

Local da Prova: **Peniche**

Data: **06/05/2023**

Hora da Partida: **10:43:41**

Distancias: Natação - 750

Ciclismo - 21700

Corrida - 4820

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100316	2823	Maria Tomé	20-24	Clube de Natação de Torres Novas	00:09:25	00:00:54	00:34:54	00:00:46	00:16:15	01:02:14	00:00:00
2	100384	2515	Helena Paula Carvalho	25-29	Outsystems Olímpico de Oeiras	00:09:23	00:00:55	00:34:53	00:00:48	00:18:06	01:04:05	00:01:51
3	100469	2502	Madalena Almeida	25-29	Sport Lisboa e Benfica	00:10:05	00:00:50	00:35:31	00:00:49	00:17:24	01:04:39	00:02:25
4	100671	3162	Inês Rico	20-24	Alhandra Sporting Club	-	-	-	-	-	01:05:39	00:03:25
5	101274	2514	Inês Oliveira	25-29	Sporting Clube de Portugal	00:10:28	00:01:03	00:37:00	00:00:50	00:17:43	01:07:04	00:04:50
6	104085	2286	Maria Gonçalves	JUN	Sport Lisboa e Benfica	00:10:10	00:01:02	00:37:21	00:00:48	00:18:00	01:07:21	00:05:07
7	101275	2816	Joana Oliveira	20-24	Sporting Clube de Portugal	00:10:30	00:01:02	00:36:59	00:00:51	00:18:19	01:07:41	00:05:27
8	102284	1931	Ana Carapeta	CAD	Alhandra Sporting Club	00:10:07	00:01:03	00:37:27	00:00:43	00:18:28	01:07:48	00:05:34
9	102922	2266	Matilde Santos	JUN	Outsystems Olímpico de Oeiras	00:09:58	00:00:58	00:37:34	00:00:44	00:18:50	01:08:04	00:05:50
10	102291	1813	Letícia Magalhães	CAD	Sport Lisboa e Benfica	00:10:06	00:01:03	00:37:25	00:00:46	00:18:47	01:08:07	00:05:53
11	101358	2564	Ana Ramos	25-29	Clube de Natação de Torres Novas	00:10:18	00:00:59	00:37:18	00:00:51	00:19:13	01:08:39	00:06:25
12	104354	1929	Matilde Tomás	CAD	Alhandra Sporting Club	00:10:10	00:01:02	00:37:26	00:00:46	00:19:28	01:08:52	00:06:38
13	103057	1912	Inês Filipa Sousa	CAD	Alhandra Sporting Club	00:10:23	00:01:03	00:37:04	00:00:47	00:20:21	01:09:38	00:07:24
14	100957	2800	Mariana Vargem	20-24	Sport Lisboa e Benfica	00:10:27	00:01:06	00:36:53	00:00:50	00:21:33	01:10:49	00:08:35
15	100634	3475	Ana Filipa Ferreira	30-34	Alhandra Sporting Club	00:11:13	00:01:14	00:38:47	00:01:00	00:19:01	01:11:15	00:09:01
16	102370	1955	Sofia Sousa	CAD	Outsystems Olímpico de Oeiras	00:10:55	00:01:08	00:39:09	00:00:48	00:19:36	01:11:36	00:09:22
17	103703	1749	Sofia Corrêa	CAD	Alhandra Sporting Club	00:11:16	00:01:04	00:38:50	00:00:55	00:20:01	01:12:06	00:09:52
18	103649	3748	Tuxa Negri	30-34	CNATRIL Triatlo	00:11:39	00:01:17	00:38:57	00:00:52	00:19:31	01:12:16	00:10:02
19	102025	1771	Joana Alves	CAD	Sporting Clube de Portugal	00:11:10	00:00:58	00:39:11	00:00:50	00:20:12	01:12:21	00:10:07
20	101282	3768	Liliana Alexandre	30-34	Outsystems Olímpico de Oeiras	00:10:40	00:01:08	00:39:39	00:00:55	00:20:04	01:12:26	00:10:12
21	107943	1922	Inês Rilo	CAD	Pimpões Triatlo	00:10:50	00:01:01	00:39:14	00:00:58	00:20:36	01:12:39	00:10:25
22	102427	2478	Bruna Belo	JUN	ADRAP Madeira	00:10:35	00:02:04	00:38:29	00:01:22	00:20:19	01:12:49	00:10:35
23	100720	1935	Tatiana Marques	CAD	Alhandra Sporting Club	00:10:24	00:01:03	00:39:40	00:00:51	00:20:56	01:12:54	00:10:40
24	107429	4871	Bila Duarte	40-44	Triatlo de Faro	00:11:14	00:01:24	00:39:19	00:00:54	00:20:09	01:13:00	00:10:46
25	100844	1906	Sara Pereira	CAD	Outsystems Olímpico de Oeiras	00:11:33	00:01:01	00:39:20	00:01:03	00:20:05	01:13:02	00:10:48
26	100502	2338	Beatriz Boal	JUN	Alhandra Sporting Club	00:10:35	00:01:01	00:39:35	00:00:51	00:21:35	01:13:37	00:11:23
27	105313	3538	Susana Mateus	30-34	Vasco da Gama Atlético Clube de Sines	00:11:43	00:01:05	00:40:35	00:01:06	00:19:26	01:13:55	00:11:41
28	106120	2317	Margarida Passos	JUN	Mirachoro Hotels - CCP - Churrasqueira Guerre	00:11:18	00:01:16	00:39:26	00:00:52	00:21:04	01:13:56	00:11:42

