

**XTerra Portugal**  
**Escalões Masculinos**

**Natação: 1500 m - Ciclismo: 35700 m - Corrida: 10000 m**

Local: Golegã -| Data: 20-05-2023 -| Hora da Partida: 10:02:19

**ELITE**

20230520FTP001-002

#	Licença	Dorsal	Nome	Escalão	País	Natação	T1	Ciclismo	T2	Corrida	Tempo	Delta
1		2	Francois Vie	ELITE	PRT	0:19:01	0:01:14	1:43:10	0:00:35	0:36:59	2:40:57	0:00:00
2		16	Antonio Barata	ELITE	PRT	0:19:51	0:01:20	1:48:03	0:00:43	0:39:09	2:49:04	0:08:07
3		9	Dominik Wychera	ELITE	AUT	0:22:34	0:01:36	1:46:56	0:00:47	0:39:07	2:50:57	0:10:00
4		14	Tiago Maia	ELITE	PRT	0:19:49	0:01:20	1:49:55	0:00:44	0:40:28	2:52:14	0:11:17
5		5	Tim Van Daele	ELITE	BEL	0:22:13	0:01:24	1:53:20	0:01:00	0:42:22	3:00:17	0:19:20
6		4	Rui Dolores	ELITE	PRT	0:21:28	0:01:25	1:57:11	0:00:48	0:40:23	3:01:14	0:20:17
7		13	Brian Tetard	ELITE	FRA	0:18:58	0:01:14	1:57:37	0:00:50	0:43:35	3:02:12	0:21:15
8		15	Octávio Vicente	ELITE	PRT	0:25:59	0:01:54	1:55:07	0:00:38	0:43:12	3:06:48	0:25:51

**M15-19**

#	Licença	Dorsal	Nome	Escalão	País	Natação	T1	Ciclismo	T2	Corrida	Tempo	Delta
1		113	Diogo Carvalhinho	M15-19	PRT	0:20:36	0:01:23	2:04:28	0:00:57	0:44:30	3:11:52	0:00:00
2		343	David Fernandes	M15-19	PRT	0:22:57	0:01:52	2:01:53	0:00:44	0:49:53	3:17:16	0:05:24
3		360	Manuel José Dias	M15-19	PRT	0:19:11	0:01:36	2:12:22	0:01:07	0:45:43	3:19:57	0:08:05
4		112	Quentin Audo	M15-19	FRA	0:22:28	0:01:30	2:32:05	0:00:45	0:44:33	3:41:19	0:29:27
5		366	António Serrador	M15-19	PRT	0:25:00	0:02:21	2:43:53	0:01:10	0:57:15	4:09:38	0:57:46
6		340	Artur Santana	M15-19	PRT	0:30:00	0:03:11	3:04:42	0:01:37	0:55:20	4:34:49	1:22:57
7		367	Rodrigo Martins	M15-19	PRT	0:32:19	0:02:27	3:09:39	0:01:28	1:10:12	4:56:03	1:44:11
DNF		355	Tiago Filipe	M15-19	PRT	0:30:12	0:03:42				DNF	
DNF		394	Ruben Ribeiro	M15-19	PRT	0:21:46	0:01:29				DNF	

**M20-24**

#	Licença	Dorsal	Nome	Escalão	País	Natação	T1	Ciclismo	T2	Corrida	Tempo	Delta
1		115	Abraham Serrano Carrasco	M20-24	ESP	0:22:54	0:01:29	1:56:44	0:00:50	0:40:45	3:02:39	0:00:00
2		114	Luís Marques	M20-24	PRT	0:22:31	0:01:23	1:59:35	0:01:12	0:52:01	3:16:41	0:14:02
3		116	Pedro Marques	M20-24	PRT	0:27:30	0:01:42	2:28:14	0:00:52	0:52:37	3:50:53	0:48:14

