

Local da Prova: **Peniche**

Data: **06/05/2023**

Hora da Partida: **10:36:30**

Distancias: Natação - 750

Ciclismo - 21700

Corrida - 4820

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	101017	2624	Tiago Fonseca	20-24	Clube de Natação de Torres Novas	00:08:52	00:00:50	00:30:29	00:00:45	00:14:36	00:55:32	00:00:00
2	100832	2561	Miguel Tiago Silva	25-29	Outsystems Olímpico de Oeiras	00:08:19	00:00:55	00:30:52	00:00:40	00:14:49	00:55:35	00:00:03
3	101609	2305	João Nuno Batista	JUN	Clube de Natação de Torres Novas	00:08:32	00:00:52	00:30:47	00:00:43	00:14:43	00:55:37	00:00:05
4	101318	3786	João Mansos	25-29	Sporting Clube de Portugal	00:08:48	00:00:52	00:30:27	00:00:42	00:15:07	00:55:56	00:00:24
5	100424	2824	Gonçalo Oliveira	20-24	Clube de Natação de Torres Novas	00:08:50	00:00:50	00:30:26	00:00:54	00:15:01	00:56:01	00:00:29
6	103699	2277	Gabriel Santos	JUN	Sport Lisboa e Benfica	00:08:47	00:00:53	00:30:28	00:00:41	00:15:18	00:56:07	00:00:35
7	100380	2252	Gustavo do Canto	JUN	Clube de Natação de Torres Novas	00:08:47	00:00:53	00:30:27	00:00:41	00:15:32	00:56:20	00:00:48
8	101255	2518	André Dias	25-29	Outsystems Olímpico de Oeiras	00:08:42	00:00:58	00:30:37	00:00:42	00:15:38	00:56:37	00:01:05
9	102921	1911	Rodrigo Pissarra	CAD	Alhandra Sporting Club	00:09:01	00:00:54	00:30:19	00:00:43	00:15:47	00:56:44	00:01:12
10	105758	3512	Diogo Tomé	20-24	Sport Lisboa e Benfica	00:08:51	00:00:54	00:30:30	00:00:44	00:16:02	00:57:01	00:01:29
11	100447	2253	Antonio Vaz Pedro	JUN	Outsystems Olímpico de Oeiras	00:08:43	01:00:52	23:30:35	00:00:45	00:16:10	00:57:05	00:01:33
12	100235	3803	Pedro Afonso Pinto Gaspar	25-29	Outsystems Olímpico de Oeiras	00:08:45	00:01:21	00:31:17	00:00:38	00:15:14	00:57:15	00:01:43
13	103108	2840	Hugo Figueiredo	20-24	Sporting Clube de Portugal	00:09:26	00:00:51	00:31:14	00:00:42	00:15:06	00:57:19	00:01:47
14	101594	1770	Francisco Carvalho	CAD	Clube de Natação de Torres Novas	00:08:55	00:00:53	00:30:30	00:00:42	00:16:22	00:57:22	00:01:50
15	101627	2307	Pedro Afonso Razões	JUN	Clube de Natação de Torres Novas	00:08:51	00:00:54	00:30:31	00:00:48	00:16:24	00:57:28	00:01:56
16	102382	2284	José Tadeia	JUN	Sport Lisboa e Benfica	00:08:43	00:00:52	00:30:41	00:00:46	00:16:32	00:57:34	00:02:02
17	106308	2264	João Vaz	JUN	Sporting Clube de Portugal	00:09:27	00:00:51	00:31:09	00:00:44	00:15:53	00:58:04	00:02:32
18	100775	3269	Miguel Arraiolos	35-39	Sport Lisboa e Benfica	00:09:33	00:00:51	00:31:23	00:00:44	00:15:46	00:58:17	00:02:45
19	107744	1932	David Abreu	CAD	Sporting Clube de Portugal	00:09:29	00:00:58	00:31:03	00:00:52	00:16:57	00:59:19	00:03:47
20	101538	2623	Guilherme Pires	20-24	Clube de Natação de Torres Novas	00:08:48	00:00:52	00:32:19	00:00:51	00:16:55	00:59:45	00:04:13
21	100629	2827	Afonso Nunes	20-24	Alhandra Sporting Club	00:09:02	00:00:53	00:31:58	00:00:46	00:17:21	01:00:00	00:04:28
22	103109	1909	Tomás Figueiredo	CAD	Outsystems Olímpico de Oeiras	00:09:47	00:00:57	00:33:56	00:00:43	00:15:20	01:00:43	00:05:11
23	103977	1797	Afonso Pais de Almeida	CAD	Outsystems Olímpico de Oeiras	00:08:58	00:00:54	00:32:10	00:00:57	00:17:47	01:00:46	00:05:14
24	102511	1905	Arthur Torres	CAD	Outsystems Olímpico de Oeiras	00:09:38	00:00:57	00:34:03	00:00:45	00:15:50	01:01:13	00:05:41
25	105032	1913	Afonso Ferreira	CAD	Sporting Clube de Portugal	00:09:22	00:00:59	00:34:25	00:00:47	00:16:09	01:01:42	00:06:10
26	102637	2262	Diogo Carvalhinho	JUN	Outsystems Olímpico de Oeiras	00:09:54	00:00:59	00:33:46	00:00:44	00:16:36	01:01:59	00:06:27
27	101309	2527	Filipe Marques	25-29	Sporting Clube de Portugal	00:09:24	00:01:03	00:32:25	00:01:02	00:18:10	01:02:04	00:06:32
28	104684	1927	Duarte Fernandes	CAD	Alhandra Sporting Club	00:09:36	00:00:57	00:34:01	00:00:59	00:16:38	01:02:11	00:06:39