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	101112	2930	Carolina Boulhosa	20-24	Clube de Triatlo do Fundão	00:11:34	00:01:01	00:38:32	00:00:54	00:22:09	01:14:10	00:11:56
30	104276	2330	Leonor Medronheira	JUN	Sport Lisboa e Benfica	00:11:49	00:01:03	00:39:07	00:00:50	00:21:26	01:14:15	00:12:01
31	108766	1763	Lily Mora	CAD	Sporting Clube de Portugal	00:11:11	00:01:00	00:39:19	00:00:56	00:21:50	01:14:16	00:12:02
32	100690	2285	Luana Quaresma	JUN	Alhandra Sporting Club	00:11:12	00:01:01	00:39:42	00:00:48	00:22:27	01:15:10	00:12:56
33	100760	2254	Catarina Moutinho	JUN	Clube de Natação de Torres Novas	00:11:46	00:01:06	00:39:00	00:00:55	00:22:34	01:15:21	00:13:07
34	100161	3291	Joana Tomé	20-24	SFRAA TRIATLO	00:10:53	00:01:33	00:41:43	00:00:58	00:21:05	01:16:12	00:13:58
35	105584	2837	Catarina Dias	20-24	Outsystems Olímpico de Oeiras	00:11:03	00:01:16	00:41:48	00:00:59	00:22:44	01:17:50	00:15:36
36	107425	2897	Luana Caleffi	20-24	Triatlo de Faro	00:13:25	00:01:23	00:41:53	00:00:58	00:21:37	01:19:16	00:17:02
37	107422	2318	Mariannela Gonçalves	JUN	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:13:35	00:01:14	00:43:24	00:01:02	00:20:12	01:19:27	00:17:13
38	105256	1718	Madalena Augusto	CAD	Mc Donald's/Tribraga	00:13:51	00:01:11	00:43:43	00:00:59	00:20:10	01:19:54	00:17:40
39	103155	2260	Maria Inês França	JUN	CNCVG	00:12:26	00:01:00	00:43:11	00:00:53	00:22:34	01:20:04	00:17:50
40	102221	1804	Raquel Vital	CAD	Clube Triatlo de Abrantes	00:12:51	00:01:00	00:42:21	00:00:57	00:23:41	01:20:50	00:18:36
41	100141	4605	Fernanda Marques Santinha	50-54	Clube Oriental de Lisboa	00:14:11	00:01:40	00:43:20	00:01:06	00:20:38	01:20:55	00:18:41
42	107347	2872	Patrícia Emídio	25-29	Triatlo de Faro	00:13:56	00:01:15	00:42:59	00:01:04	00:21:48	01:21:02	00:18:48
43	104698	1901	Cláudia Orvalho	CAD	Clube de Natação de Torres Novas	00:11:38	00:01:13	00:42:37	00:01:06	00:24:54	01:21:28	00:19:14
44	100696	8062	Maria Sousa	45-49	Clube Oriental de Lisboa	00:16:05	00:02:06	00:40:41	00:01:25	00:21:28	01:21:45	00:19:31
45	108111	3232	Marta Alexandra Costa	30-34	Clube de Triatlo do Fundão	00:14:02	00:01:32	00:42:34	00:01:15	00:22:23	01:21:46	00:19:32
46	100186	4007	Brigitte Cardoso	40-44	SFRAA TRIATLO	00:16:02	00:01:22	00:43:05	00:01:11	00:20:25	01:22:05	00:19:51
47	107805	3024	Sónia Barros	25-29	Triatlo de Faro	00:16:56	00:01:39	00:41:59	00:01:18	00:20:35	01:22:27	00:20:13
48	106531	3175	Marta Barbosa	20-24	CNCVG	00:11:55	00:01:04	00:43:26	00:01:12	00:25:01	01:22:38	00:20:24
49	104431	1767	Mariana Amaral	CAD	CNCVG	00:12:36	00:01:14	00:42:49	00:00:59	00:25:40	01:23:18	00:21:04
50	105919	1809	Beatriz Cruz	CAD	GDR Manique de Cima	00:12:41	00:01:23	00:46:11	00:00:59	00:22:32	01:23:46	00:21:32
51	105661	5250	Isabel Moreira	55-59	Triatlo Fundação Salesianos	00:13:50	00:01:27	00:43:35	00:01:03	00:24:09	01:24:04	00:21:50
52	107259	4724	Mónica Silva	50-54	Sporting Clube de Portugal	00:16:33	00:01:52	00:40:30	00:01:27	00:24:46	01:25:08	00:22:54
53	101176	2817	Margarida Lopes	20-24	GDR Manique de Cima	00:12:43	00:01:04	00:45:25	00:01:02	00:25:04	01:25:18	00:23:04
54	101698	3400	Vitória Revvtskyy	20-24	Aminata Triatlo	00:13:42	00:01:31	00:46:36	00:00:58	00:22:33	01:25:20	00:23:06
55	103026	1729	Beatriz Cardoso	CAD	Associação Académica de São Mamede	00:13:38	00:01:15	00:45:40	00:01:04	00:24:18	01:25:55	00:23:41
56	108942	3610	Catarina Feijão	30-34	SFRAA TRIATLO	00:17:46	00:01:36	00:43:20	00:01:08	00:22:26	01:26:16	00:24:02
57	103688	2303	Mariana Paulino	JUN	CNCVG	00:11:47	00:01:20	00:47:27	00:01:05	00:24:38	01:26:17	00:24:03
58	104403	4752	Susana Simões	50-54	Clube Zupper	00:16:22	00:01:59	00:45:01	00:01:15	00:21:44	01:26:21	00:24:07
59	105701	1703	Beatriz Almeida	CAD	Outsystems Olímpico de Oeiras	00:14:05	00:01:23	00:48:36	00:01:01	00:21:30	01:26:35	00:24:21
60	107039	5706	Patricia Watanabe	40-44	Associação Académica de São Mamede	00:15:56	00:01:18	00:43:02	00:01:23	00:25:50	01:27:29	00:25:15
61	101849	5849	Carla Ribeiro	40-44	SNR Triatlo	00:15:58	00:02:09	00:46:37	00:01:19	00:21:32	01:27:35	00:25:21