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**M25-29**

#	Licença	Dorsal	Nome	Escalão	País	Natação	T1	Ciclismo	T2	Corrida	Tempo	Delta
1		122	Afonso Garcia	M25-29	PRT	0:18:53	0:01:25	1:53:21	0:01:04	0:42:45	2:57:26	0:00:00
2		117	Nuno André	M25-29	PRT	0:22:46	0:01:44	1:57:21	0:00:38	0:39:27	3:01:54	0:04:28
3		118	Hugo Baluga	M25-29	PRT	0:25:05	0:01:26	1:57:24	0:00:45	0:40:56	3:05:34	0:08:08
4		121	Rui Matias	M25-29	PRT	0:23:17	0:01:57	1:59:27	0:00:46	0:45:59	3:11:24	0:13:58
5		123	Stamatis Chrysanthopoulos	M25-29	GRC	0:32:21	0:02:51	2:49:47	0:01:19	0:51:59	4:18:15	1:20:49
6		120	Girbaud Bastiaans	M25-29	NLD	0:28:22	0:03:06	2:50:36	0:01:00	1:02:35	4:25:37	1:28:11

**M30-34**

#	Licença	Dorsal	Nome	Escalão	País	Natação	T1	Ciclismo	T2	Corrida	Tempo	Delta
1		128	Anthony Cadario	M30-34	FRA	0:23:23	0:02:41	1:57:34	0:00:54	0:40:07	3:04:37	0:00:00
2		135	João Jesus	M30-34	PRT	0:24:53	0:02:03	2:01:40	0:00:39	0:40:37	3:09:51	0:05:14
3		132	Dionísio Silva	M30-34	PRT	0:25:00	0:01:52	2:00:13	0:00:57	0:45:02	3:13:03	0:08:26
4		130	Lorenz Claeys	M30-34	BEL	0:24:21	0:01:59	2:03:49	0:01:07	0:44:10	3:15:25	0:10:48
5		131	Guillaume Gauthier	M30-34	FRA	0:32:00	0:02:42	1:56:57	0:01:07	0:47:00	3:19:43	0:15:06
6		336	João Piedade	M30-34	PRT	0:20:35	0:01:49	2:16:46	0:01:24	0:45:53	3:26:25	0:21:48
7		127	Carlos Carvalho	M30-34	PRT	0:23:48	0:02:45	2:11:48	0:00:59	0:51:14	3:30:32	0:25:55
8		353	Hugo Medeiros	M30-34	PRT	0:32:20	0:02:47	2:10:41	0:00:55	0:46:47	3:33:27	0:28:50
9		129	Luis Pascual Montojo	M30-34	ESP	0:26:50	0:02:42	2:16:01	0:01:47	0:48:48	3:36:06	0:31:29
10		125	Luis Carvalho	M30-34	PRT	0:28:33	0:02:30	2:13:47	0:01:10	0:53:57	3:39:55	0:35:18
11		126	Miguel de la Torre Garcia	M30-34	ESP	0:29:19	0:03:13	2:13:02	0:01:35	0:54:35	3:41:43	0:37:06
12		133	Avelino Santos	M30-34	PRT	0:37:51	0:02:22	2:10:51	0:00:58	0:50:35	3:42:35	0:37:58
13		124	Gustav Lindeborg	M30-34	SWE	0:26:08	0:02:10	2:38:59	0:01:40	0:45:26	3:54:20	0:49:43
14		134	Ivor Sebalj	M30-34	PRT	0:30:20	0:03:06	2:28:56	0:01:24	0:55:08	3:58:52	0:54:15
15		335	Ruben Matos	M30-34	PRT	0:23:22	0:02:25	2:56:05	0:01:14	0:50:06	4:13:11	1:08:34
16		357	Ricardo Pires	M30-34	PRT	0:34:09	0:03:42	2:55:12	0:01:16	0:58:12	4:32:29	1:27:52
17		136	Jakob Lindeborg	M30-34	SWE	0:38:14	0:03:13	3:21:01	0:02:21	1:22:54	5:27:41	2:23:04
DNF		137	Juan Reinares González	M30-34	ESP	0:26:48	0:02:42	2:57:45	0:02:34		DNF	

