

Local da Prova: **Caminha**

Data: **27/05/2023**

Hora da Partida: **09:21:10**

Distancias: **Natação - 1.900m (1 volta)**

Ciclismo - 90.000m (3 voltas)

Corrida - 20.500m (4 voltas)

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	101753	2565	José Manuel Dias Cabeça	25-29	Estoril Praia Credibom	00:25:16	00:01:12	02:12:25	00:01:02	01:14:05	03:54:00	00:00:00
2	107321	2866	Luis Moleiro	25-29	Clube de Natação de Torres Novas	00:27:31	00:01:05	02:09:42	00:01:09	01:15:41	03:55:08	00:01:08
3	107028	2774	Alberto Casillas	30-34	Estoril Praia Credibom	00:26:56	00:01:14	02:06:11	00:01:13	01:20:22	03:55:56	00:01:56
4	100763	3778	Gil Maia	30-34	Estoril Praia Credibom	00:27:02	00:01:13	02:17:32	00:01:17	01:16:34	04:03:38	00:09:38
5	100783	3140	Tiago Nogueira Maia	30-34	Sporting Clube de Espinho	00:26:48	00:01:12	02:14:47	00:01:15	01:19:56	04:03:58	00:09:58
6	103079	3824	João Rebelo	30-34	Vasco da Gama Atlético Clube de Sines	00:27:23	00:01:31	02:17:03	00:01:15	01:17:11	04:04:23	00:10:23
7	101538	2623	Guilherme Pires	20-24	Clube de Natação de Torres Novas	00:24:46	00:01:51	02:16:18	00:01:10	01:20:54	04:04:59	00:10:59
8	0	8055	Jacobo Crego Fernandez	40-44	X Não Licenciado	00:29:32	00:01:44	02:12:51	00:01:15	01:20:21	04:05:43	00:11:43
9	103841	3494	Filipe Marques	35-39	Estoril Praia Credibom	00:26:52	00:01:32	02:15:45	-	-	04:06:20	00:12:20
10	100598	2584	André Duarte	25-29	Clube de Natação de Torres Novas	00:29:19	00:01:20	02:17:13	-	-	04:06:30	00:12:30
11	102259	5701	Rafael Delaunay Gomes	40-44	Clube Atlético de Oliveira do Hospital	00:28:52	00:01:53	02:13:27	00:00:55	01:21:34	04:06:41	00:12:41
12	0	8001	Alejandro Pérez Varela	25-29	X Não Licenciado	00:28:14	00:01:29	02:16:10	-	-	04:07:27	00:13:27
13	104009	3876	Mário Rocha	30-34	Clube dos Galitos	00:29:05	00:01:30	02:15:20	-	-	04:07:40	00:13:40
14	0	8553	Nano Sierra	40-44	X Não Licenciado	00:29:54	00:02:50	02:15:10	00:01:12	01:18:45	04:07:51	00:13:51
15	104974	3166	Eduardo Mourato	35-39	Estoril Praia Credibom	00:29:34	00:01:48	02:16:23	00:00:58	01:19:13	04:07:56	00:13:56
16	0	8066	Lino Barruncho	45-49	X Não Licenciado	00:32:14	00:02:03	02:13:32	00:02:13	01:19:06	04:09:08	00:15:08
17	101614	2812	José Pedro Vieira	20-24	Clube de Natação de Torres Novas	00:25:15	00:01:12	02:12:26	-	-	04:09:24	00:15:24
18	102120	4337	Paulo Martins	45-49	Sporting Clube de Espinho	00:32:09	00:03:45	02:12:00	00:01:15	01:21:50	04:10:59	00:16:59
19	101010	3704	Nuno Rodrigues	35-39	CNCVG	00:29:37	00:01:37	02:14:41	00:01:09	01:24:09	04:11:13	00:17:13
20	102086	5643	Tiago Cochicho	40-44	GDR Manique de Cima	00:29:19	00:01:28	02:15:02	00:01:12	01:24:20	04:11:21	00:17:21
21	0	8244	Martín Barreiro Gómez	30-34	X Não Licenciado	00:30:47	00:02:13	02:14:08	00:01:11	01:23:33	04:11:52	00:17:52
22	0	8261	Pedro Oliveira	35-39	X Não Licenciado	00:32:32	00:02:01	02:13:20	00:01:35	01:22:37	04:12:05	00:18:05
23	106745	2692	Ricardo Oliveira Gaspar	30-34	FET-Fátima Escola de Triatlo	00:30:41	00:01:52	02:16:57	00:01:06	01:21:30	04:12:06	00:18:06
24	106513	3785	Sandro Silva	30-34	Sporting Clube de Espinho	00:31:54	00:02:24	02:15:07	00:01:18	01:22:01	04:12:44	00:18:44
25	106826	2715	Ricardo Durão	35-39	Estoril Praia Credibom	00:31:26	00:01:30	02:14:52	-	-	04:13:01	00:19:01
26	104052	4315	Adelino Soutinho	40-44	G.D.GOMA	00:33:56	00:02:38	02:15:31	00:01:10	01:19:57	04:13:12	00:19:12
27	0	8063	Jose Ramon Lago Cives	45-49	X Não Licenciado	00:31:54	00:02:24	02:14:46	00:01:50	01:22:29	04:13:23	00:19:23
28	106271	3438	Adriano Correia	30-34	Clube de Natação de Torres Novas	00:27:03	00:01:05	02:21:16	00:00:58	01:23:45	04:14:07	00:20:07