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	100836	5264	Pedro Eloy	40-44	Outsystems Olímpico de Oeiras	00:09:46	00:00:57	00:33:53	00:00:51	00:16:51	01:02:18	00:06:46
30	102030	1957	Rodrigo Neves	CAD	Sporting Clube de Portugal	00:09:42	00:01:01	00:34:02	00:00:49	00:16:50	01:02:24	00:06:52
31	100436	3412	Rui Dolores	35-39	AMICICLO GRÂNDOLA	00:10:47	00:01:02	00:33:30	00:00:49	00:16:35	01:02:43	00:07:11
32	105458	1952	Pedro Vitorino	CAD	Alhandra Sporting Club	00:09:28	00:00:54	00:34:13	00:00:45	00:17:29	01:02:49	00:07:17
33	107266	1916	Rodrigo Nunes	CAD	Sporting Clube de Portugal	00:10:43	00:00:58	00:33:41	00:00:50	00:16:40	01:02:52	00:07:20
34	100655	2339	David Borda d'Água	JUN	Alhandra Sporting Club	00:10:34	00:01:01	00:33:38	00:00:46	00:16:57	01:02:56	00:07:24
35	102957	1719	Gonçalo Guimarães	CAD	Outsystems Olímpico de Oeiras	00:09:40	00:00:54	00:34:09	00:00:51	00:17:45	01:03:19	00:07:47
36	106979	1908	André Duarte Jorge	CAD	Outsystems Olímpico de Oeiras	00:10:08	00:00:55	00:34:17	00:00:49	00:17:25	01:03:34	00:08:02
37	107913	3089	André Picado	20-24	Alhandra Sporting Club	00:10:15	00:00:58	00:34:04	00:00:47	00:17:34	01:03:38	00:08:06
38	105629	3326	José Nunes	20-24	Alhandra Sporting Club	00:09:59	00:01:08	00:34:15	00:00:47	00:17:41	01:03:50	00:08:18
39	103638	2835	Guilherme Bonito	20-24	Outsystems Olímpico de Oeiras	00:09:35	00:00:55	00:34:19	00:00:51	00:18:13	01:03:53	00:08:21
40	106615	4135	Bruno Teles Grilo	45-49	Estoril Praia Credibom	00:10:37	00:01:03	00:33:43	00:00:55	00:17:36	01:03:54	00:08:22
41	103633	1748	Tiago Orfão	CAD	Alhandra Sporting Club	00:10:39	00:00:57	00:33:47	00:00:51	00:17:41	01:03:55	00:08:23
42	104009	3876	Mário Rocha	30-34	Clube dos Galitos	00:10:45	00:01:01	00:33:30	00:00:58	00:17:49	01:04:03	00:08:31
43	100464	3504	João Martins	20-24	SFRAA TRIATLO	00:09:51	00:01:10	00:34:23	00:00:49	00:18:02	01:04:15	00:08:43
44	103079	3824	João Rebelo	30-34	Vasco da Gama Atlético Clube de Sines	00:10:54	00:01:15	00:34:51	00:00:50	00:16:27	01:04:17	00:08:45
45	102222	3815	Ricardo Rosado	35-39	Núcleo do Sporting da Golegã	00:11:51	00:01:08	00:33:54	00:00:55	00:16:32	01:04:20	00:08:48
46	102552	3859	João Menino	20-24	Sport Lisboa e Benfica	00:09:42	00:00:46	00:34:03	00:00:46	00:19:19	01:04:36	00:09:04
47	105782	1958	Martim Guarda	CAD	Sporting Clube de Portugal	00:09:32	00:00:54	00:34:18	00:00:49	00:19:09	01:04:42	00:09:10
48	105927	3893	Gabriel Garrido	20-24	Triatlo de Faro	00:11:04	00:01:23	00:34:30	00:00:55	00:16:52	01:04:44	00:09:12
49	103775	2312	Francisco Borges	JUN	Clube de Natação de Torres Novas	00:09:39	00:00:58	00:34:01	00:00:51	00:19:25	01:04:54	00:09:22
50	101717	4637	João França	40-44	Clube dos Galitos	00:10:35	00:01:12	00:33:33	00:00:56	00:18:44	01:05:00	00:09:28
51	107474	3215	Diogo Nunes	20-24	Sporting Clube de Portugal	00:11:23	00:01:10	00:34:21	00:01:01	00:17:09	01:05:04	00:09:32
52	101619	4711	Marco Sousa	45-49	Pedrogão Triatlo	00:11:53	00:01:00	00:34:02	00:00:56	00:17:17	01:05:08	00:09:36
53	106826	2715	Ricardo Durão	35-39	Estoril Praia Credibom	00:11:49	00:01:10	00:33:53	00:00:57	00:17:23	01:05:12	00:09:40
54	109115	3770	Antu Pichuman	25-29	Vasco da Gama Atlético Clube de Sines	00:10:20	00:01:15	00:35:19	00:00:53	00:17:31	01:05:18	00:09:46
55	100598	2584	André Duarte	25-29	Clube de Natação de Torres Novas	00:11:37	00:01:06	00:34:07	00:00:53	00:17:37	01:05:20	00:09:48
56	106567	4455	Nuno Lopes	40-44	Núcleo do Sporting da Golegã	00:11:11	00:01:07	00:34:35	00:00:56	00:17:46	01:05:35	00:10:03
57	100757	4043	Bruno Pais	40-44	Estoril Praia Credibom	00:10:39	00:01:06	00:33:27	00:00:55	00:19:34	01:05:41	00:10:09
58	104381	3213	João Dias	20-24	Sporting Clube de Portugal	00:09:26	00:00:49	00:32:22	00:01:21	00:21:47	01:05:45	00:10:13
59	102075	2323	Mateus Albergaria	JUN	GDR Manique de Cima	00:10:30	00:01:01	00:34:05	00:00:50	00:19:34	01:06:00	00:10:28
60	104622	3850	Fábio Faustino	35-39	Vasco da Gama Atlético Clube de Sines	00:12:10	00:01:16	00:34:54	00:00:49	00:17:08	01:06:17	00:10:45
61	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	00:11:32	00:01:07	00:34:11	00:01:09	00:18:22	01:06:21	00:10:49

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	105460	3607	Bernardo Fernandes	35-39	G.D. Corticeiras	00:11:47	00:01:16	00:33:45	00:00:54	00:18:41	01:06:23	00:10:51
63	105440	2271	Ruben Leandro Ribeiro	JUN	Paredes Aventura	00:10:37	00:01:00	00:35:21	00:00:51	00:18:44	01:06:33	00:11:01
64	107972	3095	Nicolas Ezequiel Puliani	30-34	Vasco da Gama Atlético Clube de Sines	00:12:36	00:01:02	00:35:25	00:00:47	00:16:53	01:06:43	00:11:11
65	100462	2577	João Canas	25-29	Sporting Clube de Portugal	00:10:41	00:01:14	00:34:54	00:00:55	00:19:00	01:06:44	00:11:12
66	100208	2572	Miguel Tomé	25-29	SFRAA TRIATLO	00:10:32	00:01:33	00:35:00	00:00:55	00:18:45	01:06:45	00:11:13
67	108746	3763	João Conchinha	25-29	Vasco da Gama Atlético Clube de Sines	00:12:06	00:01:06	00:35:10	00:00:58	00:17:26	01:06:46	00:11:14
68	109290	3977	Diogo Santo	25-29	Triatlo Fundação Salesianos	00:12:12	00:02:12	00:29:53	00:01:28	00:21:11	01:06:56	00:11:24
69	107729	2987	Henrique Moreira	30-34	Clube dos Galitos	00:12:01	00:01:14	00:35:04	00:00:53	00:17:44	01:06:56	00:11:24
70	102086	5643	Tiago Cochicho	40-44	GDR Manique de Cima	00:12:25	00:01:22	00:35:11	00:00:53	00:17:14	01:07:05	00:11:33
71	108353	5793	Rui Duarte	45-49	Triatlo de Faro	00:10:36	00:01:09	00:35:29	00:00:58	00:18:54	01:07:06	00:11:34
72	103353	3230	João Jesus	30-34	AMICICLO GRÂNDOLA	00:13:03	00:01:12	00:34:42	00:00:48	00:17:23	01:07:08	00:11:36
73	101291	4704	Ricardo Lanceiro	45-49	SFRAA TRIATLO	00:13:02	00:01:15	00:34:55	00:01:01	00:16:56	01:07:09	00:11:37
74	102636	1805	Dinis Carvalhinho	CAD	Pimpões Triatlo	00:10:42	00:01:00	00:35:53	00:00:51	00:18:45	01:07:11	00:11:39
75	108078	3263	Pedro Lopes	30-34	AMICICLO GRÂNDOLA	00:14:10	00:01:14	00:33:20	00:00:51	00:17:38	01:07:13	00:11:41
76	106745	2692	Ricardo Oliveira Gaspar	30-34	FET-Fátima Escola de Triatlo	00:12:32	00:01:28	00:34:54	00:01:03	00:17:20	01:07:17	00:11:45
77	102369	2309	Diogo Costa	JUN	Outsystems Olímpico de Oeiras	00:11:20	00:01:02	00:35:19	00:00:54	00:18:54	01:07:29	00:11:57
78	106925	2736	Rui Martins	35-39	Sporting Clube de Portugal	00:12:55	00:01:01	00:35:18	00:00:53	00:17:25	01:07:32	00:12:00
79	108589	5864	Bruno Costa	40-44	Clube de Triatlo do Fundão	00:12:30	00:01:17	00:35:16	00:01:04	00:17:36	01:07:43	00:12:11
80	101008	4105	Mario Pires	45-49	SFRAA TRIATLO	00:12:21	00:01:12	00:35:15	00:00:58	00:18:13	01:07:59	00:12:27
81	102296	1930	tiago miguel casinha	CAD	CNCVG	00:11:08	00:01:13	00:36:14	00:00:52	00:18:40	01:08:07	00:12:35
82	106666	3798	Márcio Miguel	30-34	CNAL - Triatlo	00:12:13	00:01:26	00:35:07	00:00:57	00:18:25	01:08:08	00:12:36
83	101596	4632	Gonçalo Neves	50-54	Pedrógão Triatlo	00:11:06	00:01:02	00:35:22	00:01:03	00:19:38	01:08:11	00:12:39
84	105998	1795	Afonso Alemão	CAD	Mirachoro Hotels - CCP - Churrasqueira Guerre	00:13:02	00:01:25	00:34:48	00:00:55	00:18:12	01:08:22	00:12:50
85	106709	5620	Bruno Rolim	40-44	Try Portugal / V. Janes	00:13:00	00:01:18	00:34:59	00:01:09	00:18:01	01:08:27	00:12:55
86	100429	3501	Luís Marques	20-24	AMICICLO GRÂNDOLA	00:10:48	00:01:02	00:39:07	00:00:50	00:16:42	01:08:29	00:12:57
87	107973	3096	Jaime Duarte	35-39	Clube de Futebol Os Belenenses	00:11:01	00:01:24	00:34:39	00:01:04	00:20:24	01:08:32	00:13:00
88	100321	5022	Nelson Moreira	45-49	Estoril Praia Credibom	00:11:58	00:01:06	00:35:15	00:00:59	00:19:23	01:08:41	00:13:09
89	109298	3979	Afonso Silva Barreiros	25-29	Individual	00:12:23	00:01:14	00:35:09	00:01:02	00:18:56	01:08:44	00:13:12
90	100603	4017	João Pedro Fulgêncio	45-49	Individual	00:12:35	00:01:19	00:35:01	00:01:15	00:18:35	01:08:45	00:13:13
91	104041	4495	Paulo Ajuda	40-44	Triatlo de Faro	00:14:17	00:01:18	00:35:03	00:00:53	00:17:23	01:08:54	00:13:22
92	103315	3204	Cristiano Marques	35-39	Pedrógão Triatlo	00:11:41	00:01:21	00:35:23	00:01:19	00:19:12	01:08:56	00:13:24
93	101922	4611	Orlando Marques	45-49	Exército de Portugal	00:12:56	00:01:30	00:34:20	00:00:54	00:19:19	01:08:59	00:13:27
94	108160	3249	Tiago Luis	30-34	Clube de Futebol Os Belenenses	00:11:48	00:01:18	00:35:44	00:01:15	00:18:56	01:09:01	00:13:29