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	106537	1921	Mariana Rodrigues Grilo	CAD	CNCVCG	00:14:44	00:01:16	00:45:50	00:01:06	00:24:43	01:27:39	00:25:25
63	101045	4112	Maria João Lima	55-59	Associação Académica de São Mamede	00:16:01	00:02:21	00:41:53	00:01:11	00:26:17	01:27:43	00:25:29
64	106700	2678	Susana Alemão	35-39	Mirachoro Hotels - CCP - Churrasqueira Guerre	00:19:59	00:01:33	00:42:53	00:01:14	00:22:32	01:28:11	00:25:57
65	108920	3582	Maria Lobo	30-34	AAC MULTISPORT TRIATLO	00:15:58	00:02:58	00:43:18	00:03:50	00:22:45	01:28:49	00:26:35
66	102084	2324	Sofia Iglésias	JUN	GDR Manique de Cima	00:12:40	00:01:13	00:46:36	00:01:05	00:28:17	01:29:51	00:27:37
67	108068	5695	Sandra Sausen	40-44	Individual	00:16:36	00:02:31	00:46:41	00:01:44	00:23:27	01:30:59	00:28:45
68	104775	4779	Elisabete Costa	40-44	Clube Oriental de Lisboa	00:14:36	00:02:18	00:49:03	00:01:41	00:24:56	01:32:34	00:30:20
69	103186	4223	Teresa Sepúlveda	40-44	Clube Oriental de Lisboa	00:16:17	00:02:19	00:47:15	00:01:55	00:24:49	01:32:35	00:30:21
70	106309	1717	Fabiana Ferreira	CAD	Paredes Aventura	00:14:10	00:01:33	00:48:19	00:01:13	00:27:30	01:32:45	00:30:31
71	105406	1764	Inês Pereira	CAD	Associação Académica de São Mamede	00:15:58	00:01:35	00:51:00	00:00:55	00:24:56	01:34:24	00:32:10
72	107532	7506	Filipa Fernandes	40-44	AmoraSub/Associação Naval Amorense	00:17:43	00:02:16	00:48:15	00:01:43	00:24:31	01:34:28	00:32:14
73	102059	1803	Carolina Palma	CAD	GDR Manique de Cima	00:13:47	00:01:24	00:53:35	00:01:02	00:26:22	01:36:10	00:33:56
74	108023	3848	Adaia Solé Grau	30-34	Associação Académica de São Mamede	00:15:54	00:02:16	00:48:45	00:01:27	00:29:01	01:37:23	00:35:09
75	109067	3675	Agnieszka Dudek	30-34	Sporting Clube de Portugal	00:14:18	00:02:03	00:53:24	00:01:24	00:26:31	01:37:40	00:35:26
76	104072	1806	Mariana Pinto	CAD	GDR Manique de Cima	00:12:37	00:01:05	00:52:17	00:01:06	00:32:16	01:39:21	00:37:07
77	108914	4304	Cláudia Marques	40-44	AmoraSub/Associação Naval Amorense	00:19:23	00:01:57	00:49:45	00:01:30	00:27:49	01:40:24	00:38:10
78	107329	4959	Rosália Guerreiro	55-59	Sporting Clube de Portugal	00:21:06	00:02:14	00:49:02	00:01:42	00:27:12	01:41:16	00:39:02