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	0	8265	Raul Corrales Marcos	40-44	X Não Licenciado	00:33:46	00:02:53	02:15:51	00:02:07	01:19:47	04:14:24	00:20:24
30	106939	2745	Santiago del Puerto	30-34	Outsystems Olímpico de Oeiras	00:32:46	00:01:44	02:18:05	00:01:11	01:21:05	04:14:51	00:20:51
31	104687	6127	Rui Carvalho	30-34	Pedalarte	00:27:57	00:01:51	02:18:01	00:01:50	01:25:15	04:14:54	00:20:54
32	0	8065	Juan Jesus Barral Varela	50-54	X Não Licenciado	00:31:53	00:01:58	02:18:52	-	-	04:14:58	00:20:58
33	106709	5620	Bruno Rolim	40-44	Try Portugal / V. Janes	00:31:55	00:02:14	02:18:17	00:01:07	01:21:46	04:15:19	00:21:19
34	107269	2847	Rodrigo Viana	25-29	MARRETAS DO NORTE	00:30:01	00:01:38	02:20:46	00:01:28	01:21:41	04:15:34	00:21:34
35	104626	3203	Miguel Liquito	35-39	TRI AMAZING	00:34:26	00:02:07	02:15:32	00:01:04	01:23:32	04:16:41	00:22:41
36	100835	3708	Octávio Vicente	35-39	Sporting Clube de Espinho	00:31:52	00:01:43	02:15:53	-	-	04:16:48	00:22:48
37	101071	4001	David Caldeirão	50-54	Louletano	00:29:52	00:01:22	02:17:45	00:01:17	01:26:41	04:16:57	00:22:57
38	106378	3569	Rui Martins	35-39	Núcleo do Sporting da Golegã	00:27:35	00:02:01	02:22:00	00:01:19	01:24:03	04:16:58	00:22:58
39	100115	4776	Bruno Toscano	40-44	Clube Oriental de Lisboa	00:33:19	00:01:51	02:16:30	00:01:18	01:24:02	04:17:00	00:23:00
40	0	8053	Hélio Carvalho	35-39	X Não Licenciado	00:29:48	00:02:17	02:16:55	00:01:28	01:26:39	04:17:07	00:23:07
41	0	8254	Pablo Marcos Pazos	30-34	X Não Licenciado	00:27:48	00:01:19	02:05:11	00:01:22	01:41:44	04:17:24	00:23:24
42	106930	2740	Eduardo Gonçalves	35-39	AAC MULTISPORT TRIATLO	00:28:45	00:01:42	02:17:31	00:01:05	01:28:22	04:17:25	00:23:25
43	106348	3485	Filipe Henriques	35-39	Estoril Praia Credibom	00:31:14	00:02:04	02:12:34	00:01:20	01:30:14	04:17:26	00:23:26
44	104762	5295	João Mártires da Silva	40-44	Estoril Praia Credibom	00:31:18	00:02:02	02:18:35	00:01:50	01:24:36	04:18:21	00:24:21
45	101824	4814	Gonçalo Resina	45-49	Núcleo do Sporting da Golegã	00:34:23	00:02:24	02:15:55	00:01:16	01:24:46	04:18:44	00:24:44
46	104855	3720	Tiago Lopes	25-29	Outsystems Olímpico de Oeiras	00:29:13	00:01:28	02:21:00	00:02:33	01:24:34	04:18:48	00:24:48
47	105857	3000	João Sousa	35-39	Sporting Clube de Espinho	00:37:45	00:02:37	02:17:13	00:01:21	01:20:54	04:19:50	00:25:50
48	107390	2884	Firmino Miguel	30-34	Clube Zupper	00:29:51	00:01:55	02:26:20	00:01:16	01:20:36	04:19:58	00:25:58
49	104791	4840	José Lima	45-49	MARRETAS DO NORTE	00:31:32	00:02:52	02:18:08	00:01:31	01:26:19	04:20:22	00:26:22
50	0	8273	Tomás Pires	35-39	X Não Licenciado	00:30:06	00:02:36	02:19:51	00:01:29	01:26:21	04:20:23	00:26:23
51	104758	4626	Rui Gomes	45-49	Sporting Clube de Espinho	00:33:16	-	-	00:01:00	01:21:10	04:20:37	00:26:37
52	109182	7508	Tiago Alves	40-44	Individual	00:32:28	00:03:18	02:21:38	00:02:27	01:20:51	04:20:42	00:26:42
53	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	00:31:14	00:02:51	02:17:21	00:01:13	01:28:08	04:20:47	00:26:47
54	108439	5826	Bruno Pereira	45-49	AmoraSub/Associação Naval Amorense	00:31:37	00:02:17	02:17:38	00:01:13	01:28:07	04:20:52	00:26:52
55	105881	3951	Manuel Silva	20-24	Louletano	00:28:24	00:02:01	02:23:00	00:02:20	01:25:12	04:20:57	00:26:57
56	101443	4982	António José Braga Osório Gome	45-49	Paredes Aventura	00:34:46	00:02:25	02:15:29	-	-	04:21:05	00:27:05
57	0	8229	Manuel Canoura Abeijon	40-44	X Não Licenciado	00:32:24	00:02:26	02:17:49	00:01:24	01:27:06	04:21:09	00:27:09
58	105390	5195	Carlos Rosário	45-49	Vasco da Gama Atlético Clube de Sines	00:31:19	00:01:46	02:16:25	00:01:21	01:30:22	04:21:13	00:27:13
59	100578	4703	Henrique Matias	45-49	CNATRIL Triatlo	00:31:13	00:01:58	02:15:55	00:01:13	01:31:00	04:21:19	00:27:19
60	103172	5033	Hugo Sousa	45-49	Outsystems Olímpico de Oeiras	00:32:16	00:01:36	02:18:42	00:01:20	01:27:28	04:21:22	00:27:22
61	105658	4149	Joao Machado	40-44	Outsystems Olímpico de Oeiras	00:30:19	00:02:57	02:19:22	00:01:03	01:27:42	04:21:23	00:27:23

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	105613	3722	Tiago Encarnação	30-34	AmoraSub/Associação Naval Amorense	00:34:08	00:01:35	02:16:43	00:01:13	01:27:59	04:21:38	00:27:38
63	101811	5285	António Calafate	55-59	Núcleo do Sporting da Golegã	00:29:39	00:01:45	02:18:15	00:01:38	01:30:27	04:21:44	00:27:44
64	0	8074	Lito Rodríguez Pouso	40-44	X Não Licenciado	00:30:45	00:01:34	02:23:32	00:01:38	01:24:31	04:22:00	00:28:00
65	103874	3773	Adriano Luz Domingos	35-39	Vasco da Gama Atlético Clube de Sines	00:31:21	00:02:17	02:18:12	00:01:38	01:28:46	04:22:14	00:28:14
66	108552	6123	Rafael Alves	25-29	Sporting Clube de Espinho	00:28:51	00:02:31	02:21:09	00:01:41	01:28:06	04:22:18	00:28:18
67	105742	5286	Victor Simões	40-44	Louletano	00:33:12	00:01:45	02:15:42	00:01:34	01:30:14	04:22:27	00:28:27
68	0	8264	Ramón Varela García	45-49	X Não Licenciado	00:32:36	00:02:36	02:17:19	00:01:48	01:28:47	04:23:06	00:29:06
69	100603	4017	João Pedro Fulgêncio	45-49	Individual	00:32:11	00:01:49	02:17:47	00:02:33	01:29:11	04:23:31	00:29:31
70	0	8021	Borja Costa	35-39	X Não Licenciado	00:29:35	00:02:05	02:20:11	00:01:53	01:30:19	04:24:03	00:30:03
71	106375	4416	Fred Cerdeira	40-44	Estoril Praia Credibom	00:34:56	00:02:12	02:21:17	00:01:31	01:24:19	04:24:15	00:30:15
72	103576	3871	João Andrade	30-34	Clube dos Galitos	00:31:58	00:02:42	02:16:57	00:02:10	01:30:41	04:24:28	00:30:28
73	0	8266	Ricardo Cabral	40-44	X Não Licenciado	00:33:18	00:01:58	02:16:52	00:01:45	01:31:36	04:25:29	00:31:29
74	105527	5209	Lourenço Mota	45-49	Clube dos Galitos	00:33:25	00:02:18	02:18:40	00:01:07	01:30:39	04:26:09	00:32:09
75	105592	4543	Nuno Bela	40-44	Outsystems Olímpico de Oeiras	00:34:00	00:03:21	02:21:24	00:02:45	01:24:48	04:26:18	00:32:18
76	103316	5663	Gonçalo Martins	40-44	Núcleo do Sporting da Golegã	00:33:20	00:02:33	02:22:39	00:01:58	01:25:59	04:26:29	00:32:29
77	106008	3088	Mário Macheta	30-34	TRI AMAZING	00:32:02	00:02:43	02:13:55	00:02:02	01:35:58	04:26:40	00:32:40
78	0	8031	Duarte Tirapicos	35-39	X Não Licenciado	00:36:44	00:03:19	02:26:35	00:02:04	01:18:17	04:26:59	00:32:59
79	105210	3410	Pedro Ferreira da Silva	35-39	MARRETAS DO NORTE	00:31:23	00:02:08	02:20:59	00:02:30	01:30:01	04:27:01	00:33:01
80	106708	2679	João Freitas	35-39	Try Portugal / V. Janes	00:34:14	00:02:38	02:21:41	00:01:06	01:28:06	04:27:45	00:33:45
81	106666	3798	Márcio Miguel	30-34	CNAL - Triatlo	00:31:06	00:01:32	02:19:50	00:01:31	01:33:49	04:27:48	00:33:48
82	17462	6128	Frederico Teixeira	40-44	Individual	00:32:54	00:02:45	02:22:53	00:02:17	01:27:48	04:28:37	00:34:37
83	0	8026	Carlos Juanatey Garcia	40-44	X Não Licenciado	00:33:07	00:02:19	02:23:35	00:01:49	01:28:25	04:29:15	00:35:15
84	106567	4455	Nuno Lopes	40-44	Núcleo do Sporting da Golegã	00:29:41	00:01:51	02:21:10	00:01:28	01:35:09	04:29:19	00:35:19
85	104010	5700	Marco Ferreira	40-44	Clube dos Galitos	00:32:02	-	-	00:01:39	01:33:17	04:29:25	00:35:25
86	105328	3549	Paulo Carvalho	35-39	MARRETAS DO NORTE	00:33:30	00:03:13	02:25:59	00:01:31	01:25:38	04:29:51	00:35:51
87	105755	4152	Pedro Conceição	40-44	Estoril Praia Credibom	00:33:53	00:02:08	02:26:50	00:01:12	01:25:56	04:29:59	00:35:59
88	106982	5759	Fabiano Vaz	40-44	Vasco da Gama Atlético Clube de Sines	00:34:35	00:02:11	02:15:55	00:01:33	01:35:49	04:30:03	00:36:03
89	107138	2795	Pedro Freire de Andrade	35-39	Individual	00:32:37	00:02:24	02:19:11	00:03:07	01:32:53	04:30:12	00:36:12
90	106337	3481	André Vaz	35-39	Individual	00:34:01	00:03:45	02:23:27	00:02:20	01:26:50	04:30:23	00:36:23
91	107276	4196	Márcio Carvalho	40-44	Clube Zupper	00:30:42	00:02:03	02:25:22	00:01:17	01:31:01	04:30:25	00:36:25
92	109054	4705	Ignacio Vilas Eguileta	40-44	Clube dos Galitos	00:34:29	00:03:07	02:24:57	00:01:17	01:26:41	04:30:31	00:36:31
93	101169	4245	Jorge Fonseca	45-49	Estoril Praia Credibom	00:30:54	00:02:14	02:21:19	00:01:50	01:34:26	04:30:43	00:36:43
94	101433	4073	Nuno Carvalhinho	45-49	Triatlo Clube Tap	00:35:18	00:01:47	02:15:19	00:02:23	01:36:17	04:31:04	00:37:04

