

**XTerra Portugal**

**Femininos**

**Natação: 1500 m - Ciclismo: 35700 m - Corrida: 10000 m**

Local: Golegã -| Data: 20-05-2023 -| Hora da Partida: 10:02:19

20230520FTP001-001

#	Licença	Dorsal	Nome	Escalão	País	Natação	T1	Ciclismo	T2	Corrida	Tempo	Delta
1		10	Beatriz Ferreira	ELITE	PRT	00:22:19	00:01:18	02:05:06	00:00:47	00:44:00	03:13:29	0:00:00
2		17	Emma Ducreux	ELITE	FRA	00:20:39	00:01:25	02:05:06	00:00:41	00:47:43	03:15:32	00:02:03
3		6	Matilde Bolzan	ELITE	ITA	00:25:32	00:01:43	02:05:34	00:00:55	00:47:28	03:21:10	00:07:41
4		7	Kerri-Ann Upham	ELITE	GBR	00:22:58	00:02:10	02:13:27	00:00:55	00:48:32	03:28:00	00:14:31
5		18	Maria Calleja	ELITE	ESP	00:21:18	00:02:03	02:14:59	00:00:57	00:52:56	03:32:11	00:18:42
6		8	Evelyne Trepte	ELITE	CHE	00:26:03	00:02:16	02:09:50	00:01:05	00:53:29	03:32:41	00:19:12
7		3	Pauline Vie	ELITE	PRT	00:25:52	00:01:45	02:21:35	00:01:12	00:52:04	03:42:27	00:28:58
8		91	Hannah-Lee Young	F25-29	AUS	00:26:03	00:02:19	02:30:40	00:01:35	00:47:11	03:47:47	00:34:18
9		19	Nicole Valentine	ELITE	USA	00:23:55	00:02:08	02:45:30	00:01:19	00:51:28	04:04:18	00:50:49
10		106	Mónica Carrascosa Garcia	F50-54	ESP	00:32:14	00:03:23	02:33:07	00:01:28	00:55:00	04:05:09	00:51:40
11		92	Manon Gregis	F30-34	FRA	00:31:39	00:02:39	02:35:02	00:01:13	00:54:56	04:05:26	00:51:57
12		95	Joana Hipólito	F35-39	PRT	00:33:07	00:02:46	02:43:41	00:01:01	00:51:25	04:11:57	00:58:28
13		372	Alberta Pereira	F45-49	PRT	00:28:39	00:02:36	02:47:54	00:00:55	00:55:50	04:15:52	01:02:23
14		104	Elena Cuevas	F45-49	ESP	00:32:06	00:03:13	02:44:14	00:01:08	00:55:44	04:16:23	01:02:54
15		108	Susana Pontes	F50-54	PRT	00:30:06	00:03:03	02:46:20	00:01:10	00:57:01	04:17:38	01:04:09
16		102	Brigitte Cardoso	F40-44	PRT	00:31:54	00:02:25	02:57:22	00:01:08	00:52:59	04:25:45	01:12:16
17		363	Malvina Gomes	F45-49	PRT	00:27:13	00:02:58	02:49:55	00:01:35	01:07:28	04:29:06	01:15:37
18		361	Ana Filipa Oliveira	F50-54	PRT	00:28:43	00:03:18	02:58:13	00:01:53	01:01:07	04:33:12	01:19:43
19		371	Beatriz Santos	F20-24	PRT	00:26:05	00:03:57	03:01:22	00:01:19	01:11:59	04:44:41	01:31:12
20		103	Joana Fragata	F45-49	PRT	00:28:58	00:03:10	03:06:35	00:01:01	01:06:51	04:46:33	01:33:04
21		93	Inês Silva	F30-34	PRT	00:29:30	00:03:29	03:02:26	00:01:42	01:10:54	04:47:59	01:34:30
22		339	Mafalda Abreu	F35-39	PRT	00:31:11	00:02:55	03:25:02	00:01:23	00:55:17	04:55:46	01:42:17
23		107	Karine Vie	F50-54	PRT	00:38:51	00:03:47	03:01:16	00:01:33	01:11:34	04:56:59	01:43:30
24		111	Ester Castelo	F40-44	PRT	00:29:14	00:03:10	03:25:36	00:01:17	01:04:10	05:03:26	01:49:57
25		101	Ana Martinho	F35-39	PRT	00:29:14	00:04:02	03:28:33	00:01:10	01:16:29	05:19:27	02:05:58
26		94	Marine Gueguen	F30-34	FRA	00:29:00	00:02:55	03:31:06	00:01:12	01:16:26	05:20:37	02:07:08
27		110	Louise Donaldson	F60-64	SGP	00:37:10	00:07:42	03:15:12	00:04:08	01:34:34	05:38:43	02:25:14
DNF		11	Saleta Castro	ELITE	ESP	00:23:26	00:02:32				DNF	
DNS		105	Randi Foster	F45-49	USA						DNS	
DNS		109	Claire Jolly Carron	F55-59	FRA						DNS	