

Local da Prova: **Oeiras**

Data: **16/04/2023**

Hora da Partida: **13:40:03**

Distancias: Natação - 750

Ciclismo - 20000

Corrida - 5000

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	103649	3748	Tuxa Negri	30-34	CNATRIL Triatlo	00:11:43	00:02:13	00:31:56	00:01:01	00:19:57	01:06:50	00:00:00
2	101282	3768	Liliana Alexandre	30-34	Outsystems Olímpico de Oeiras	00:10:31	00:02:11	00:32:21	00:00:54	00:21:13	01:07:10	00:00:20
3	101605	3560	Joana Miranda	20-24	Clube de Natação de Torres Novas	00:10:30	00:02:09	00:32:19	00:00:48	00:21:53	01:07:39	00:00:49
4	100161	3291	Joana Tomé	20-24	SFRAA TRIATLO	00:10:29	00:02:11	00:32:21	00:01:01	00:21:45	01:07:47	00:00:57
5	107429	4871	Bila Duarte	40-44	Triatlo de Faro	00:10:47	00:02:23	00:31:49	00:00:58	00:22:01	01:07:58	00:01:08
6	108089	3209	Sara Neto	30-34	SFRAA TRIATLO	00:13:04	00:02:16	00:32:50	00:00:56	00:19:41	01:08:47	00:01:57
7	106120	2317	Margarida Passos	JUN	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:11:16	00:02:43	00:32:49	00:01:00	00:22:00	01:09:48	00:02:58
8	105313	3538	Susana Mateus	30-34	Vasco da Gama Atlético Clube de Sines	00:11:07	00:02:20	00:33:24	00:01:05	00:22:17	01:10:13	00:03:23
9	104276	2330	Leonor Medronheira	JUN	Sport Lisboa e Benfica	00:11:51	00:02:12	00:32:40	00:00:53	00:22:47	01:10:23	00:03:33
10	103605	3695	Inês Raimundo	20-24	AmoraSub/Associação Naval Amorense	00:12:54	00:02:11	00:33:02	00:00:52	00:21:29	01:10:28	00:03:38
11	104455	4899	Jana Advani	45-49	Louletano	00:11:30	00:02:36	00:32:40	00:01:03	00:23:25	01:11:14	00:04:24
12	100760	2254	Catarina Moutinho	JUN	Clube de Natação de Torres Novas	00:12:06	00:02:27	00:32:02	00:01:01	00:24:04	01:11:40	00:04:50
13	105584	2837	Catarina Dias	20-24	Outsystems Olímpico de Oeiras	00:11:13	00:02:18	00:33:18	00:00:59	00:23:53	01:11:41	00:04:51
14	103601	5515	Rita Barata Correia	40-44	Clube Oriental de Lisboa	00:12:29	00:02:53	00:32:49	00:01:02	00:22:37	01:11:50	00:05:00
15	107422	2318	Mariannela Gonçalves	JUN	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:12:35	00:02:29	00:34:07	00:01:01	00:22:07	01:12:19	00:05:29
16	104474	3944	Rosa Martins	25-29	Ludens Clube de Machico	00:12:09	00:02:32	00:32:06	00:01:05	00:24:28	01:12:20	00:05:30
17	101024	3706	Carolina Silva	35-39	Individual	00:10:33	00:02:45	00:32:39	00:00:55	00:25:45	01:12:37	00:05:47
18	100633	3721	Ana Filipa Sampaio	30-34	Alhandra Sporting Club	00:11:15	00:02:25	00:33:03	00:00:58	00:25:05	01:12:46	00:05:56
19	102529	5110	Patricia Rivotti	45-49	Clube Oriental de Lisboa	00:13:17	00:03:09	00:34:16	00:01:36	00:20:34	01:12:52	00:06:02
20	100141	4605	Fernanda Marques Santinha	50-54	Clube Oriental de Lisboa	00:13:40	00:02:51	00:34:15	00:01:04	00:21:09	01:12:59	00:06:09
21	107577	2927	Filipa Vieira	35-39	Louletano	00:13:30	00:02:32	00:34:38	00:01:02	00:21:24	01:13:06	00:06:16
22	100989	4110	Filipa Oliveira	50-54	SFRAA TRIATLO	00:12:55	00:02:21	00:32:52	00:01:05	00:24:08	01:13:21	00:06:31
23	104906	3146	Ida Alcântara	35-39	Clube dos Galitos	00:13:37	00:02:37	00:34:24	00:01:42	00:21:20	01:13:40	00:06:50
24	103155	2260	Maria Inês França	JUN	CNCVG	00:12:07	00:02:08	00:33:57	00:00:53	00:24:44	01:13:49	00:06:59
25	102027	2308	Luna Neves	JUN	Sporting Clube de Portugal	00:11:08	00:02:29	00:33:04	00:00:56	00:26:16	01:13:53	00:07:03
26	107347	2872	Patrícia Emídio	25-29	Triatlo de Faro	00:13:11	00:02:29	00:34:25	00:01:00	00:23:08	01:14:13	00:07:23
27	109187	7512	Mariana Alcoforado	40-44	Individual	00:13:03	00:02:50	00:35:54	00:01:23	00:21:16	01:14:26	00:07:36
28	100696	8298	Maria Sousa	45-49	Clube Oriental de Lisboa	00:14:33	00:02:45	00:33:33	00:01:22	00:22:21	01:14:34	00:07:44