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	0	8268	Rubén Sánchez Vázquez	40-44	X Não Licenciado	00:37:02	00:02:13	02:19:12	00:01:46	01:31:12	04:31:25	00:37:25
96	0	8270	Rui Oliveira	35-39	X Não Licenciado	00:32:29	00:01:33	02:24:48	00:01:34	01:31:07	04:31:31	00:37:31
97	107279	2848	Gustavo Gaspary	30-34	Individual	00:33:22	00:02:15	02:15:56	00:02:11	01:38:04	04:31:48	00:37:48
98	109167	3864	Rúben Ferreira	25-29	Grupo Desportivo Castelense	00:36:50	00:03:31	02:25:24	00:01:37	01:25:11	04:32:33	00:38:33
99	107631	2949	Simão Albuquerque	25-29	Clube 4 Estilos	00:29:44	00:01:54	02:40:06	00:01:22	01:19:35	04:32:41	00:38:41
100	102096	4678	José Massaça	50-54	Clube Oriental de Lisboa	00:35:05	00:01:47	02:21:50	00:01:49	01:32:13	04:32:44	00:38:44
101	104545	4205	Mauro Azevedo	50-54	AAC MULTISPORT TRIATLO	00:36:25	00:03:18	02:24:44	00:01:31	01:27:00	04:32:58	00:38:58
102	100728	4147	Fernando Carmo	55-59	Sport Algés e Dafundo	00:38:20	00:02:13	02:20:30	00:02:19	01:30:09	04:33:31	00:39:31
103	106490	4419	Ricardo Simão	40-44	NDS Triatlo-MRW Guarda	00:33:29	00:02:49	02:24:09	00:01:12	01:32:01	04:33:40	00:39:40
104	107973	3096	Jaime Duarte	35-39	Clube de Futebol Os Belenenses	00:27:24	00:01:58	02:22:24	00:01:27	01:40:39	04:33:52	00:39:52
105	107308	4866	Pedro Gaspar	40-44	TRI AMAZING	00:32:00	00:03:15	02:23:54	00:02:02	01:33:00	04:34:11	00:40:11
106	108320	3353	Marciano Dias	35-39	TRI AMAZING	00:35:15	00:02:54	02:22:36	00:01:42	01:31:45	04:34:12	00:40:12
107	105599	4280	Ivo Magalhães	45-49	AAC MULTISPORT TRIATLO	00:32:21	00:02:07	02:22:48	00:02:27	01:34:36	04:34:19	00:40:19
108	106892	3997	José Martins	30-34	MARRETAS DO NORTE	00:35:26	00:03:00	02:19:51	00:01:46	01:34:37	04:34:40	00:40:40
109	0	8272	Sergio Angel Balado Mosquera	50-54	X Não Licenciado	00:32:05	00:02:24	02:17:55	00:01:58	01:40:24	04:34:46	00:40:46
110	108881	7563	Luis Carreira	40-44	AAC MULTISPORT TRIATLO	00:34:11	00:02:14	02:16:08	00:01:49	01:40:37	04:34:59	00:40:59
111	108158	3247	Miguel Marinho	30-34	Clube Zupper	00:34:32	00:02:28	02:22:25	00:01:58	01:33:51	04:35:14	00:41:14
112	103215	4816	Samuel Eugénio	45-49	Núcleo do Sporting da Golegã	00:36:36	00:01:59	02:23:46	00:01:25	01:31:43	04:35:29	00:41:29
113	107993	3117	David Fernandes	35-39	Sporting Clube de Portugal	00:36:45	00:02:53	02:24:16	00:01:41	01:30:40	04:36:15	00:42:15
114	107657	5546	Alexandre Paiva Nunes	45-49	Individual	00:34:35	00:02:27	02:27:52	00:01:01	01:30:28	04:36:23	00:42:23
115	108231	3313	Hugo Sá	25-29	MARRETAS DO NORTE	00:33:01	00:04:13	02:26:01	00:01:52	01:31:33	04:36:40	00:42:40
116	0	8004	André Alves	35-39	X Não Licenciado	00:34:50	00:03:24	02:28:27	00:01:28	01:30:07	04:38:16	00:44:16
117	105282	5631	Sérgio Mota	40-44	Sporting Clube de Espinho	00:34:33	00:02:44	02:31:32	00:01:57	01:28:09	04:38:55	00:44:55
118	0	8269	Ruben Sio Fernandez	50-54	X Não Licenciado	00:35:00	00:03:00	02:20:36	00:02:42	01:37:41	04:38:59	00:44:59
119	103448	6125	Fábio Pereira	30-34	MARRETAS DO NORTE	00:31:30	00:02:15	02:18:36	00:02:12	01:44:27	04:39:00	00:45:00
120	109200	3894	Nuno Viamonte	30-34	MARRETAS DO NORTE	00:36:16	00:04:01	02:29:56	00:02:02	01:27:12	04:39:27	00:45:27
121	103784	4404	Rui Gonçalo Vieira	40-44	Núcleo do Sporting da Golegã	00:32:22	00:02:40	02:34:58	00:01:24	01:28:17	04:39:41	00:45:41
122	108379	3429	Agnelo Silva	35-39	Clube dos Galitos	00:32:04	00:02:39	02:27:10	00:01:39	01:36:16	04:39:48	00:45:48
123	105620	4918	Pedro Vieira	45-49	MARRETAS DO NORTE	00:35:40	00:03:25	02:29:41	00:02:14	01:29:22	04:40:22	00:46:22
124	0	8083	Manuel Adrian Perez Taboada	35-39	X Não Licenciado	00:31:39	00:02:43	02:23:23	00:02:48	01:39:55	04:40:28	00:46:28
125	0	8060	José Maria Júdice	35-39	X Não Licenciado	00:34:11	00:02:35	02:29:28	-	-	04:40:32	00:46:32
126	108035	3153	Sergio Vicente	35-39	Clube Atlético de Oliveira do Hospital	00:34:07	00:02:47	02:24:57	00:01:26	01:37:24	04:40:41	00:46:41
127	100208	2572	Miguel Tomé	25-29	SFRAA TRIATLO	00:27:05	00:01:33	02:28:41	00:01:28	01:41:56	04:40:43	00:46:43