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	107198	4561	Rui Fonseca	45-49	SFRAA TRIATLO	00:12:29	00:01:22	00:35:37	00:01:01	00:18:33	01:09:02	00:13:30
96	108879	3558	Luis Xavier	30-34	CNAL - Triatlo	00:13:44	00:01:26	00:33:42	00:01:27	00:18:47	01:09:06	00:13:34
97	101504	3142	Diogo Felisberto	35-39	Associação Académica de São Mamede	00:12:47	00:01:36	00:36:20	00:00:50	00:17:46	01:09:19	00:13:47
98	103335	2325	David Fernandes	JUN	Clube Triatlo de Abrantes	00:11:09	00:01:13	00:36:38	00:00:54	00:19:27	01:09:21	00:13:49
99	100704	4682	Nuno Tintim	45-49	Estoril Praia Credibom	00:14:13	00:01:13	00:35:06	00:01:00	00:17:56	01:09:28	00:13:56
100	100283	2993	João Maria Inácio	25-29	Pimpões Triatlo	00:12:53	00:01:29	00:35:41	00:00:59	00:18:34	01:09:36	00:14:04
101	108284	3335	Nuno Silva	30-34	AmoraSub/Associação Naval Amorense	00:11:46	00:01:18	00:35:25	00:01:06	00:20:03	01:09:38	00:14:06
102	105322	4128	Bruno Martins	40-44	Individual	00:12:00	00:01:33	00:35:40	00:01:06	00:19:23	01:09:42	00:14:10
103	101862	4793	Paulo Silvestre	45-49	SNR Triatlo	00:13:01	00:01:24	00:34:37	00:01:02	00:19:40	01:09:44	00:14:12
104	108168	5744	Luís Rufino	40-44	Clube Desportivo em Movimento	00:12:44	00:01:48	00:36:07	00:01:00	00:18:18	01:09:57	00:14:25
105	101493	3847	José Miguel de Jesus Paiva	35-39	Clube dos Galitos	00:12:31	00:01:10	00:35:41	00:01:04	00:19:36	01:10:02	00:14:30
106	100131	4838	Rodrigo Costa	45-49	REPSOL TRIATLO	00:10:07	00:01:11	00:36:14	00:01:17	00:21:16	01:10:05	00:14:33
107	108439	5826	Bruno Pereira	45-49	AmoraSub/Associação Naval Amorense	00:12:46	00:01:16	00:35:19	00:01:03	00:19:47	01:10:11	00:14:39
108	107641	5472	Hugo Cabral	45-49	Triatlo de Faro	00:11:31	00:01:18	00:35:42	00:01:04	00:20:39	01:10:14	00:14:42
109	105434	1936	David Ferreira	CAD	Paredes Aventura	00:11:56	00:01:22	00:35:45	00:00:52	00:20:23	01:10:18	00:14:46
110	102656	4278	João Martinho	40-44	CNATRIL Triatlo	00:11:35	00:01:17	00:35:39	00:01:13	00:20:49	01:10:33	00:15:01
111	102062	4157	Eduardo Coelho	50-54	Sport União Colarense	00:13:08	00:01:12	00:36:23	00:01:18	00:18:33	01:10:34	00:15:02
112	102063	4171	Eduardo Costa	45-49	GDR Manique de Cima	00:10:18	00:01:16	00:36:09	00:01:02	00:21:51	01:10:36	00:15:04
113	100578	4703	Henrique Matias	45-49	CNATRIL Triatlo	00:12:20	00:02:07	00:36:07	00:01:31	00:18:41	01:10:46	00:15:14
114	105058	5096	Carlos Brito	65-69	Try Portugal / V. Janes	00:12:31	00:01:20	00:35:38	00:01:03	00:20:16	01:10:48	00:15:16
115	100830	4013	Miguel Fragoso	55-59	Outsystems Olímpico de Oeiras	00:11:40	00:01:52	00:35:35	00:01:24	00:20:18	01:10:49	00:15:17
116	106664	1753	Antonio Guedes	CAD	FET-Fátima Escola de Triatlo	00:11:31	00:01:45	00:35:50	00:00:52	00:20:58	01:10:56	00:15:24
117	101543	4644	Luís Gonçalves	50-54	Clube de Triatlo do Fundão	00:12:23	00:01:28	00:35:18	00:00:59	00:20:51	01:10:59	00:15:27
118	107849	5934	Caio Herculanoo	40-44	Pimpões Triatlo	00:11:34	00:01:57	00:36:08	00:01:16	00:20:07	01:11:02	00:15:30
119	107765	5889	João Santos	40-44	DAR-Recardães EXPansion	00:14:25	00:01:12	00:34:34	00:00:55	00:19:58	01:11:04	00:15:32
120	107657	5546	Alexandre Paiva Nunes	45-49	Individual	00:14:09	00:01:26	00:35:52	00:01:06	00:18:32	01:11:05	00:15:33
121	100437	4773	Rui Gonçalves	45-49	AMICICLO GRÂNDOLA	00:15:52	00:01:22	00:35:23	00:01:04	00:17:25	01:11:06	00:15:34
122	103282	4843	Pedro Fernandes	45-49	CNATRIL Triatlo	00:12:19	00:01:34	00:35:43	00:01:07	00:20:28	01:11:11	00:15:39
123	103321	4860	Renato Araújo	55-59	AmoraSub/Associação Naval Amorense	00:13:32	00:01:29	00:35:35	00:01:00	00:19:36	01:11:12	00:15:40
124	105638	4384	Gonçalo Champalimaud	40-44	Try Portugal / V. Janes	00:13:56	00:01:33	00:35:52	00:01:02	00:18:52	01:11:15	00:15:43
125	107174	4516	Joaquim Esteves	55-59	SFRAA TRIATLO	00:13:31	00:01:45	00:35:18	00:01:03	00:19:49	01:11:26	00:15:54
126	106575	4465	Rui Razões da Silva	40-44	Clube de Natação de Torres Novas	00:14:14	00:01:49	00:35:21	00:01:11	00:18:57	01:11:32	00:16:00
127	100793	4032	Carlos Gomes	60-64	Outsystems Olímpico de Oeiras	00:14:21	00:01:24	-	-	-	01:11:39	00:16:07