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**M35-39**

#	Licença	Dorsal	Nome	Escalão	País	Natação	T1	Ciclismo	T2	Corrida	Tempo	Delta
1		202	Nicolas Raybaud	M35-39	FRA	0:23:48	0:02:01	2:03:53	0:00:59	0:39:50	3:10:30	0:00:00
2		211	Ricardo Rosado	M35-39	PRT	0:22:53	0:02:17	1:59:22	0:02:07	0:47:21	3:13:58	0:03:28
3		210	Luis Ferreira	M35-39	PRT	0:26:53	0:02:23	2:00:23	0:00:49	0:44:27	3:14:53	0:04:23
4		208	Florian Labarriere	M35-39	FRA	0:24:48	0:02:09	2:01:43	0:00:57	0:46:30	3:16:05	0:05:35
5		140	Nuno Dias	M35-39	PRT	0:27:23	0:02:02	2:09:25	0:00:49	0:44:20	3:23:57	0:13:27
6		352	João Santos	M35-39	PRT	0:29:11	0:03:31	2:19:25	0:01:14	0:49:08	3:42:27	0:31:57
7		206	Pablo Marcos	M35-39	ESP	0:34:54	0:06:03	2:34:45	0:02:50	0:52:07	4:10:36	1:00:06
8		207	Lourenço Fernandes	M35-39	PRT	0:39:55	0:04:06	2:39:13	0:03:24	0:58:46	4:25:21	1:14:51
9		205	Rubén Caldas Sierra	M35-39	ESP	0:35:26	0:05:27	2:54:22	0:02:38	1:14:43	4:52:35	1:42:05
10		201	Ruben Nuñez Pampin	M35-39	ESP	0:32:11	0:04:04	3:14:20	0:02:32	1:04:27	4:57:32	1:47:02
11		203	Gonçalo Rosa	M35-39	PRT	0:26:35	0:02:57	3:16:45	0:03:09	1:12:24	5:01:48	1:51:18
DNS		138	Victor Romero	M35-39	ESP							DNS
DNS		139	Sergio Pereira	M35-39	PRT							DNS
DNS		204	Nuno Carvalho	M35-39	PRT							DNS
DNS		209	Rui Martins	M35-39	PRT							DNS

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**M40-44**

#	Licença	Dorsal	Nome	Escalão	País	Natação	T1	Ciclismo	T2	Corrida	Tempo	Delta
1		259	Daniel Becerril Gimeno	M40-44	ESP	0:22:48	0:02:06	1:55:02	0:00:46	0:43:43	3:04:23	0:00:00
2		255	Michael Trepte	M40-44	CHE	0:22:28	0:02:31	1:54:56	0:01:07	0:47:51	3:08:50	0:04:27
3		392	Rafael Gomes	M40-44	PRT	0:23:08	0:02:26	2:01:18	0:00:53	0:42:46	3:10:29	0:06:06
4		220	David Coelho	M40-44	PRT	0:29:20	0:01:58	2:00:25	0:00:51	0:41:46	3:14:18	0:09:55
5		258	Raúl Martínez Agudo	M40-44	ESP	0:24:54	0:03:01	2:02:17	0:01:12	0:46:59	3:18:21	0:13:58
6		251	Nuno Lopes	M40-44	PRT	0:22:44	0:01:49	2:04:28	0:01:23	0:51:03	3:21:26	0:17:03
7		348	Paulo Ajuda	M40-44	PRT	0:28:06	0:02:41	2:05:18	0:00:54	0:46:14	3:23:11	0:18:48
8		261	Luis Cordeiro	M40-44	PRT	0:32:16	0:03:02	2:03:35	0:01:00	0:48:23	3:28:14	0:23:51
9		217	João Pedro Santos	M40-44	PRT	0:28:56	0:02:16	2:05:59	0:01:23	0:51:30	3:30:02	0:25:39
10		256	Celso Moreira	M40-44	PRT	0:27:58	0:02:08	2:12:29	0:01:16	0:46:45	3:30:33	0:26:10
11		213	Carlos Martín Canales	M40-44	ESP	0:25:28	0:02:43	2:18:59	0:01:02	0:45:49	3:33:58	0:29:35
12		219	Eloy Rey Martínez	M40-44	ESP	0:24:05	0:03:08	2:15:05	0:01:09	0:51:03	3:34:28	0:30:05
13		253	Carlos Madrona Montosa	M40-44	ESP	0:26:21	0:02:49	2:13:53	0:01:58	0:55:25	3:40:25	0:36:02
14		212	Antonio Francisco Sanchez Provencio	M40-44	ESP	0:25:02	0:02:10	2:15:50	0:01:07	0:57:53	3:42:00	0:37:37
15		254	Tomás Gómez Fernández	M40-44	ESP	0:23:39	0:03:38	2:13:47	0:02:21	1:02:24	3:45:48	0:41:25
16		349	Sandro Rodrigues	M40-44	PRT	0:27:35	0:03:13	2:20:21	0:02:13	0:53:01	3:46:22	0:41:59
17		395	Eugenio Quijada	M40-44	ESP	0:26:39	0:02:21	2:13:43	0:01:34	1:05:37	3:49:51	0:45:28
18		341	Cesar Andrade	M40-44	PRT	0:23:57	0:02:30	2:44:18	0:01:33	0:54:20	4:06:35	1:02:12
19		257	Carlos Silva	M40-44	PRT	0:31:29	0:03:14	2:37:55	0:01:45	0:58:49	4:13:10	1:08:47
20		216	Vasco Silva	M40-44	PRT	0:38:16	0:05:29	2:47:25	0:02:54	1:13:52	4:47:54	1:43:31
21		214	Ilya Pleshchinskiy	M40-44	RUS	0:31:09	0:02:38	3:15:43	0:00:52	1:02:02	4:52:22	1:47:59
DNF		218	Miguel Isaac Martín Bermejo	M40-44	ESP	0:26:10	0:03:04				DNF	
DNF		260	Nuno André Santos	M40-44	PRT	0:36:20	0:02:26				DNF	
DNF		346	Nuno Neves	M40-44	PRT	0:22:16	0:02:20	2:08:25	0:01:51		DNF	
DNF		359	Ivan Silva	M40-44	PRT	0:23:11	0:02:14				DNF	
DNS		215	João Brito	M40-44	PRT						DNF	
DNS		252	Rui Vieira	M40-44	PRT						DNF	
DNS		262	Gabriel Carvalho	M40-44	PRT						DNF	
DNS		342	Jose Francisco Diaz Cesar	M40-44	ESP						DNF	