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	106985	5118	Patrick Tigue	40-44	CNATRIL Triatlo	00:31:39	00:02:04	02:26:49	00:01:48	01:38:35	04:40:55	00:46:55
129	107625	2948	Marco Cunha	35-39	AmoraSub/Associação Naval Amorense	00:37:22	00:02:25	02:30:21	00:01:51	01:29:00	04:40:59	00:46:59
130	102656	4278	João Martinho	40-44	CNATRIL Triatlo	00:29:11	00:01:47	02:20:48	00:02:17	01:47:32	04:41:35	00:47:35
131	0	8052	Guilherme Guerra	30-34	X Não Licenciado	00:34:53	00:02:33	02:34:15	00:02:23	01:28:02	04:42:06	00:48:06
132	109358	3994	Pedro Alves	25-29	Individual	00:33:13	00:02:47	02:27:17	00:01:59	01:36:51	04:42:07	00:48:07
133	100743	4035	Paulo Jorge Correia Lamego	50-54	Sport Algés e Dafundo	00:32:49	00:02:35	02:23:07	00:01:21	01:43:19	04:43:11	00:49:11
134	107985	3109	Sandro Touil	25-29	AAC MULTISPORT TRIATLO	00:32:35	00:02:49	02:23:47	00:02:07	01:43:10	04:44:28	00:50:28
135	102069	4562	Luís Rosário	55-59	GDR Manique de Cima	00:31:55	00:01:39	02:21:05	00:01:48	01:48:04	04:44:31	00:50:31
136	0	8044	Felix Quintela Pais	35-39	X Não Licenciado	00:34:47	00:03:59	02:21:06	00:02:33	01:42:34	04:44:59	00:50:59
137	101054	4569	Paulo Costa	50-54	Sporting Clube de Espinho	00:34:03	00:02:18	02:31:12	00:01:18	01:36:09	04:45:00	00:51:00
138	108388	5807	Bruno Bertão	40-44	GRCD Leião Triatlo	00:38:56	00:03:09	02:34:44	-	-	04:45:10	00:51:10
139	106590	7549	Raul Pais da Costa	40-44	ASSOCIAÇÃO LINCE TRIATHLON	00:36:46	00:03:39	02:33:00	00:02:40	01:30:16	04:46:21	00:52:21
140	102119	4736	Nuno Fernandes	45-49	Sporting Clube de Espinho	00:37:50	00:03:31	02:22:57	00:01:30	01:40:38	04:46:26	00:52:26
141	0	8271	Santiago Garcia Gonzalez	45-49	X Não Licenciado	00:33:29	00:03:11	02:35:54	00:02:03	01:32:05	04:46:42	00:52:42
142	104389	5680	Eládio Manuel	50-54	Outsystems Olímpico de Oeiras	00:36:07	00:02:51	02:33:39	00:01:21	01:32:45	04:46:43	00:52:43
143	109150	2520	Hugo Lopes	35-39	CCD Crédito Agrícola	00:37:41	00:02:32	02:30:53	00:01:53	01:33:51	04:46:50	00:52:50
144	104937	4811	Rui Cachaço	40-44	Outsystems Olímpico de Oeiras	00:35:54	00:02:42	02:31:38	00:02:22	01:34:15	04:46:51	00:52:51
145	0	8275	Xosé Antón Barreiro Pereira	50-54	X Não Licenciado	00:35:47	00:01:56	02:34:05	00:02:11	01:32:55	04:46:54	00:52:54
146	103695	4912	Nuno Campos	50-54	G.D.GOMA	00:38:10	00:03:40	02:29:20	00:01:18	01:34:33	04:47:01	00:53:01
147	105790	5310	Nuno Navalho	45-49	FET-Fátima Escola de Triatlo	00:37:56	00:03:33	02:28:37	00:02:19	01:34:42	04:47:07	00:53:07
148	103282	4843	Pedro Fernandes	45-49	CNATRIL Triatlo	00:29:38	00:02:23	02:31:26	00:01:48	01:42:15	04:47:30	00:53:30
149	0	8056	João Botelho Teixeira	45-49	X Não Licenciado	00:40:12	00:03:38	02:31:10	00:01:12	01:31:20	04:47:32	00:53:32
150	104134	3910	Dino Ablum	35-39	Vasco da Gama Atlético Clube de Sines	00:33:41	00:02:26	02:27:00	00:02:11	01:42:22	04:47:40	00:53:40
151	103916	3793	Rui Melo	35-39	AAC MULTISPORT TRIATLO	00:35:25	00:01:31	02:34:26	00:00:56	01:35:26	04:47:44	00:53:44
152	104895	5075	Pedro da Cunha	50-54	Outsystems Olímpico de Oeiras	00:32:13	00:02:33	02:32:02	00:02:16	01:38:54	04:47:58	00:53:58
153	109022	4634	Bruno Silva	40-44	Sporting Clube de Espinho	00:29:05	00:02:44	02:32:23	00:01:37	01:42:11	04:48:00	00:54:00
154	107365	5052	Domingos Vieira	40-44	Pedalarte	00:35:57	00:02:27	02:28:32	00:01:27	01:39:46	04:48:09	00:54:09
155	106613	4328	Guilherme Libório	40-44	Outsystems Olímpico de Oeiras	00:31:20	00:03:12	02:37:21	00:01:49	01:34:30	04:48:12	00:54:12
156	104625	4519	Rui Nunes	45-49	TRI AMAZING	00:38:15	00:03:47	02:25:13	00:02:31	01:38:27	04:48:13	00:54:13
157	106270	3804	David António Serrão Martins	30-34	Vasco da Gama Atlético Clube de Sines	00:35:03	00:02:29	02:33:54	00:01:13	01:35:49	04:48:28	00:54:28
158	108701	3832	João Santos Silva	30-34	Individual	00:38:44	00:02:35	02:34:41	00:01:25	01:31:04	04:48:29	00:54:29
159	103536	7573	Alex Ribeiro	40-44	MARRETAS DO NORTE	00:42:57	00:03:44	02:24:51	00:02:14	01:35:11	04:48:57	00:54:57
160	107618	5449	João Santos	55-59	GRCD Leião Triatlo	00:35:52	00:02:18	02:24:30	00:02:40	01:43:48	04:49:08	00:55:08