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	108618	3679	Miguel Barroqueiro	30-34	CNATRIL Triatlo	00:09:44	00:01:18	00:38:35	00:01:06	00:21:05	01:11:48	00:16:16
129	100612	4148	Pedro Cordeiro	55-59	Sport Algés e Dafundo	00:11:44	00:01:25	00:35:56	00:01:06	00:21:40	01:11:51	00:16:19
130	105791	5311	João Rosa	45-49	Quitério TRIPENICHE	00:12:46	00:01:23	00:35:23	00:01:04	00:21:16	01:11:52	00:16:20
131	108042	3155	João Bairrão	35-39	AmoraSub/Associação Naval Amorense	00:11:45	00:01:34	00:35:48	00:01:10	00:21:40	01:11:57	00:16:25
132	101414	4045	Paulo Cabrita Silva	55-59	Triatlo de Faro	00:14:34	00:01:17	00:35:45	00:01:16	00:19:06	01:11:58	00:16:26
133	105261	5152	Toni Seródio	50-54	DAR-Recardães EXPansion	00:14:23	00:01:26	00:35:39	00:01:03	00:19:53	01:12:24	00:16:52
134	105690	3741	Tiago Corvo	35-39	Sport União Colarense	00:12:23	00:01:38	00:39:46	00:00:55	00:17:43	01:12:25	00:16:53
135	103031	4514	Luís Silva	50-54	Clube de Triatlo de Almada	00:12:24	00:01:24	00:36:56	00:01:11	00:20:37	01:12:32	00:17:00
136	109203	2351	Tiago Castro	JUN	Triatlo Clube da Lourinhã	00:12:17	00:01:18	00:37:24	00:01:06	00:20:35	01:12:40	00:17:08
137	106381	4405	Rui Pereira	45-49	Quitério TRIPENICHE	00:14:04	00:02:15	00:35:55	00:01:32	00:19:03	01:12:49	00:17:17
138	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:12:52	00:01:28	00:38:37	00:01:02	00:19:03	01:13:02	00:17:30
139	105815	5548	António Patrício	40-44	Estoril Praia Credibom	00:14:08	00:01:37	00:35:53	00:01:06	00:20:19	01:13:03	00:17:31
140	108011	5650	Nuno Santos	45-49	CNAL - Triatlo	00:14:25	00:01:50	00:37:35	00:01:35	00:17:39	01:13:04	00:17:32
141	104024	4161	Gonçalo Gameiro	45-49	Try Portugal / V. Janes	00:13:46	00:02:14	00:35:26	00:01:10	00:20:42	01:13:18	00:17:46
142	107327	2869	André Correia de Sousa	35-39	Individual	00:10:27	00:01:53	00:34:42	00:01:39	00:24:43	01:13:24	00:17:52
143	104728	4531	Pedro Rico	45-49	Quitério TRIPENICHE	00:12:16	00:01:44	00:35:35	00:01:38	00:22:13	01:13:26	00:17:54
144	103215	4816	Samuel Eugénio	45-49	Núcleo do Sporting da Golegã	00:15:33	00:01:38	00:36:06	00:01:02	00:19:08	01:13:27	00:17:55
145	100179	5651	Gonçalo Vieira	40-44	DAR-Recardães EXPansion	00:13:48	00:01:21	00:37:32	00:00:58	00:19:49	01:13:28	00:17:56
146	108673	5895	Cristóvão dos Santos	40-44	Clube de Natação de Torres Novas	00:14:01	00:01:45	00:35:41	00:01:06	00:21:14	01:13:47	00:18:15
147	103916	3793	Rui Melo	35-39	AAC MULTISPORT TRIATLO	00:13:32	00:01:33	00:37:05	00:00:54	00:20:50	01:13:54	00:18:22
148	107618	5449	João Santos	55-59	GRCD Leião Triatlo	00:13:24	00:01:42	00:36:30	00:01:15	00:21:04	01:13:55	00:18:23
149	105484	1937	Emanuel Gonçalves	CAD	Paredes Aventura	00:13:36	00:01:09	00:36:43	00:00:55	00:21:33	01:13:56	00:18:24
150	103614	4944	João Salvado Melo	45-49	Sporting Clube de Portugal	00:10:42	00:01:30	00:39:12	00:01:37	00:20:59	01:14:00	00:18:28
151	108074	3191	João Fernandes	30-34	Associação Académica de São Mamede	00:13:16	00:01:53	00:38:45	00:01:14	00:18:53	01:14:01	00:18:29
152	104182	1807	André Talento	CAD	GDR Manique de Cima	00:11:23	00:01:04	00:41:35	00:00:53	00:19:08	01:14:03	00:18:31
153	109259	3968	Tiago Espírito Santo	35-39	Quitério TRIPENICHE	00:15:17	00:01:31	00:37:10	00:01:07	00:19:04	01:14:09	00:18:37
154	106710	5605	Pedro Filipe	45-49	Try Portugal / V. Janes	00:11:27	00:01:47	00:35:56	00:01:38	00:23:26	01:14:14	00:18:42
155	101089	4108	Paulo Renato Santos	60-64	Quitério TRIPENICHE	00:13:20	00:01:23	00:36:12	00:01:11	00:22:18	01:14:24	00:18:52
156	108820	3834	Miguel Medeiros	30-34	Paredes Aventura	00:12:25	00:01:25	00:39:31	00:01:07	00:19:59	01:14:27	00:18:55
157	105605	3446	Luis Carvalho	30-34	SFRAA TRIATLO	00:13:34	00:01:39	00:36:19	00:01:11	00:21:47	01:14:30	00:18:58
158	104267	3842	Ruben Matos	30-34	Clube Triatlo de Abrantes	00:11:43	00:01:18	00:40:01	00:01:21	00:20:08	01:14:31	00:18:59
159	102410	1953	Dimis Figueiredo	CAD	Aminata Triatlo	00:12:39	00:01:09	00:39:57	00:01:09	00:19:47	01:14:41	00:19:09
160	101396	5696	Rui Trovão	40-44	AAC MULTISPORT TRIATLO	00:14:10	00:01:29	00:35:40	00:01:08	00:22:21	01:14:48	00:19:16

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
161	105299	5167	Bruno Ornelas	45-49	REPSOL TRIATLO	00:13:26	00:01:53	00:36:13	00:01:09	00:22:08	01:14:49	00:19:17
162	109150	2520	Hugo Lopes	35-39	CCD Crédito Agrícola	00:15:06	00:01:45	00:37:00	00:01:20	00:19:40	01:14:51	00:19:19
163	108889	8060	Rodrigo Pacheco	30-34	CNATRIL Triatlo	00:12:57	00:01:39	00:38:20	00:01:25	00:20:32	01:14:53	00:19:21
164	104973	2302	Vasco Sequeira	JUN	CNCVG	00:11:54	00:01:08	00:41:50	00:00:55	00:19:16	01:15:03	00:19:31
165	106162	3181	João Clemente	35-39	LXTRIATHLON	00:11:21	00:01:40	00:40:44	00:01:22	00:19:57	01:15:04	00:19:32
166	100650	4242	César Andrade	40-44	Alhandra Sporting Club	00:12:18	00:02:43	00:37:55	00:01:27	00:20:53	01:15:16	00:19:44
167	108779	5943	Nuno Gonçalves Silva	40-44	GDR Manique de Cima	00:12:59	00:01:27	00:38:15	00:01:28	00:21:08	01:15:17	00:19:45
168	101567	4249	Luís Cipriano	50-54	AMCR Fonte Grada	00:14:39	00:01:38	00:37:46	00:00:55	00:20:22	01:15:20	00:19:48
169	104061	4241	Andre Lima Cabrita	45-49	Triatlo de Faro	00:13:47	00:01:29	00:36:13	00:01:24	00:22:37	01:15:30	00:19:58
170	101565	4120	José Magalhães Dias	50-54	AMCR Fonte Grada	00:13:11	00:01:16	00:39:01	00:01:06	00:21:08	01:15:42	00:20:10
171	107218	3145	João Abreu	20-24	Associação Académica de São Mamede	00:11:42	00:01:53	00:40:36	00:01:16	00:20:17	01:15:44	00:20:12
172	105581	8065	André Souto	CAD	Outsystems Olímpico de Oeiras	00:13:24	00:01:07	00:37:48	00:01:17	00:22:15	01:15:51	00:20:19
173	107205	2819	Bruno Filipe Paiva Ferreira	30-34	Centro Ciclista Azeitonense	00:16:59	00:01:30	00:36:53	00:00:54	00:19:37	01:15:53	00:20:21
174	104784	5021	Pedro Miguel Santos	45-49	Associação Beat Your Limit!	00:15:08	00:01:54	00:36:58	00:01:14	00:20:42	01:15:56	00:20:24
175	100352	4749	Telmo Veloso	45-49	Associação Beat Your Limit!	00:15:32	00:01:31	00:38:31	00:01:07	00:19:16	01:15:57	00:20:25
176	106315	4355	José Carlos Abrantes	50-54	Exército de Portugal	00:13:18	00:01:44	00:38:52	00:01:25	00:20:39	01:15:58	00:20:26
177	101066	4221	António Vitorino	55-59	Quitério TRIPENICHE	00:15:43	00:01:18	00:38:25	00:00:53	00:19:41	01:16:00	00:20:28
178	100330	4228	Ricardo Rodrigues	50-54	Try Portugal / V. Janes	00:15:09	00:01:44	00:36:27	00:01:07	00:21:35	01:16:02	00:20:30
179	101083	4048	Miguel Baltazar	45-49	Quitério TRIPENICHE	00:15:15	00:01:50	00:36:48	00:01:13	00:21:03	01:16:09	00:20:37
180	103956	4961	Ricardo Santos	50-54	CNAL - Triatlo	00:14:45	00:02:10	00:36:43	00:01:50	00:20:47	01:16:15	00:20:43
181	103989	4981	José Farinha	45-49	Clube Millenniumbcp	00:14:51	00:01:34	00:37:32	00:01:20	00:21:02	01:16:19	00:20:47
182	106970	5104	Luís Figueira	45-49	GRCD Leão Triatlo	00:14:09	00:01:40	00:37:51	00:01:30	00:21:17	01:16:27	00:20:55
183	103800	5715	Tiago Amaral	40-44	Paredes Aventura	00:13:24	00:01:59	00:38:22	00:01:21	00:21:26	01:16:32	00:21:00
184	101435	5011	Paulo Codinha	55-59	Triatlo Clube Tap	00:13:22	00:01:28	00:37:43	00:01:24	00:22:45	01:16:42	00:21:10
185	108422	3630	Gonçalo Dias	20-24	DAR-Recardães EXPansion	00:15:51	00:01:27	00:38:07	00:01:08	00:20:13	01:16:46	00:21:14
186	104954	5078	Patrick Ebrero	45-49	Quitério TRIPENICHE	00:14:29	00:01:59	00:37:25	00:01:19	00:21:41	01:16:53	00:21:21
187	107625	2948	Marco Cunha	35-39	AmoraSub/Associação Naval Amorense	00:15:54	00:01:34	00:39:22	00:01:00	00:19:04	01:16:54	00:21:22
188	108883	7560	Rui Pereira	45-49	AAC MULTISPORT TRIATLO	00:10:32	00:01:18	00:42:24	00:01:05	00:21:40	01:16:59	00:21:27
189	108062	5963	Pedro Sanguino	40-44	CNATRIL Triatlo	00:13:41	00:01:50	00:39:47	00:01:26	00:20:18	01:17:02	00:21:30
190	101872	4209	António Louro	50-54	CNATRIL Triatlo	00:14:54	00:01:43	00:38:59	00:01:06	00:20:21	01:17:03	00:21:31
191	101554	4024	Vítor Pereira	55-59	Clube de Triatlo do Fundão	00:15:54	00:02:04	00:37:35	00:01:12	00:20:20	01:17:05	00:21:33
192	106402	2332	Rafael Assis	JUN	Pimpões Triatlo	00:12:39	00:01:23	00:40:42	00:00:56	00:21:29	01:17:09	00:21:37
193	107643	2955	João Pedro Santos	35-39	BEST	00:15:04	00:02:26	00:38:25	00:01:24	00:19:51	01:17:10	00:21:38