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**M45-49**

#	Licença	Dorsal	Nome	Escalão	País	Natação	T1	Ciclismo	T2	Corrida	Tempo	Delta
1		304	Diego Sotelo Fernandez	M45-49	ESP	0:20:11	0:01:40	1:58:40	0:00:54	0:46:12	3:07:34	0:00:00
2		265	Alexandre Cabrita	M45-49	PRT	0:23:59	0:02:09	1:58:22	0:01:08	0:44:39	3:10:14	0:02:40
3		390	Fred Dolivo	M45-49	FRA	0:25:22	0:02:34	1:59:03	0:01:25	0:45:47	3:14:10	0:06:36
4		356	Nuno Silva	M45-49	PRT	0:28:46	0:02:51	2:05:14	0:00:48	0:43:53	3:21:31	0:13:57
5		303	Rui Narigueta	M45-49	PRT	0:27:50	0:02:16	2:02:51	0:01:09	0:50:08	3:24:13	0:16:39
6		358	Rui Gomes	M45-49	PRT	0:26:31	0:03:00	2:11:14	0:01:22	0:43:49	3:25:53	0:18:19
7		270	Luke Caldwell	M45-49	AUS	0:19:16	0:01:59	2:17:27	0:01:02	0:47:49	3:27:32	0:19:58
8		306	Rui Gonçalves	M45-49	PRT	0:32:05	0:02:19	2:12:50	0:01:00	0:44:42	3:32:54	0:25:20
9		266	Miguel Anastácio	M45-49	PRT	0:29:34	0:02:41	2:08:25	0:01:10	0:52:45	3:34:33	0:26:59
10		351	Marco Sousa	M45-49	PRT	0:24:57	0:02:21	2:17:30	0:01:00	0:51:39	3:37:25	0:29:51
11		309	Mário Pires	M45-49	PRT	0:25:20	0:02:54	2:14:32	0:01:35	0:53:27	3:37:46	0:30:12
12		269	Iban Gomez Vaquero	M45-49	ESP	0:25:27	0:03:50	2:31:03	0:01:03	0:43:47	3:45:08	0:37:34
13		347	Hugo Cabral	M45-49	PRT	0:23:21	0:02:34	2:25:17	0:01:25	0:53:48	3:46:22	0:38:48
14		354	Marco Filipe	M45-49	PRT	0:32:28	0:03:16	2:20:39	0:01:27	0:51:22	3:49:09	0:41:35
15		310	Samuel Eugénio	M45-49	PRT	0:29:27	0:04:56	2:31:17	0:01:21	0:43:04	3:50:03	0:42:29
16		267	Luís Dias	M45-49	PRT	0:38:23	0:03:07	2:26:33	0:00:58	0:52:58	4:01:57	0:54:23
17		379	Luís Santos	M45-49	PRT	0:31:25	0:02:38	2:31:34	0:01:11	0:56:36	4:03:22	0:55:48
18		381	Valter Luís	M45-49	PRT	0:30:27	0:02:46	2:35:56	0:01:00	0:54:48	4:04:56	0:57:22
19		311	João Rosa	M45-49	PRT	0:26:08	0:03:18	2:44:11	0:02:18	0:57:01	4:12:54	1:05:20
20		301	Hugo Ferraz	M45-49	PRT	0:29:34	0:02:58	2:47:12	0:01:37	0:53:38	4:14:58	1:07:24
21		264	Julio Fuentesal García	M45-49	ESP	0:32:19	0:03:46	2:43:49	0:01:47	0:54:43	4:16:22	1:08:48
22		393	Ricardo Afonso	M45-49	PRT	0:37:01	0:03:41	2:27:23	0:01:13	1:10:30	4:19:47	1:12:13
23		350	Rui Silvestre	M45-49	PRT	0:32:58	0:04:28	2:38:18	0:02:24	1:08:07	4:26:13	1:18:39
24		263	Francisco José Mejias	M45-49	ESP	0:31:21	0:03:39	2:56:00	0:01:21	0:56:01	4:28:20	1:20:46