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
161	104823	5041	Nuno Miguel Lopes	50-54	Clube Millenniumbcp	00:37:29	00:02:11	02:31:02	00:01:35	01:37:11	04:49:28	00:55:28
162	109216	7518	Nuno Conceição	40-44	TRI AMAZING	00:30:19	00:03:10	02:26:07	00:02:39	01:47:24	04:49:39	00:55:39
163	106630	4226	Miguel Leão	50-54	Associação Beat Your Limit!	00:34:21	00:03:32	02:33:37	00:02:14	01:36:01	04:49:45	00:55:45
164	0	8051	Frederico Cipriano Batista	35-39	X Não Licenciado	00:34:44	00:01:57	02:34:47	00:02:47	01:35:36	04:49:51	00:55:51
165	107597	2934	Avelino Santos	30-34	SFRAA TRIATLO	00:40:27	00:02:28	02:31:45	00:01:21	01:34:00	04:50:01	00:56:01
166	109177	3998	Rodrigo Santos	30-34	TRI AMAZING	00:33:32	00:03:08	02:39:56	-	-	04:50:11	00:56:11
167	107623	2946	Rui Pinto	25-29	Pedalarte	00:34:39	00:03:22	02:31:49	00:02:02	01:38:43	04:50:35	00:56:35
168	106430	4576	Duarte Cortes	45-49	Individual	00:34:42	00:04:10	02:38:07	-	-	04:50:40	00:56:40
169	104778	5630	João Ribeiro	40-44	Sporting Clube de Espinho	00:36:42	00:02:30	02:32:20	00:01:42	01:37:30	04:50:44	00:56:44
170	101845	5000	Rui Sousa	50-54	Núcleo do Sporting da Golegã	00:33:00	00:02:22	02:41:22	-	-	04:50:57	00:56:57
171	105648	5236	Bruno Batista	40-44	TRI AMAZING	00:34:59	00:02:57	02:33:43	00:01:43	01:37:40	04:51:02	00:57:02
172	103335	2325	David Fernandes	JUN	Clube Triatlo de Abrantes	00:30:01	00:02:25	02:30:41	00:02:15	01:46:33	04:51:55	00:57:55
173	100352	4749	Telmo Veloso	45-49	Associação Beat Your Limit!	00:37:19	00:02:53	02:31:48	00:01:36	01:38:29	04:52:05	00:58:05
174	102885	5364	Marcos Ratola	40-44	TRI AMAZING	00:27:56	00:02:59	02:34:23	00:01:45	01:45:33	04:52:36	00:58:36
175	105190	5629	André Guerra	40-44	Sporting Clube de Espinho	00:38:18	00:04:16	02:32:14	00:01:46	01:36:09	04:52:43	00:58:43
176	103321	4860	Renato Araújo	55-59	AmoraSub/Associação Naval Amorense	00:34:54	00:02:16	02:35:26	00:01:53	01:38:17	04:52:46	00:58:46
177	104601	7574	Pedro Pita	40-44	MARRETAS DO NORTE	00:33:27	00:03:07	02:33:28	00:03:14	01:40:03	04:53:19	00:59:19
178	0	8239	Marcos Fernandez Casal	40-44	X Não Licenciado	00:33:50	00:03:34	02:31:52	00:02:04	01:42:26	04:53:46	00:59:46
179	104809	4889	Pedro Teixeira	45-49	Clube Zupper	00:37:42	00:03:15	02:30:53	00:02:17	01:40:08	04:54:15	01:00:15
180	105791	5311	João Rosa	45-49	Quitério TRIPENICHE	00:32:31	00:02:38	02:33:06	00:01:30	01:44:36	04:54:21	01:00:21
181	0	8000	Adán Martínez Fernández	30-34	X Não Licenciado	00:36:48	00:03:28	02:34:19	00:02:08	01:37:49	04:54:32	01:00:32
182	0	8057	João Fernandes	25-29	X Não Licenciado	00:37:55	00:04:20	02:34:29	-	-	04:54:38	01:00:38
183	0	8075	Lucas Gonzalez Rocha	40-44	X Não Licenciado	00:37:27	00:04:20	02:28:37	00:02:55	01:41:43	04:55:02	01:01:02
184	107184	4548	Bruno Rosado	45-49	TRI AMAZING	00:33:10	00:03:19	02:33:35	00:02:35	01:42:49	04:55:28	01:01:28
185	108360	3394	Miguel Gonçalves	30-34	Associação Académica de São Mamede	00:36:47	00:02:49	02:36:34	-	-	04:55:34	01:01:34
186	107504	5260	Luis Vaz	40-44	Individual	00:33:31	00:03:02	02:42:40	00:02:47	01:33:47	04:55:47	01:01:47
187	107174	4516	Joaquim Esteves	55-59	SFRAA TRIATLO	00:33:10	-	-	00:01:24	01:52:02	04:56:06	01:02:06
188	108973	4492	Nuno Costa Cardoso Gomes	50-54	Clube Triatlo de Abrantes	00:37:53	00:03:15	02:30:48	00:01:40	01:42:41	04:56:17	01:02:17
189	103132	5265	Rodrigo Pais de Almeida	40-44	Outsystems Olímpico de Oeiras	00:34:09	00:03:31	02:28:11	00:01:55	01:48:38	04:56:24	01:02:24
190	107523	5283	Nelson Rego	45-49	Estoril Praia Credibom	00:37:51	00:03:34	02:33:26	00:02:00	01:39:43	04:56:34	01:02:34
191	104771	3431	Jorge Carvalho	35-39	Individual	00:37:58	00:04:00	02:40:51	-	-	04:56:35	01:02:35
192	107325	2868	William Santos	30-34	Sporting Clube de Espinho	00:35:23	00:03:13	02:31:07	00:01:53	01:45:08	04:56:44	01:02:44
193	105549	5213	Marco Pereira	45-49	Associação Académica de São Mamede	00:36:14	00:02:02	02:36:20	00:00:57	01:41:26	04:56:59	01:02:59

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
194	101332	4394	Pedro Mega Jorge	55-59	TRI AMAZING	00:31:39	-	-	00:01:26	01:43:59	04:57:01	01:03:01
195	103852	4863	Nuno Pinho	40-44	Paredes Aventura	00:37:04	00:03:57	02:34:13	-	-	04:57:26	01:03:26
196	105528	5210	Nuno Júlio	50-54	Estoril Praia Credibom	00:34:27	00:03:22	02:33:46	00:02:39	01:43:34	04:57:48	01:03:48
197	108845	3528	Bruno Gramaxo	35-39	GD Natação Famalicão	00:35:13	00:02:15	02:34:30	00:02:18	01:43:41	04:57:57	01:03:57
198	104719	3302	Carlos Escorcio	35-39	Try Portugal / V. Janes	00:37:05	00:02:13	02:40:24	-	-	04:57:59	01:03:59
199	108160	3249	Tiago Luis	30-34	Clube de Futebol Os Belenenses	00:29:42	00:01:43	02:38:05	00:02:02	01:46:41	04:58:13	01:04:13
200	101089	4108	Paulo Renato Santos	60-64	Quitério TRIPENICHE	00:33:45	00:02:46	02:35:26	00:01:38	01:44:48	04:58:23	01:04:23
201	107403	3628	Pedro Leão	20-24	Associação Beat Your Limit!	00:34:28	00:02:41	02:30:20	00:01:36	01:49:23	04:58:28	01:04:28
202	108162	3255	Rui Marques	30-34	Individual	00:37:11	00:03:37	02:30:40	00:01:52	01:45:14	04:58:34	01:04:34
203	0	8048	Fernando Caride Suarez	35-39	X Não Licenciado	00:34:15	00:03:23	02:33:25	00:02:01	01:45:31	04:58:35	01:04:35
204	101051	3321	Nuno Pinto	35-39	Aquático Clube de Silves	00:31:53	00:03:02	02:36:48	00:01:23	01:45:32	04:58:38	01:04:38
205	0	8050	Frederico Catalão	30-34	X Não Licenciado	00:36:00	00:05:26	02:40:53	00:03:31	01:32:55	04:58:45	01:04:45
206	104894	4104	André Cabral	45-49	Outsystems Olímpico de Oeiras	00:32:46	00:02:50	02:38:04	00:02:16	01:43:06	04:59:02	01:05:02
207	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:33:24	00:02:36	02:40:49	-	-	04:59:16	01:05:16
208	0	8249	Moises da Silva	35-39	X Não Licenciado	00:36:17	00:03:50	02:36:07	-	-	04:59:20	01:05:20
209	104715	4220	Rui Nunes	40-44	AAC MULTISPORT TRIATLO	00:36:31	00:03:05	02:35:27	00:02:24	01:42:09	04:59:36	01:05:36
210	104418	5479	Ricardo Furtado	40-44	Outsystems Olímpico de Oeiras	00:33:59	00:02:43	02:33:32	00:02:35	01:47:27	05:00:16	01:06:16
211	103724	5551	Nuno Lemos	45-49	NDS Triatlo-MRW Guarda	00:33:44	00:03:03	02:21:47	00:01:55	02:00:06	05:00:35	01:06:35
212	106287	3450	Francisco Garnel	35-39	Estoril Praia Credibom	00:33:51	00:03:16	02:39:06	-	-	05:00:57	01:06:57
213	105293	5163	Hugo Henriques	45-49	Clube de Futebol Os Belenenses	00:37:31	00:02:48	02:37:09	-	-	05:01:03	01:07:03
214	0	8252	Nuno Oliveira	30-34	X Não Licenciado	00:34:50	00:02:26	02:40:34	-	-	05:01:10	01:07:10
215	102104	4545	Paulo Ferreira	50-54	Triatlo Clube Tap	00:35:55	00:03:30	02:33:08	00:02:08	01:46:50	05:01:31	01:07:31
216	105591	4115	Vasco Baptista	45-49	Individual	00:34:45	00:03:07	02:36:38	00:02:55	01:44:14	05:01:39	01:07:39
217	109165	5503	Renato Cadilha	40-44	MARRETAS DO NORTE	00:35:31	00:04:14	02:45:56	00:02:16	01:34:08	05:02:05	01:08:05
218	107384	5159	Hugo Ferreira	40-44	Clube Zupper	00:32:11	00:02:12	02:37:24	00:01:16	01:49:31	05:02:34	01:08:34
219	108424	5815	Pedro Neves	50-54	Clube de Futebol Os Belenenses	00:38:11	00:01:46	02:39:12	00:02:01	01:41:46	05:02:56	01:08:56
220	101518	7535	Rui Barbosa	40-44	G.D.GOMA	00:32:14	00:03:26	02:36:14	00:01:57	01:49:12	05:03:03	01:09:03
221	0	8043	F. Germán Romero Iglesias	45-49	X Não Licenciado	00:35:08	00:02:48	02:12:46	00:01:31	02:11:14	05:03:27	01:09:27
222	0	8059	José André Ferreira	40-44	X Não Licenciado	00:36:53	00:03:17	02:38:32	00:04:28	01:41:08	05:04:18	01:10:18
223	102063	4171	Eduardo Costa	45-49	GDR Manique de Cima	00:28:23	00:02:40	02:24:42	00:01:48	02:07:09	05:04:42	01:10:42
224	104784	5021	Pedro Miguel Santos	45-49	Associação Beat Your Limit!	00:35:19	00:03:11	02:38:36	-	-	05:05:37	01:11:37
225	109185	3877	Manuel Laia	35-39	Individual	00:34:14	00:02:57	02:39:47	-	-	05:05:43	01:11:43
226	104138	4322	Adolfo Vagos	50-54	Quitério TRIPENICHE	00:37:30	00:02:12	02:38:23	-	-	05:06:15	01:12:15