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
194	108110	3228	Pedro Miguel Maurício	30-34	Clube de Triatlo do Fundão	00:14:32	00:01:18	00:38:27	00:01:00	00:21:54	01:17:11	00:21:39
195	105066	5100	Marco Filipe	45-49	BEST	00:16:30	00:02:11	00:37:54	00:01:15	00:19:22	01:17:12	00:21:40
196	104138	4322	Adolfo Vagos	50-54	Quitério TRIPENICHE	00:16:07	00:01:20	00:38:00	00:01:05	00:20:42	01:17:14	00:21:42
197	106193	4751	Miguel Simões	40-44	GRCD Leião Triatlo	00:14:27	00:01:29	00:37:35	00:01:06	00:22:39	01:17:16	00:21:44
198	103528	3463	Bernardo Braga	30-34	Associação Académica de São Mamede	00:12:00	00:02:03	00:41:49	00:01:05	00:20:22	01:17:19	00:21:47
199	109186	7511	Davide Magalhães	40-44	Exército de Portugal	00:16:09	00:02:15	00:38:16	00:01:06	00:19:48	01:17:34	00:22:02
200	109198	3889	João Gonçalo	35-39	CNAL - Triatlo	00:13:35	00:01:47	00:37:42	00:01:28	00:23:04	01:17:36	00:22:04
201	106479	5106	Jorge Dinis	55-59	AmoraSub/Associação Naval Amorense	00:13:50	00:01:56	00:38:11	00:01:10	00:22:32	01:17:39	00:22:07
202	105177	5125	Luis Abreu	50-54	Associação Académica de São Mamede	00:16:45	00:01:48	00:37:28	00:01:20	00:20:24	01:17:45	00:22:13
203	102325	4832	Hugo Ferraz	45-49	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:14:54	00:01:41	00:37:44	00:01:10	00:22:18	01:17:47	00:22:15
204	103129	4895	Paulo Goulart	55-59	Clube de Futebol Os Belenenses	00:13:06	00:01:41	00:38:54	00:01:44	00:22:23	01:17:48	00:22:16
205	104544	4172	Luís Tomé	50-54	Quitério TRIPENICHE	00:15:42	00:01:19	00:37:14	00:01:04	00:22:30	01:17:49	00:22:17
206	107893	3082	Ricardo Pires	30-34	BEST	00:16:10	00:01:52	00:38:35	00:01:05	00:20:17	01:17:59	00:22:27
207	108934	3593	João Pereira	30-34	CNAL - Triatlo	00:15:02	00:02:40	00:38:25	00:01:39	00:20:15	01:18:01	00:22:29
208	104927	4173	Pedro Queiroz	45-49	SFRAA TRIATLO	00:16:18	00:01:35	00:38:05	00:00:59	00:21:07	01:18:04	00:22:32
209	106297	1743	André Carvalho Nunes	CAD	Clube de Futebol Os Belenenses	00:12:53	00:02:06	00:40:32	00:01:00	00:21:36	01:18:07	00:22:35
210	108796	5927	Nuno Miguel Almeida Silva Correia	45-49	Pimpões Triatlo	00:16:32	00:02:04	00:37:23	00:01:19	00:20:58	01:18:16	00:22:44
211	105501	2635	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	00:15:28	00:01:10	00:39:13	00:00:56	00:21:44	01:18:31	00:22:59
212	102303	4697	Mário Pires	40-44	Clube dos Galitos	00:14:46	00:01:31	00:40:03	00:01:15	00:21:05	01:18:40	00:23:08
213	108614	8061	Pedro Almeida	CAD	LXTRIATHLON	00:12:38	00:02:04	00:41:33	00:00:53	00:21:34	01:18:42	00:23:10
214	108234	3855	Daniel Doe	30-34	Individual	00:15:44	00:01:47	00:37:53	00:01:11	00:22:08	01:18:43	00:23:11
215	106570	5621	Pedro Coutinho	40-44	Try Portugal / V. Janes	00:13:48	00:02:18	00:40:21	00:01:30	00:20:47	01:18:44	00:23:12
216	107304	4893	Rodrigo Pessoa	45-49	Associação Académica de São Mamede	00:15:17	00:01:52	00:39:50	00:01:21	00:20:25	01:18:45	00:23:13
217	107219	2821	Marco Caetano	30-34	Associação Académica de São Mamede	00:14:52	00:01:21	00:41:51	00:00:53	00:19:56	01:18:53	00:23:21
218	104979	2627	João Génio	20-24	Clube dos Galitos	00:13:48	00:01:42	00:38:22	00:01:17	00:23:51	01:19:00	00:23:28
219	102949	4820	Pedro Cardoso	45-49	Associação Académica de São Mamede	00:14:43	00:01:38	00:37:40	00:01:13	00:23:48	01:19:02	00:23:30
220	107723	1761	Rodrigo Vicente	CAD	Pedrógão Triatlo	00:13:24	00:01:04	00:41:22	00:00:54	00:22:21	01:19:05	00:23:33
221	108210	5757	Rui Silvestre	45-49	Triatlo de Faro	00:14:50	00:01:55	00:37:24	00:01:40	00:23:17	01:19:06	00:23:34
222	105549	5213	Marco Pereira	45-49	Associação Académica de São Mamede	00:16:34	00:01:36	00:38:40	00:01:06	00:21:11	01:19:07	00:23:35
223	107531	5301	Sérgio Filipe	40-44	AmoraSub/Associação Naval Amorense	00:14:06	00:02:40	00:39:12	00:01:23	00:21:55	01:19:16	00:23:44
224	101574	2304	Afonso Mourão	JUN	Pedrógão Triatlo	00:12:48	00:01:25	00:41:43	00:00:54	00:22:40	01:19:30	00:23:58
225	108739	5941	Bruno Costa	40-44	GDR Manique de Cima	00:15:48	00:01:54	00:40:12	00:01:37	00:20:03	01:19:34	00:24:02
226	108973	4492	Nuno Costa Cardoso Gomes	50-54	Clube Triatlo de Abrantes	00:16:13	00:02:47	00:37:50	00:01:26	00:21:23	01:19:39	00:24:07