79	108588	8066	Cláudia Silva	45-49	CNAL - Triatlo	00:25:16	00:02:35	00:50:12	00:01:07	00:25:02	01:44:12	00:41:58
80	105361	5187	Claudia Ferreira	55-59	Clube Oriental de Lisboa	00:23:12	00:03:07	00:51:52	00:01:22	00:26:20	01:45:53	00:43:39
81	109308	7564	Inês Guerra Figueiredo	40-44	CNAL - Triatlo	00:21:34	00:02:52	00:52:38	00:02:08	00:28:36	01:47:48	00:45:34
82	107163	4483	Susana Rosa	45-49	Clube de Natação de Torres Novas	00:20:07	00:03:47	01:06:59	00:01:15	00:28:08	02:00:16	00:58:02
DNF	101582	2525	Beatriz Neves	20-24	Pedrogão Triatlo	00:16:12	00:01:20	-	-	-	DNF	
DNF	103686	2151	Margarida Barão	JUN	Sporting Clube de Portugal	00:10:08	00:01:03	-	-	-	DNF	
DNF	107044	3090	Andreia Almeida	35-39	AmoraSub/Associação Naval Amorense	00:17:48	00:02:39	-	-	-	DNF	
DNF	108427	3498	Telma Teixeira	30-34	Associação Beat Your Limit!	00:16:31	00:01:50	-	-	-	DNF	
DNF	104884	1928	Sofia Santos Rocha	CAD	Sporting Clube de Portugal	-	-	-	-	-	DNF	
DNF	108924	3589	Cátia Milene	35-39	AAC MULTISPORT TRIATLO	-	-	-	-	-	DNF	
DNS	108624	3681	Filipa Rodrigues	35-39	Individual	-	-	-	-	-	DNS	
DNS	105429	4378	Eva Silva	40-44	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	100989	4110	Filipa Oliveira	50-54	SFRAA TRIATLO	-	-	-	-	-	DNS	
DNS	100701	2575	Melanie Santos	25-29	Sport Lisboa e Benfica	-	-	-	-	-	DNS	
DNS	100515	2346	Rafaela Cananó Silva	JUN	Sport Lisboa e Benfica	-	-	-	-	-	DNS	
DNS	106056	3120	Alexandra Quintaneiro	35-39	Aminata Triatlo	-	-	-	-	-	DNS	

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNS	106714	5525	Tânia Rodrigues	40-44	AmoraSub/Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	109095	4783	Chris Custodio	50-54	Associação Académica de São Mamede	-	-	-	-	-	DNS	
DNS	100360	2554	Andreia Ferrum	25-29	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	
DNS	102881	1765	Júlia Marques	CAD	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	
DNS	104550	1900	Mafalda Leirião	CAD	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	
DNS	103601	5515	Rita Barata Correia	40-44	Clube Oriental de Lisboa	-	-	-	-	-	DNS	
DNS	105387	5194	Hanna de Sousa	45-49	CNATRIL Triatlo	-	-	-	-	-	DNS	