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
227	0	8235	Manuel Fardilha	20-24	X Não Licenciado	00:26:59	00:01:53	02:29:53	00:01:54	02:05:41	05:06:20	01:12:20
228	104230	4412	Pedro Leiria	50-54	Individual	00:38:37	00:03:35	02:40:44	-	-	05:06:21	01:12:21
229	108621	5873	Dinis Delgado	45-49	Individual	00:32:27	00:02:41	02:47:30	00:04:09	01:39:37	05:06:24	01:12:24
230	101011	4382	Paulo Fonseca	55-59	Clube Oriental de Lisboa	00:37:34	00:03:58	02:37:34	00:02:06	01:45:57	05:07:09	01:13:09
231	104789	4829	Jose Monteiro	55-59	Veteranos do Porto	00:40:57	00:03:29	02:38:53	-	-	05:07:20	01:13:20
232	107644	5575	Rui Pedro Faísca	45-49	AAC MULTISPORT TRIATLO	00:28:16	00:03:15	02:25:26	00:02:24	02:08:09	05:07:30	01:13:30
233	105633	5227	Nuno Dantas	40-44	GRCD Leião Triatlo	00:37:48	00:02:43	02:52:17	00:01:12	01:33:53	05:07:53	01:13:53
234	106970	5104	Luís Figueira	45-49	GRCD Leião Triatlo	00:33:26	00:02:32	02:37:08	00:01:34	01:53:14	05:07:54	01:13:54
235	108891	5964	Tiago Bruno Sousa	40-44	MARRETAS DO NORTE	00:40:18	00:03:01	02:41:20	-	-	05:08:16	01:14:16
236	104954	5078	Patrick Ebrero	45-49	Quitério TRIPENICHE	00:34:49	00:02:40	02:33:06	00:01:34	01:56:08	05:08:17	01:14:17
237	0	8258	Pablo Ramil	40-44	X Não Licenciado	00:33:06	00:03:39	02:30:57	00:02:32	01:58:49	05:09:03	01:15:03
238	102586	4095	Fernando Salvador	45-49	Paredes Aventura	00:38:29	00:03:20	02:34:18	-	-	05:09:22	01:15:22
239	0	8054	Ismael Teixeira	45-49	X Não Licenciado	00:35:17	00:03:41	02:36:59	-	-	05:09:44	01:15:44
240	104544	4172	Luís Tomé	50-54	Quitério TRIPENICHE	00:38:35	00:03:24	02:34:06	00:01:39	01:53:19	05:11:03	01:17:03
241	100188	4414	Luís Coelho da Silva	45-49	Individual	00:37:25	00:03:12	02:39:33	00:02:38	01:48:20	05:11:08	01:17:08
242	106938	2744	Ivor ?ebalj	30-34	Outsystems Olímpico de Oeiras	00:34:19	00:03:01	02:40:16	-	-	05:12:37	01:18:37
243	109172	3867	Mario Fernandes	35-39	Pedalarte	00:40:35	00:02:53	02:43:19	-	-	05:12:48	01:18:48
244	106352	4361	José Nunes	45-49	Paredes Aventura	00:37:46	00:04:20	02:41:08	-	-	05:12:57	01:18:57
245	101522	4629	António Jorge Martinho	55-59	Clube Oriental de Lisboa	00:33:42	00:03:20	02:39:33	-	-	05:13:33	01:19:33
246	0	8253	Óscar González Gómez	45-49	X Não Licenciado	00:40:02	00:03:30	02:45:12	-	-	05:13:40	01:19:40
247	106710	5605	Pedro Filipe	45-49	Try Portugal / V. Janes	00:30:25	00:03:11	02:33:59	00:02:35	02:04:04	05:14:14	01:20:14
248	107155	2798	Renato Velhuco	35-39	Clube de Triatlo de Viseu	00:36:13	00:03:29	02:40:37	00:01:56	01:52:19	05:14:34	01:20:34
249	103306	4852	Francisco Sanches-Osório	55-59	Estoril Praia Credibom	00:36:10	00:02:52	02:35:57	00:01:39	02:00:54	05:17:32	01:23:32
250	0	8030	Daniel Inurrieta	40-44	X Não Licenciado	00:36:32	00:02:50	02:44:12	-	-	05:17:33	01:23:33
251	103956	4961	Ricardo Santos	50-54	CNAL - Triatlo	00:35:19	00:02:15	02:32:09	00:01:42	02:06:10	05:17:35	01:23:35
252	108304	5772	Sérgio Sousa	40-44	Individual	00:37:40	00:03:33	02:35:02	-	-	05:17:46	01:23:46
253	106247	5475	Luís Almeida	50-54	Veteranos do Porto	00:35:44	00:03:56	02:52:39	-	-	05:17:58	01:23:58
254	102874	3381	Nuno Gonçalves	35-39	Outsystems Olímpico de Oeiras	00:37:27	00:02:57	02:41:19	00:01:47	01:54:59	05:18:29	01:24:29
255	104852	4261	Paulo Faria	45-49	Outsystems Olímpico de Oeiras	00:36:15	00:04:35	02:42:43	00:02:49	01:52:08	05:18:30	01:24:30
256	109361	3995	Miguel Rocha	25-29	Sporting Clube de Espinho	00:39:54	00:04:38	02:48:51	00:02:27	01:42:45	05:18:35	01:24:35
257	108779	5943	Nuno Gonçalves Silva	40-44	GDR Manique de Cima	00:30:06	00:01:51	02:30:20	00:02:25	02:14:03	05:18:45	01:24:45
258	107374	5935	Daniel Santos	40-44	GD Natação Famalicão	00:41:16	00:03:27	02:42:07	00:01:50	01:50:15	05:18:55	01:24:55
259	107314	4999	Vasco Monteiro	45-49	Clube de Triatlo de Viseu	00:38:08	00:03:22	02:53:53	-	-	05:19:51	01:25:51