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
227	108811	5929	Tiago Gomes	40-44	Associação Académica de São Mamede	00:15:46	00:02:29	00:38:30	00:01:16	00:21:39	01:19:40	00:24:08
228	109322	3983	Francisco Freire Gameiro	35-39	Individual	00:14:57	00:01:37	00:42:24	00:01:34	00:19:11	01:19:43	00:24:11
229	108497	3598	Rafael Dias	35-39	Clube dos Galitos	00:11:29	00:02:17	00:42:28	00:01:32	00:22:01	01:19:47	00:24:15
230	108866	5947	Luís Manuel Dias	45-49	Centro Ciclista Azeitonense	00:17:37	00:02:32	00:37:11	00:00:57	00:21:32	01:19:49	00:24:17
231	107844	2326	Artur Resende Santana	JUN	Clube Triatlo de Abrantes	00:15:09	00:02:53	00:41:14	00:01:08	00:19:28	01:19:52	00:24:20
232	101348	4021	Henrique Delgado	40-44	TRICAP-Penafirme	00:12:34	00:01:33	00:39:56	00:01:07	00:24:46	01:19:56	00:24:24
233	109105	8074	Mário Félix	40-44	DAR-Recardães EXPansion	00:16:40	00:02:12	00:39:43	00:01:13	00:20:21	01:20:09	00:24:37
234	108056	5682	Mario Remigio	45-49	Quitério TRIPENICHE	00:15:49	00:02:01	00:37:39	00:01:26	00:23:33	01:20:28	00:24:56
235	108339	2288	Tiago Portela	JUN	BEST	00:15:31	00:02:29	00:37:31	00:01:22	00:23:36	01:20:29	00:24:57
236	108676	5324	Pedro Botelho	50-54	AmoraSub/Associação Naval Amorense	00:12:04	00:02:14	00:40:04	00:01:19	00:24:55	01:20:36	00:25:04
237	103700	4915	João Pedro Viegas	55-59	AmoraSub/Associação Naval Amorense	00:14:40	00:02:17	00:40:25	00:01:15	00:22:00	01:20:37	00:25:05
238	101854	4456	Helder Moringa	50-54	SNR Triatlo	00:16:04	00:01:44	00:39:59	00:01:06	00:22:08	01:21:01	00:25:29
239	101522	4629	António Jorge Martinho	55-59	Clube Oriental de Lisboa	00:13:28	00:02:00	00:41:58	00:01:36	00:22:00	01:21:02	00:25:30
240	105664	5252	Bruno Ricardo	60-64	Triatlo Fundação Salesianos	00:14:37	00:02:00	00:40:46	00:01:32	00:22:10	01:21:05	00:25:33
241	108015	5656	Artur Alves	45-49	GRCD Leião Triatlo	00:15:30	00:02:18	00:40:27	00:01:39	00:21:19	01:21:13	00:25:41
242	106607	3896	João Brazao Caldeira	30-34	Triatlo de Faro	00:14:38	00:01:32	00:41:32	00:01:16	00:22:21	01:21:19	00:25:47
243	108334	5791	Pedro Figueiredo	50-54	Aminata Triatlo	00:14:01	00:01:57	00:41:17	00:01:07	00:22:58	01:21:20	00:25:48
244	106285	4030	Bruno Brito	45-49	Individual	00:15:01	00:02:31	00:41:08	00:01:55	00:20:50	01:21:25	00:25:53
245	108641	5886	Filipe Caeiro	40-44	GDR Manique de Cima	00:14:16	00:01:39	00:39:45	00:01:06	00:24:49	01:21:35	00:26:03
246	105667	5255	José Domingues	65-69	Triatlo Fundação Salesianos	00:16:05	00:02:01	00:40:39	00:01:10	00:21:41	01:21:36	00:26:04
247	100192	4217	Luis Oliveira	45-49	Pimpões Triatlo	00:13:51	00:01:34	00:39:41	00:01:18	00:25:17	01:21:41	00:26:09
248	106410	1923	Sebastião Oliveira	CAD	Pimpões Triatlo	00:12:41	00:01:20	00:41:08	00:01:15	00:25:18	01:21:42	00:26:10
249	108913	4291	Pedro Vitorino	45-49	AmoraSub/Associação Naval Amorense	00:17:15	00:01:41	00:39:48	00:01:05	00:21:54	01:21:43	00:26:11
250	103898	5261	Rui Santos	40-44	AmoraSub/Associação Naval Amorense	00:15:47	00:01:53	00:39:33	00:01:17	00:23:14	01:21:44	00:26:12
251	108740	5942	Gonçalo Gonzaga	40-44	GDR Manique de Cima	00:13:22	00:01:22	00:42:50	00:01:12	00:23:02	01:21:48	00:26:16
252	107330	4970	Israel Guarda	45-49	Sporting Clube de Portugal	00:16:16	00:02:26	00:40:43	00:01:27	00:20:58	01:21:50	00:26:18
253	106357	4339	Paulo Mateus	45-49	Individual	00:15:08	00:02:31	00:39:31	00:01:50	00:22:54	01:21:54	00:26:22
254	102995	4608	Luís Duque	55-59	GDR Manique de Cima	00:16:01	00:01:42	00:39:26	00:01:24	00:23:23	01:21:56	00:26:24
255	102933	5059	João Galhordas	50-54	Individual	00:15:13	00:03:04	00:41:05	00:01:20	00:21:27	01:22:09	00:26:37
256	104815	5272	Paulo Pinho	40-44	Clube dos Galitos	00:13:14	00:01:37	00:38:26	00:01:16	00:27:45	01:22:18	00:26:46
257	104006	5256	Duarte Almeida	55-59	Estoril Praia Credibom	00:15:15	00:01:55	00:39:38	00:01:23	00:24:11	01:22:22	00:26:50
258	107874	5610	Luís Roseiro	60-64	Estoril Praia Credibom	00:13:15	00:02:24	00:41:39	00:01:50	00:23:15	01:22:23	00:26:51
259	108419	3471	Pedro Borges	35-39	AmoraSub/Associação Naval Amorense	00:13:29	00:01:56	00:43:56	00:01:35	00:21:37	01:22:33	00:27:01



