:38
205	106602	4393	Paulo Lopes	50-54	SFRAA TRIATLO	00:13:12	00:01:39	00:51:49	00:01:11	00:26:22	01:34:13	00:41:43
206	102266	4666	João Teixeira	60-64	Clube de Natação da Amadora	00:10:21	00:02:33	00:53:02	00:01:21	00:28:12	01:35:29	00:42:59
DNF	102552	3859	João Menino	20-24	Sport Lisboa e Benfica	00:07:27	00:00:37	00:33:40	00:00:30	-	DNF	
DNF	101493	3847	Jose Paiva	35-39	Clube dos Galitos	00:09:12	00:00:58	00:49:40	-	-	DNF	
DNF	102465	2619	António Barata	20-24	Sport Lisboa e Benfica	00:07:42	00:00:44	00:33:14	-	-	DNF	
DNF	106260	3386	Flávio Figueiredo	35-39	Exército de Portugal	00:10:13	00:02:00	-	-	-	DNF	
DNF	106239	5471	Fernando Mendes	65-69	Sporting Clube de Portugal	-	-	-	-	-	DNF	
DNS	102919	2654	Joaquim Cerqueira	20-24	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	108078	3263	Pedro Lopes	30-34	AMICICLO GRÂNDOLA	-	-	-	-	-	DNS	
DNS	108334	5791	Pedro Figueiredo	50-54	Aminata Triatlo	-	-	-	-	-	DNS	
DNS	102433	4086	Miguel Rocha	50-54	Clube de Futebol Os Belenenses	-	-	-	-	-	DNS	
DNS	100598	2584	André Duarte	25-29	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	
DNS	101531	4530	Luís Filipe Valente	50-54	Clube Oriental de Lisboa	-	-	-	-	-	DNS	
DNS	106666	3798	Márcio Miguel	30-34	CNAL - Triatlo	-	-	-	-	-	DNS	
DNS	106991	2765	José Madeira	35-39	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	108618	3679	Miguel Barroqueiro	30-34	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	103282	4843	Pedro Fernandes	45-49	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	108670	3980	Tristan Letellier	25-29	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	108678	5897	Joaquim chaves	50-54	Estoril Praia Credibom	-	-	-	-	-	DNS	
DNS	106257	3375	Carlos Teixeira	35-39	Exército de Portugal	-	-	-	-	-	DNS	
DNS	102546	4786	Rui Galinha	50-54	Núcleo do Sporting da Golegã	-	-	-	-	-	DNS	
DNS	109350	3988	Paulo Nunes	30-34	Quitério TRIPENICHE	-	-	-	-	-	DNS	

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNS	101862	4793	Paulo Silvestre	45-49	SNR Triatlo	-	-	-	-	-	DNS	
DNS	102062	4157	Eduardo Coelho	50-54	Sport União Colareense	-	-	-	-	-	DNS	
DNS	102073	4451	Mário Machado	50-54	Sport União Colareense	-	-	-	-	-	DNS	