25		308	Joao Valente	M45-49	PRT	0:26:46	0:03:23	3:02:40	0:01:54	0:56:00	4:30:40	1:23:06
26		302	Aitor Salazar Villegas	M45-49	ESP	0:31:46	0:03:42	2:57:19	0:01:41	1:04:25	4:38:51	1:31:17
27		307	João Boim	M45-49	PRT	0:30:48	0:04:09	3:03:56	0:01:14	0:59:25	4:39:31	1:31:57
28		365	José Camões	M45-49	PRT	0:27:49	0:02:17	3:08:06	0:01:40	1:05:12	4:45:00	1:37:26
29		268	Nuno Faria	M45-49	PRT	0:28:30	0:03:27	3:19:25	0:02:28	1:00:23	4:54:12	1:46:38
30		362	Nuno Ribeiro	M45-49	PRT	0:34:12	0:02:23	3:13:22	0:01:58	1:04:34	4:56:27	1:48:53
31		333	Carlos Farinha	M45-49	PRT	0:30:30	0:06:02	3:12:13	0:04:06	1:08:27	5:01:16	1:53:42
32		305	Daniel Branco	M45-49	PRT	0:33:25	0:04:55	3:09:36	0:01:18	1:18:25	5:07:37	2:00:03
DSQ		391	Paulo Pereira	M45-49	PRT	0:30:24	0:03:32	2:26:15	0:01:08		DSQ	

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**M50-54**

#	Licença	Dorsal	Nome	Escalão	País	Natação	T1	Ciclismo	T2	Corrida	Tempo	Delta
1		334	Luís Cancela	M50-54	PRT	0:30:38	0:02:18	1:56:40	0:00:56	0:41:37	3:12:06	0:00:00
2		315	Rui Galinha	M50-54	PRT	0:23:52	0:01:43	2:01:14	0:00:54	0:48:06	3:15:47	0:03:41
26388889		380	Fernando Gouveia	M50-54	PRT	0:34:05	0:02:59	1:59:44	0:01:15	0:47:22	0,1426388889	0:13:18
4		337	José Peixoto	M50-54	PRT	0:28:11	0:02:34	2:11:58	0:01:06	0:42:25	3:26:12	0:14:06
5		316	António Martins	M50-54	PRT	0:32:35	0:02:49	2:04:57	0:01:08	0:45:12	3:26:38	0:14:32
6		318	Carlos Maia	M50-54	PRT	0:30:01	0:03:17	2:12:06	0:01:51	0:50:41	3:37:54	0:25:48
7		1	Jean Vie	M50-54	PRT	0:26:37	0:02:05	2:20:37	0:01:16	0:51:24	3:41:57	0:29:51
8		382	François Desaulniers	M50-54	CAN	0:28:50	0:02:57	2:17:28	0:01:42	0:56:55	3:47:49	0:35:43
9		312	Manuel Monasterio Pacheco	M50-54	ESP	0:31:10	0:02:43	2:47:21	0:02:38	1:00:34	4:24:23	1:12:17
10		317	Nuno Gomes	M50-54	PRT	0:32:33	0:04:55	2:53:34	0:01:39	0:55:19	4:27:59	1:15:53
11		344	Antonio Padilla Oliva	M50-54	ESP	0:34:39	0:04:49	2:44:51	0:03:07	1:02:36	4:30:00	1:17:54
12		369	José Amora	M50-54	PRT	0:26:16	0:05:04	3:04:21	0:03:25	1:04:57	4:44:01	1:31:55
13		319	Pedro Santos	M50-54	PRT	0:26:06	0:04:18	3:00:57	0:01:15	1:12:07	4:44:42	1:32:36
DNF		378	Fernando Igreja	M50-54	PRT							DNF
DNS		313	Paulo Costa	M50-54	PRT							DNS
DNS		314	Nathan Foster	M50-54	USA							DNS
DNS		364	Paulo Reis	M50-54	PRT							DNS