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
260	102251	4508	Vasco Borges	50-54	A. R. Casaense	00:36:51	00:03:05	02:44:50	00:01:36	01:53:53	05:20:15	01:26:15
261	108911	4275	Octávio Cardoso	45-49	AmoraSub/Associação Naval Amorense	00:39:53	00:02:59	02:45:28	00:01:29	01:51:38	05:21:27	01:27:27
262	108041	5675	Alberto Dias	40-44	AmoraSub/Associação Naval Amorense	00:41:07	00:02:28	02:45:20	00:02:03	01:50:31	05:21:29	01:27:29
263	104927	4173	Pedro Queiroz	45-49	SFRAA TRIATLO	00:36:05	00:02:44	02:45:07	-	-	05:21:33	01:27:33
264	105947	5358	Nuno Malaquias	45-49	Sport Algés e Dafundo	00:37:59	00:03:42	02:44:49	-	-	05:21:38	01:27:38
265	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:35:28	00:03:28	02:37:30	00:01:30	02:03:47	05:21:43	01:27:43
266	108676	5324	Pedro Botelho	50-54	AmoraSub/Associação Naval Amorense	00:29:23	00:02:50	02:40:56	00:01:31	02:07:27	05:22:07	01:28:07
267	106193	4751	Miguel Simões	40-44	GRCD Leião Triatlo	00:32:35	00:01:58	02:38:35	00:02:02	02:07:10	05:22:20	01:28:20
268	105073	3303	Tiago Dias	35-39	GD Natação Famalicão	00:41:25	00:03:17	02:42:47	00:01:57	01:52:56	05:22:22	01:28:22
269	0	8046	Fernando Abreu Fernández	55-59	X Não Licenciado	00:37:30	00:03:44	02:44:19	00:03:53	01:54:02	05:23:28	01:29:28
270	100230	5352	Paulo Soares	40-44	Clube Atlético de Oliveira do Hospital	00:39:50	00:03:37	02:46:15	00:02:06	01:52:34	05:24:22	01:30:22
271	104495	4094	Manuel Maria Correia	50-54	TRI AMAZING	00:38:36	00:05:07	02:46:39	00:03:38	01:50:55	05:24:55	01:30:55
272	103504	5239	João Lopes	40-44	TRI AMAZING	00:32:33	00:03:54	02:40:08	-	-	05:25:08	01:31:08
273	108496	3587	Daniel Amaral	25-29	Clube dos Galitos	00:35:45	00:03:26	02:35:46	00:02:15	02:08:04	05:25:16	01:31:16
274	0	8081	Luis Gonçalves	30-34	X Não Licenciado	00:35:54	00:04:04	03:00:43	-	-	05:25:30	01:31:30
275	108055	5306	Filipe Canilho	40-44	AAC MULTISPORT TRIATLO	00:47:05	00:03:22	02:48:55	00:01:12	01:45:00	05:25:34	01:31:34
276	107254	5123	Jorge Leite	50-54	Outsystems Olímpico de Oeiras	00:36:06	00:04:17	02:54:57	00:02:57	01:49:57	05:28:14	01:34:14
277	109085	4763	Nuno Lucas	50-54	AmoraSub/Associação Naval Amorense	00:41:11	00:03:47	02:53:29	-	-	05:28:15	01:34:15
278	108998	4577	Pedro Ribeiro	55-59	Clube Zupper	00:38:21	00:05:16	03:02:40	00:03:30	01:38:32	05:28:19	01:34:19
279	105501	2635	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	00:34:16	00:01:39	02:55:27	00:02:38	01:54:33	05:28:33	01:34:33
280	107844	2326	Artur Resende Santana	JUN	Clube Triatlo de Abrantes	00:40:28	00:03:18	02:58:37	-	-	05:28:52	01:34:52
281	0	8262	Pedro Queiroga	50-54	X Não Licenciado	00:37:39	00:05:20	02:52:11	00:03:40	01:50:04	05:28:54	01:34:54
282	105667	5255	José Domingues	65-69	Triatlo Fundação Salesianos	00:38:07	00:03:04	02:47:04	00:02:11	01:58:53	05:29:19	01:35:19
283	105664	5252	Bruno Ricardo	60-64	Triatlo Fundação Salesianos	00:35:11	00:03:30	02:53:38	-	-	05:30:14	01:36:14
284	101039	4330	José Silva	55-59	Associação Académica de São Mamede	00:39:16	00:03:25	02:49:20	-	-	05:30:17	01:36:17
285	106999	5171	Rui Vieira	50-54	Individual	00:38:10	00:03:38	02:50:32	-	-	05:30:26	01:36:26
286	107082	2785	Hugo Freire	35-39	LXTRIATHLON	00:34:17	00:03:11	02:48:33	00:02:12	02:02:14	05:30:27	01:36:27
287	103976	4972	João Albuquerque	55-59	Clube 4 Estilos	00:38:40	00:02:58	02:48:07	00:01:49	01:59:14	05:30:48	01:36:48
288	107639	5464	Alfredo Chambel	55-59	GRCD Leião Triatlo	00:37:06	00:04:00	02:48:30	00:01:48	02:01:20	05:32:44	01:38:44
289	108085	3201	Joao Sottomayor	30-34	Associação Beat Your Limit!	00:37:37	00:03:32	02:43:01	00:03:08	02:06:17	05:33:35	01:39:35
290	0	8274	Xoan Carlos Mira Lineiro	50-54	X Não Licenciado	00:40:04	00:03:37	02:53:46	00:02:44	01:53:29	05:33:40	01:39:40
291	102949	4820	Pedro Cardoso	45-49	Associação Académica de São Mamede	00:35:12	00:02:19	02:44:59	00:01:59	02:10:23	05:34:52	01:40:52
292	0	8014	Antonio Baamonde González	50-54	X Não Licenciado	00:38:28	00:04:07	02:50:36	-	-	05:35:57	01:41:57