**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
260	104546	4212	Artur Parreira	60-64	Individual	00:15:19	00:01:56	00:42:23	00:01:13	00:21:44	01:22:35	00:27:03
261	104715	4220	Rui Nunes	40-44	AAC MULTISPORT TRIATLO	00:15:21	00:02:43	00:41:03	00:01:54	00:21:35	01:22:36	00:27:04
262	109329	7570	Nuno Lainho	40-44	Alhandra Sporting Club	00:12:13	00:01:55	00:40:20	00:01:48	00:26:26	01:22:42	00:27:10
263	108668	5893	Jorge Anastácio	50-54	CNAL - Triatlo	00:13:59	00:02:35	00:42:30	00:01:47	00:21:52	01:22:43	00:27:11
264	108648	5888	Hélio Garcia	45-49	Individual	00:17:03	00:02:37	00:40:13	00:01:13	00:21:39	01:22:45	00:27:13
265	101046	4016	Miguel Vieira	50-54	Associação Académica de São Mamede	00:15:25	00:02:01	00:40:27	00:01:49	00:23:06	01:22:48	00:27:16
266	108997	4564	Humberto Cunha	50-54	Outsystems Olímpico de Oeiras	00:16:33	00:01:35	00:42:17	00:01:15	00:21:20	01:23:00	00:27:28
267	104646	4528	Gabriel Alves	55-59	3B - triatlo	00:17:49	00:02:29	00:40:26	00:01:46	00:20:48	01:23:18	00:27:46
268	109221	7521	Deodato Evangelista	45-49	Bairro dos Anjos	00:17:33	00:02:05	00:40:00	00:01:20	00:22:29	01:23:27	00:27:55
269	108750	5913	Válter Luís	45-49	FET-Fátima Escola de Triatlo	00:15:18	00:02:06	00:42:03	00:01:19	00:22:52	01:23:38	00:28:06
270	105944	5355	Ton Portela	45-49	Clube dos Galitos	00:13:42	00:01:55	00:43:31	00:01:30	00:23:09	01:23:47	00:28:15
271	104219	5296	hugo reis	45-49	Estoril Praia Credibom	00:15:23	00:02:10	00:41:30	00:01:39	00:23:06	01:23:48	00:28:16
272	109204	3895	Tiago Santos	35-39	Triatlo Clube da Lourinhã	00:19:34	00:02:24	00:38:08	00:01:13	00:22:34	01:23:53	00:28:21
273	107221	4578	Miguel Martins	45-49	Clube Oriental de Lisboa	00:17:28	00:02:15	00:43:07	00:01:11	00:19:58	01:23:59	00:28:27
274	100569	4425	Bruno Silva	45-49	3B - triatlo	00:16:15	00:01:37	00:41:33	00:01:12	00:23:25	01:24:02	00:28:30
275	106257	3375	Carlos Teixeira	35-39	Exército de Portugal	00:18:11	00:01:49	00:40:56	00:01:30	00:21:42	01:24:08	00:28:36
276	104898	7569	Ricardo Fernandes	45-49	DAR-Recardães EXPansion	00:19:09	00:01:49	00:39:29	00:01:19	00:22:37	01:24:23	00:28:51
277	102082	4071	Rui de Oliveira	45-49	Sport União Colarense	00:11:39	00:01:24	00:45:37	00:01:37	00:24:18	01:24:35	00:29:03
278	104360	4750	André Leal	40-44	Clube de Natação de Torres Novas	00:18:00	00:02:13	00:40:49	00:01:25	00:22:12	01:24:39	00:29:07
279	103988	4979	Ricardo Mendes	50-54	CNCVG	00:16:04	00:01:51	00:42:42	00:01:42	00:22:22	01:24:41	00:29:09
280	109267	3971	Afonso Girão	25-29	Clube de Futebol Os Belenenses	00:12:39	00:02:16	00:49:09	00:01:20	00:19:19	01:24:43	00:29:11
281	108487	5835	António Pêgas	45-49	Triatlo de Faro	00:15:38	00:01:36	00:41:01	00:01:11	00:25:19	01:24:45	00:29:13
282	108969	8254	João Matias Garcia	40-44	Quitério TRIPENICHE	00:15:57	00:02:19	00:43:25	00:01:09	00:21:56	01:24:46	00:29:14
283	102433	4086	Miguel Rocha	50-54	Clube de Futebol Os Belenenses	00:15:27	00:01:52	00:43:22	00:01:44	00:22:35	01:25:00	00:29:28
284	103788	4623	Paulo Menezes	50-54	Sport União Colarense	00:16:51	00:03:12	00:42:55	00:01:56	00:20:13	01:25:07	00:29:35
285	108090	5708	Joel Alexandre	40-44	Clube de Futebol Os Belenenses	00:15:34	00:02:05	00:42:21	00:01:14	00:24:04	01:25:18	00:29:46
286	109087	4767	Frederico Vidal	45-49	Estoril Praia Credibom	00:13:52	00:01:50	00:44:29	00:01:24	00:23:48	01:25:23	00:29:51
287	107248	4687	Helder Rodrigues	45-49	Pedrógão Triatlo	00:16:38	00:02:27	00:41:17	00:01:27	00:23:44	01:25:33	00:30:01
288	107639	5464	Alfredo Chambel	55-59	GRCD Leião Triatlo	00:16:25	00:02:28	00:41:28	00:01:56	00:23:17	01:25:34	00:30:02
289	108535	5852	Floyd Widener	55-59	Individual	00:17:49	00:02:34	00:40:12	00:02:06	00:22:57	01:25:38	00:30:06
290	108397	5808	Daniel Madeira	40-44	Quitério TRIPENICHE	00:16:44	00:01:54	00:42:18	00:01:15	00:23:31	01:25:42	00:30:10
291	109256	7539	Ricardo Pereira	40-44	Individual	00:16:20	00:03:18	00:43:37	00:02:13	00:20:15	01:25:43	00:30:11
292	106920	2735	Artur Conde	30-34	Clube de Natação de Torres Novas	00:13:12	00:01:28	00:43:43	00:01:27	00:26:03	01:25:53	00:30:21

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
293	108912	4285	Filipe Espinha	40-44	AmoraSub/Associação Naval Amorense	00:16:06	00:02:23	00:42:58	00:01:51	00:22:49	01:26:07	00:30:35
294	107772	5578	Ricardo Moreira	45-49	Associação Beat Your Limit!	00:17:45	00:02:59	00:40:56	00:01:37	00:23:35	01:26:52	00:31:20
295	106387	4447	Paulo Gonçalves	55-59	Clube de Futebol Os Belenenses	00:17:54	00:01:58	00:43:02	00:01:36	00:22:31	01:27:01	00:31:29
296	106284	4413	Ricardo Baldaia	40-44	LXTRIATHLON	00:18:56	00:02:07	00:41:28	00:01:14	00:23:25	01:27:10	00:31:38
297	109117	4883	Raul Bonito	40-44	Triatlo Fundação Salesianos	00:18:20	00:02:27	00:42:06	00:01:22	00:22:57	01:27:12	00:31:40
298	101039	4330	José Silva	55-59	Associação Académica de São Mamede	00:16:42	00:02:09	00:42:33	00:02:45	00:23:13	01:27:22	00:31:50
299	108008	5647	Nelson Matos	45-49	CNAL - Triatlo	00:18:52	00:02:34	00:42:27	00:02:00	00:21:41	01:27:34	00:32:02
300	104537	4159	Nuno Miguel Nobre	45-49	Sport União Colarense	00:15:41	00:02:24	00:42:13	00:02:09	00:25:17	01:27:44	00:32:12
301	109206	1709	Afonso Viegas	CAD	Triatlo Clube da Lourinhã	00:13:49	00:01:44	00:47:56	00:00:50	00:23:37	01:27:56	00:32:24
302	102663	4216	Marco Leite	40-44	A.C.R.R. TRIATLO	00:19:10	00:01:50	00:41:53	00:01:24	00:23:41	01:27:58	00:32:26
303	106736	4187	Rui Silva	40-44	Individual	00:17:18	00:02:36	00:44:10	00:01:44	00:22:14	01:28:02	00:32:30
304	102939	4513	Carlos Pereira	55-59	AmoraSub/Associação Naval Amorense	00:16:43	00:01:48	00:44:33	00:01:32	00:23:40	01:28:16	00:32:44
305	108610	5871	José Damas	60-64	Clube Triatlo de Abrantes	00:17:39	00:02:21	00:41:21	00:01:17	00:26:13	01:28:51	00:33:19
306	109275	7550	Francisco Coimbra	40-44	Individual	00:16:24	00:03:42	00:42:00	00:02:03	00:24:43	01:28:52	00:33:20
307	108638	5885	Sergio Vieira	45-49	Individual	00:13:58	00:02:18	00:47:46	00:01:41	00:23:30	01:29:13	00:33:41
308	108183	5747	Pedro Alexandre Martins Silva	45-49	CNCVG	00:16:28	00:02:23	00:46:47	00:01:25	00:22:33	01:29:36	00:34:04
309	103331	4867	João Silva	50-54	DNMG	00:19:16	00:01:40	00:43:23	00:01:48	00:23:37	01:29:44	00:34:12
310	108317	5780	Nuno Pacheco	50-54	CNAL - Triatlo	00:18:33	00:02:28	00:44:27	00:02:02	00:22:20	01:29:50	00:34:18
311	108865	5946	Lino Cabral	45-49	Centro Ciclista Azeitonense	00:20:14	00:02:01	00:44:13	00:01:08	00:22:27	01:30:03	00:34:31
312	109205	7516	Daniel Santos	45-49	Triatlo Clube da Lourinhã	00:21:19	00:02:37	00:42:57	00:01:57	00:21:21	01:30:11	00:34:39
313	109201	1707	Alexandre Almeida	CAD	Triatlo Clube da Lourinhã	00:13:30	00:01:53	00:47:52	00:01:04	00:25:54	01:30:13	00:34:41
314	104914	5027	Pedro Costa Pereira	55-59	Estoril Praia Credibom	00:14:44	00:02:01	00:45:00	00:01:48	00:26:44	01:30:17	00:34:45
315	101076	4075	Jose Peixoto	65-69	Quitério TRIPENICHE	00:17:56	00:01:34	00:44:02	00:01:18	00:25:31	01:30:21	00:34:49
316	108378	5804	Renato Castanheira	45-49	Quitério TRIPENICHE	00:17:31	00:02:12	00:43:04	00:01:34	00:26:01	01:30:22	00:34:50
317	100686	4189	Carlos Serra	55-59	Clube Oriental de Lisboa	00:15:45	00:02:38	00:45:06	00:01:32	00:26:01	01:31:02	00:35:30
318	108878	5958	Pedro Pejapes	40-44	CNAL - Triatlo	00:19:32	00:02:53	00:43:29	00:02:27	00:22:47	01:31:08	00:35:36
319	105430	5412	Jorge Rosa	55-59	SFRAA TRIATLO	00:15:02	00:02:21	00:45:32	00:01:27	00:26:56	01:31:18	00:35:46
320	108058	5683	Ricardo Coelho	45-49	Clube Oriental de Lisboa	00:22:05	00:02:42	00:41:01	00:01:39	00:24:37	01:32:04	00:36:32
321	105792	5312	Jorge Joca Vieira	50-54	Individual	00:18:46	00:02:17	00:43:23	00:01:34	00:26:14	01:32:14	00:36:42
322	109166	3861	Christopher Bernardo	35-39	Clube dos Galitos	00:15:29	00:02:49	00:48:12	00:01:41	00:24:07	01:32:18	00:36:46
323	108943	4449	José Domingues Costa	40-44	Individual	00:16:01	00:03:04	00:47:59	00:01:31	00:24:07	01:32:42	00:37:10
324	104978	5120	Nuno Duarte	50-54	Individual	00:19:40	00:02:15	00:46:21	00:01:21	00:23:15	01:32:52	00:37:20
325	108010	5649	Fernando Andrade	50-54	CNAL - Triatlo	00:19:03	00:02:56	00:46:39	00:01:47	00:22:30	01:32:55	00:37:23