**M55-59**

#	Licença	Dorsal	Nome	Escalão	País	Natação	T1	Ciclismo	T2	Corrida	Tempo	Delta
1		324	Stephane Carron	M55-59	FRA	0:25:06	0:02:12	1:59:43	0:01:31	0:50:48	3:19:18	0:00:00
2		320	Carlos Mateos Lopez	M55-59	ESP	0:29:30	0:02:24	2:04:15	0:00:54	0:48:31	3:25:32	0:06:14
3		325	António Calafate	M55-59	PRT	0:23:25	0:02:25	2:14:48	0:01:07	0:48:10	3:29:53	0:10:35
4		326	João Miguel Nunes	M55-59	PRT	0:29:16	0:01:42	2:20:08	0:00:51	0:51:00	3:42:55	0:23:37
5		321	Mário Torrinha	M55-59	PRT	0:30:57	0:03:12	2:22:50	0:01:32	0:48:49	3:47:18	0:28:00
6		322	Renato Araujo	M55-59	PRT	0:29:26	0:02:25	2:36:44	0:01:22	0:50:30	4:00:26	0:41:08
7		370	Aristides Bordalo	M55-59	PRT	0:32:15	0:02:43	2:40:56	0:02:04	0:53:10	4:11:06	0:51:48
8		323	Ralf Vohwinkel	M55-59	DEU	0:28:44	0:02:51	2:57:32	0:03:09	1:10:59	4:43:13	1:23:55
9		327	Luis Santos	M55-59	PRT	0:32:29	0:04:28	3:00:55	0:01:34	1:06:42	4:46:07	1:26:49

**XTerra Portugal**  
**Escalões Masculinos**

**Natação: 1500 m - Ciclismo: 35700 m - Corrida: 10000 m**

Local: Golegã -| Data: 20-05-2023 -| Hora da Partida: 10:02:19

**M60-64**

#	Licença	Dorsal	Nome	Escalão	País	Natação	T1	Ciclismo	T2	Corrida	Tempo	Delta
1		368	António Horta	M60-64	PRT	0:26:24	0:03:04	2:25:35	0:01:44	0:49:11	3:45:56	0:00:00
2		332	António Moura	M60-64	PRT	0:29:47	0:02:54	2:34:25	0:01:03	0:53:00	4:01:07	0:15:11
3		328	António Ninhos	M60-64	PRT	0:26:43	0:03:34	2:41:19	0:01:58	0:58:58	4:12:31	0:26:35
4		331	José Damas	M60-64	PRT	0:34:32	0:03:13	2:33:20	0:01:20	1:16:04	4:28:27	0:42:31
5		330	David Johnstone	M60-64	ZAF	0:34:49	0:04:44	3:12:38	0:04:38	1:17:19	5:14:07	1:28:11
DNF		329	Robert Moore	M60-64	GBR	0:28:04	0:02:28					DNF

**M65-69**

#	Licença	Dorsal	Nome	Escalão	País	Natação	T1	Ciclismo	T2	Corrida	Tempo	Delta
1		338	Carlos Cabrita	M65-69	PRT	0:32:08	0:04:18	2:34:41	0:01:16	1:00:20	4:12:39	0:00:00