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
293	0	8260	Pedro Granate	30-34	X Não Licenciado	00:35:59	00:03:15	02:41:03	00:02:53	02:12:54	05:36:04	01:42:04
294	106482	3612	Ricardo Trindade	35-39	TRI AMAZING	00:49:22	00:03:00	02:46:48	-	-	05:36:11	01:42:11
295	106460	4417	Bruno Fernandes	40-44	Alhandra Sporting Club	00:37:53	00:03:30	02:52:37	-	-	05:36:28	01:42:28
296	108641	5886	Filipe Caeiro	40-44	GDR Manique de Cima	00:37:33	00:02:46	02:45:07	-	-	05:36:36	01:42:36
297	104359	3961	Rafael Ferraz	35-39	Individual	00:35:42	00:04:33	02:48:26	-	-	05:37:40	01:43:40
298	0	8049	Francisco Javier Domínguez Zufia	45-49	X Não Licenciado	00:38:31	00:05:51	02:55:22	00:02:50	01:56:05	05:38:39	01:44:39
299	108510	5846	Henrique Freire	60-64	GRCD Leião Triatlo	00:36:28	00:02:58	03:05:39	00:01:29	01:52:08	05:38:42	01:44:42
300	107725	5562	Ricardo Neves	45-49	Sporting Clube de Portugal	00:37:50	00:03:56	02:53:49	-	-	05:39:10	01:45:10
301	105489	5425	João Fernando	45-49	Sporting Clube de Espinho	00:34:56	00:03:24	02:48:55	00:02:44	02:09:13	05:39:12	01:45:12
302	0	8259	Pedro Fardilha	50-54	X Não Licenciado	00:36:43	00:03:12	02:57:30	00:02:20	02:00:52	05:40:37	01:46:37
303	101038	5666	João Moita	40-44	Individual	00:35:28	00:04:25	02:53:56	-	-	05:42:00	01:48:00
304	107166	4501	Paulo Moutinho	50-54	Clube Oriental de Lisboa	00:34:43	00:05:02	03:06:37	00:03:58	01:54:09	05:44:29	01:50:29
305	103700	4915	João Pedro Viegas	55-59	AmoraSub/Associação Naval Amorense	00:36:36	00:02:53	03:07:45	-	-	05:44:51	01:50:51
306	105488	5532	Ricardo Velhuco	40-44	Clube de Triatlo de Viseu	00:37:08	00:02:24	02:47:37	00:02:17	02:16:35	05:46:01	01:52:01
307	108757	4620	Rony Santos	45-49	Sporting Clube de Espinho	00:38:25	00:03:04	02:50:54	-	-	05:47:05	01:53:05
308	103859	4693	Mário Teófilo	50-54	Outsystems Olímpico de Oeiras	00:35:24	00:03:37	03:06:22	00:01:39	02:04:37	05:51:39	01:57:39
309	105876	5343	Pedro Calvario	50-54	TRI AMAZING	00:36:33	00:05:55	03:08:20	-	-	05:53:18	01:59:18
310	108636	5883	Gustavo Neves	40-44	Individual	00:38:32	00:03:12	02:57:01	-	-	05:54:04	02:00:04
311	108481	5833	Julio Paulo Ramos NEPOMUCEN	50-54	Escola Triatlo Santo António Évora	00:40:21	00:04:47	03:13:32	00:03:10	01:56:06	05:57:56	02:03:56
312	0	8246	Miguel Sánchez Campos	55-59	X Não Licenciado	00:40:22	00:06:30	03:10:27	00:03:43	02:04:08	06:05:10	02:11:10
313	109189	7513	Rui Teixeira	40-44	Individual	00:35:04	00:06:40	03:06:51	00:03:20	02:19:38	06:11:33	02:17:33
314	107038	6124	Bruno Flávio Soares	40-44	ASSOCIAÇÃO LINCE TRIATHLON	00:37:46	00:04:35	02:55:50	00:04:17	02:33:19	06:15:47	02:21:47
315	107814	5591	Pedro Soutelinho Correia Ribeiro	55-59	Outsystems Olímpico de Oeiras	00:36:29	00:02:39	03:11:34	00:03:51	02:24:21	06:18:54	02:24:54
316	102489	4778	José Luís Almeida	50-54	Clube Millenniumbcp	00:38:08	00:03:15	03:01:11	00:02:37	02:35:29	06:20:40	02:26:40
DSQ	104686	3283	Gonçalo Fernandes	30-34	Pedalarte	00:34:34	00:02:58	02:35:03	00:01:54	-	DSQ	
DSQ	0	8061	José Pedro Costa	30-34	X Não Licenciado	00:35:51	00:02:36	02:10:20	00:01:31	-	DSQ	
DSQ	107636	5459	Ezequiel Fernandes	50-54	GD Natação Famalicão	01:23:28	-	-	-	-	DSQ	
DNF	103671	4372	João Faria	50-54	Associação Académica de São Mamede	00:31:35	00:02:45	02:32:12	00:01:36	-	DNF	
DNF	103179	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:36:29	00:02:34	02:30:46	00:02:11	-	DNF	
DNF	109090	4781	Tiago Almeida	45-49	Individual	00:32:13	00:02:25	02:09:03	00:02:18	-	DNF	
DNF	104588	4800	Fernando Coito	40-44	Outsystems Olímpico de Oeiras	00:33:34	00:03:00	02:39:39	00:12:36	-	DNF	
DNF	103129	4895	Paulo Goulart	55-59	Clube de Futebol Os Belenenses	00:32:23	00:02:16	02:41:39	00:01:36	-	DNF	
DNF	105139	5113	Diogo Pina Pereira	45-49	Triatlo Fundação Salesianos	00:34:57	00:02:22	02:15:47	00:01:02	-	DNF	

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNF	104879	2989	Mikael Eriksson	30-34	Sporting Clube de Portugal	00:30:03	00:01:24	02:12:03	00:01:13	-	DNF	
DNF	104203	3919	Tiago Santos	35-39	DAR-Recardães EXPansion	00:33:20	00:02:21	02:24:20	00:01:43	-	DNF	
DNF	102947	4097	Bruno Marcelino	45-49	Individual	00:36:39	00:01:53	02:20:06	00:01:50	-	DNF	
DNF	101340	4102	João Fragoso	40-44	Estoril Praia Credibom	00:31:55	00:02:02	02:13:50	00:02:04	-	DNF	
DNF	102519	4794	Filipe Ramos	50-54	Clube de Futebol Os Belenenses	00:33:23	00:02:22	02:40:16	-	-	DNF	
DNF	103541	6130	Mário Simões	40-44	Individual	00:34:53	00:04:49	02:18:47	-	-	DNF	
DNF	0	8058	Jorge Reis	40-44	X Não Licenciado	00:36:23	00:05:18	02:41:23	-	-	DNF	
DNF	104021	4154	Alexandre Barbosa	50-54	Paredes Aventura	00:53:20	00:04:51	02:39:23	-	-	DNF	
DNF	105444	4702	Miguel Ferreira	40-44	Clube dos Galitos	00:30:49	00:01:48	-	-	-	DNF	
DNF	106115	5389	José Canela	45-49	Louletano	00:41:54	00:06:24	-	-	-	DNF	
DNS	102253	4320	António Fernandes	55-59	MARRETAS DO NORTE	-	-	-	-	-	DNS	
DNS	103711	4396	Rui Pedras	65-69	Individual	-	-	-	-	-	DNS	
DNS	101612	4431	José Sérgio	55-59	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	
DNS	104617	4652	João Morais	40-44	Estoril Praia Credibom	-	-	-	-	-	DNS	
DNS	109056	4706	Pedro Pimentel	40-44	Clube dos Galitos	-	-	-	-	-	DNS	
DNS	104448	4796	Paulo Vasconcelos	55-59	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	103989	4981	José Farinha	45-49	Clube Millenniumbcp	-	-	-	-	-	DNS	
DNS	107346	5009	Carlos Simão	50-54	Individual	-	-	-	-	-	DNS	
DNS	101865	5053	Rui Narigueta	45-49	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	106990	2764	Joao Sacadura	35-39	Individual	-	-	-	-	-	DNS	
DNS	107042	2772	Diogo Allen Coelho	25-29	MARRETAS DO NORTE	-	-	-	-	-	DNS	
DNS	107772	5578	Ricardo Moreira	45-49	Associação Beat Your Limit!	-	-	-	-	-	DNS	
DNS	107675	2971	André Costa	35-39	MARRETAS DO NORTE	-	-	-	-	-	DNS	
DNS	109222	7522	Emanuel Jordão	40-44	Bairro dos Anjos	-	-	-	-	-	DNS	
DNS	106374	3548	Diogo Cacho	30-34	AAC MULTISPORT TRIATLO	-	-	-	-	-	DNS	
DNS	0	8005	André Pereira	25-29	X Não Licenciado	-	-	-	-	-	DNS	
DNS	104267	3842	Ruben Matos	30-34	Clube Triatlo de Abrantes	-	-	-	-	-	DNS	
DNS	0	8080	Luís Gomes	35-39	X Não Licenciado	-	-	-	-	-	DNS	
DNS	100830	4013	Miguel Fragoso	55-59	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	108912	4285	Filipe Espinha	40-44	AmoraSub/Associação Naval Amorense	-	-	-	-	-	DNS	