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
326	100109	5051	Armando Lopes	60-64	SFRAA TRIATLO	00:18:05	00:01:31	00:48:00	00:01:11	00:24:14	01:33:01	00:37:29
327	109318	7567	Luís Ribeiro	40-44	Individual	00:17:11	00:02:59	00:41:36	00:02:32	00:28:51	01:33:09	00:37:37
328	109202	1708	João Francisco	CAD	Triatlo Clube da Lourinhã	00:16:37	00:01:50	00:48:40	00:01:18	00:25:05	01:33:30	00:37:58
329	100285	4072	Renato Fidalgo	60-64	Individual	00:20:44	00:03:23	00:45:05	00:02:21	00:25:12	01:36:45	00:41:13
330	103879	3776	Sergio Maquinista	35-39	REPSOL TRIATLO	00:21:35	00:02:27	00:48:16	00:02:03	00:23:01	01:37:22	00:41:50
331	105381	5191	Ricardo Fernandes	45-49	SFRAA TRIATLO	00:17:08	00:02:21	00:52:08	00:01:58	00:23:59	01:37:34	00:42:02
332	109297	7557	Vitor Gameiro	50-54	Individual	00:16:57	00:02:39	00:45:52	00:03:07	00:29:07	01:37:42	00:42:10
333	108919	4331	Filipe Pouseiro	40-44	Pedrogão Triatlo	00:17:32	00:01:52	00:51:17	00:01:05	00:26:29	01:38:15	00:42:43
334	100624	4857	Miguel Reis	45-49	CNATRIL Triatlo	00:16:58	00:02:10	00:52:27	00:02:15	00:24:37	01:38:27	00:42:55
335	100246	4257	Pedro Gil	50-54	Quitério TRIPENICHE	00:18:48	00:02:32	00:46:05	00:02:16	00:29:41	01:39:22	00:43:50
336	106602	4393	Paulo Lopes	50-54	SFRAA TRIATLO	00:17:30	00:02:19	00:47:48	00:01:31	00:30:17	01:39:25	00:43:53
337	108678	5897	Joaquim chaves	50-54	Estoril Praia Credibom	00:15:46	00:04:45	00:49:54	00:03:52	00:29:47	01:44:04	00:48:32
338	109321	7568	Rafael Mósca	40-44	Individual	00:15:58	00:03:56	00:53:34	00:01:27	00:33:45	01:48:40	00:53:08
339	108363	5799	Luís Braz	45-49	GDR Manique de Cima	00:21:45	00:02:14	00:50:39	00:02:37	00:31:35	01:48:50	00:53:18
340	109035	4647	Pedro Pinto	45-49	Individual	00:21:40	00:03:44	00:51:07	00:02:54	00:32:21	01:51:46	00:56:14
341	109097	3753	Tiago Nicolau	35-39	GRCD Leião Triatlo	00:25:54	00:03:39	00:51:07	00:01:59	00:35:16	01:57:55	01:02:23
DSQ	106579	2463	Tiago Serrano	JUN	Sporting Clube de Portugal	00:09:48	00:00:59	00:34:03	00:00:44	-	DSQ	
DNF	103366	1766	Dinis Ferreira	CAD	Clube de Natação de Torres Novas	00:10:06	00:01:03	00:34:00	00:01:04	-	DNF	
DNF	104099	1902	Manel Bartolomeu	CAD	Clube de Natação de Torres Novas	00:08:52	-	-	00:00:51	-	DNF	
DNF	102761	1737	Hugo Rocha	CAD	CNATRIL Triatlo	00:09:31	00:01:01	00:38:34	00:01:02	-	DNF	
DNF	106683	1712	Manuel Duarte	CAD	LXTRIATHLON	00:11:50	00:01:37	-	-	-	DNF	
DNF	103261	1529	Vasco Saraiva de Melo	CAD	Outsystems Olímpico de Oeiras	00:09:41	00:01:04	-	-	-	DNF	
DNF	104060	2341	Vasco Nunes	JUN	Alhandra Sporting Club	00:09:34	00:00:55	-	-	-	DNF	
DNF	105394	3578	David Paiva	35-39	Clube de Natação de Torres Novas	00:10:22	00:01:18	-	-	-	DNF	
DNF	101621	2306	Martim Salvador	JUN	Clube de Natação de Torres Novas	00:09:34	00:01:02	-	-	-	DNF	
DNF	102339	4730	Júlio Martins	65-69	Clube de Triatlo do Fundão	00:17:26	00:02:30	-	-	-	DNF	
DNF	104870	3031	Miguel Neto Gonçalves	35-39	Clube dos Galitos	00:10:02	00:01:02	-	-	-	DNF	
DNF	108670	3980	Tristan Letellier	25-29	CNATRIL Triatlo	00:10:25	00:01:10	-	-	-	DNF	
DNF	101634	2962	Ricardo Batista	20-24	Clube de Natação de Torres Novas	00:08:39	-	-	-	-	DNF	
DNS	107279	2848	Gustavo Gaspary	30-34	Individual	-	-	-	-	-	DNS	
DNS	105999	2269	Rafael Alemão	JUN	Mirachoro Hotels - CCP - Churrasqueira Guerre	-	-	-	-	-	DNS	
DNS	103214	4815	Paulo Costa	50-54	Núcleo do Sporting da Golegã	-	-	-	-	-	DNS	
DNS	100787	2556	Afonso Garcia	25-29	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNS	108466	5828	Martin Leonardo Soto	40-44	Palmela Desporto / Tripla Rotação	-	-	-	-	-	DNS	
DNS	105795	3814	Luis Viedma	35-39	Pimpões Triatlo	-	-	-	-	-	DNS	
DNS	101562	4047	Francisco Gaspar	40-44	AMCR Fonte Grada	-	-	-	-	-	DNS	
DNS	108107	3885	Marcos Rilo	20-24	Pimpões Triatlo	-	-	-	-	-	DNS	
DNS	109181	3874	João Miranda	35-39	AMCR Fonte Grada	-	-	-	-	-	DNS	
DNS	108917	4317	Gabriel Guimarães	40-44	AmoraSub/Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	103557	4138	Luis Romão	45-49	AmoraSub/Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	103433	2292	João Nobre	JUN	SFRAA TRIATLO	-	-	-	-	-	DNS	
DNS	100479	1772	Rafael Santos	CAD	SFRAA TRIATLO	-	-	-	-	-	DNS	
DNS	105812	2350	Rui Pinheiro	JUN	Associação Académica de São Mamede	-	-	-	-	-	DNS	
DNS	100743	4035	Paulo Jorge Correia Lamego	50-54	Sport Algés e Dafundo	-	-	-	-	-	DNS	
DNS	108968	4480	Gonçalo Costa Santos	40-44	Associação Humanitária Bombeiros dos Estoris	-	-	-	-	-	DNS	
DNS	100767	3013	João José Pereira	35-39	Sport Lisboa e Benfica	-	-	-	-	-	DNS	
DNS	108874	5954	Gonçalo Jorge	45-49	Centro Ciclista Azeitonense	-	-	-	-	-	DNS	
DNS	102519	4794	Filipe Ramos	50-54	Clube de Futebol Os Belenenses	-	-	-	-	-	DNS	
DNS	101612	4431	José Sérgio	55-59	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	
DNS	101836	5588	Luis cancela	50-54	Clube Desportivo em Movimento	-	-	-	-	-	DNS	
DNS	105427	5410	Vasco Levita	50-54	Estoril Praia Credibom	-	-	-	-	-	DNS	
DNS	107383	5157	Licínio Sousa	50-54	Exército de Portugal	-	-	-	-	-	DNS	
DNS	102526	4263	Pedro Ribeiro	50-54	GDR Manique de Cima	-	-	-	-	-	DNS	