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	107425	2897	Luana Caleffi	20-24	Triatlo de Faro	00:13:08	00:02:33	00:34:27	00:00:59	00:23:36	01:14:43	00:07:53
30	106069	5486	Rubina Lara	45-49	Ludens Clube de Machico	00:12:46	00:02:59	00:35:05	00:01:12	00:22:41	01:14:43	00:07:53
31	103893	3783	Ana Martinho	35-39	SFRAA TRIATLO	00:13:02	00:02:41	00:34:21	00:01:07	00:23:50	01:15:01	00:08:11
32	101806	3667	Mafalda Viveiros Abreu	35-39	AD Galomar	00:14:42	00:02:30	00:35:33	00:00:57	00:22:05	01:15:47	00:08:57
33	105429	4378	Eva Silva	40-44	Outsystems Olímpico de Oeiras	00:13:48	00:02:47	00:34:09	00:01:28	00:24:00	01:16:12	00:09:22
34	107805	3024	Sónia Barros	25-29	Triatlo de Faro	00:15:32	00:02:45	00:35:15	00:01:27	00:21:37	01:16:36	00:09:46
35	107693	4872	Ester Castelo	40-44	Triatlo de Faro	00:13:47	00:02:51	00:34:06	00:01:12	00:24:45	01:16:41	00:09:51
36	107226	2826	Maria João Crespo Domingues	20-24	DNMG	00:12:25	00:02:50	00:36:30	00:01:05	00:24:00	01:16:50	00:10:00
37	108111	3232	Marta Alexandra Costa	30-34	Clube de Triatlo do Fundão	00:14:15	00:03:02	00:34:24	00:01:17	00:23:54	01:16:52	00:10:02
38	105661	5250	Isabel Moreira	55-59	Triatlo Fundação Salesianos	00:13:15	00:02:45	00:34:38	00:01:02	00:25:36	01:17:16	00:10:26
39	105472	5421	Carla Guerra	50-54	CNCVG	00:12:37	00:03:33	00:34:35	00:01:29	00:25:10	01:17:24	00:10:34
40	101849	5849	Carla Ribeiro	40-44	SNR Triatlo	00:14:42	00:03:17	00:35:35	00:01:18	00:22:37	01:17:29	00:10:39
41	106531	3175	Marta Barbosa	20-24	CNCVG	00:12:07	00:02:24	00:35:40	00:00:55	00:26:28	01:17:34	00:10:44
42	105392	5196	Malvina Gomes	45-49	Palmela Desporto / Tripla Rotação	00:14:10	00:02:58	00:35:43	00:01:09	00:24:04	01:18:04	00:11:14
43	102054	4155	Ana Mata	50-54	Sport União Colarense	00:14:45	00:03:11	00:35:41	00:01:18	00:23:14	01:18:09	00:11:19
44	107156	2799	Andreia Lourenço	35-39	Individual	00:15:32	00:02:56	00:35:05	00:02:10	00:22:44	01:18:27	00:11:37
45	101176	2817	Margarida Lopes	20-24	GDR Manique de Cima	00:12:46	00:02:42	00:35:21	00:01:11	00:26:41	01:18:41	00:11:51
46	101413	4934	Lénia Gamito	45-49	Louletano	00:13:43	00:02:47	00:35:15	00:01:36	00:25:35	01:18:56	00:12:06
47	108048	3167	Vera Lucas	25-29	Outsystems Olímpico de Oeiras	00:12:09	00:02:53	00:35:51	00:01:19	00:26:55	01:19:07	00:12:17
48	107551	5368	Rita Justino	40-44	Estoril Praia Credibom	00:14:32	00:03:00	00:36:05	00:01:37	00:24:03	01:19:17	00:12:27
49	101620	3674	Mariana Correia	20-24	Clube de Natação de Torres Novas	00:10:43	00:02:26	00:37:34	00:01:01	00:28:03	01:19:47	00:12:57
50	108271	3330	Lara Benito	30-34	Estoril Praia Credibom	00:15:20	00:03:15	00:37:09	00:01:31	00:22:41	01:19:56	00:13:06
51	108071	3184	Mariana Antão Ventura Monteiro	25-29	Outsystems Olímpico de Oeiras	00:13:41	00:02:58	00:35:09	00:01:41	00:26:32	01:20:01	00:13:11
52	107270	4755	Madalena Andrade	45-49	Outsystems Olímpico de Oeiras	00:14:58	00:02:59	00:35:31	00:01:18	00:25:35	01:20:21	00:13:31
53	108269	3328	Begoña Menendez	35-39	Estoril Praia Credibom	00:15:10	00:03:27	00:37:04	00:01:28	00:23:39	01:20:48	00:13:58
54	107259	4724	Mónica Silva	50-54	Sporting Clube de Portugal	00:15:45	00:03:34	00:34:42	00:01:46	00:26:03	01:21:50	00:15:00
55	102135	3227	Carolina Santos	20-24	Pimpões Triatlo	00:12:58	00:02:54	00:35:57	00:01:07	00:29:24	01:22:20	00:15:30
56	101045	4112	Maria João Lima	55-59	Associação Académica de São Mamede	00:15:14	00:02:50	00:35:19	00:01:09	00:27:53	01:22:25	00:15:35
57	105946	5357	Sofia Bastos	40-44	Sport Algés e Dafundo	00:15:36	00:03:17	00:38:31	00:01:25	00:24:37	01:23:26	00:16:36
58	102071	3129	Maria Albergaria	20-24	GDR Manique de Cima	00:12:06	00:02:57	00:36:36	00:01:18	00:30:41	01:23:38	00:16:48
59	108920	3582	Maria Lobo	30-34	AAC MULTISPORT TRIATLO	00:16:04	00:03:59	00:37:41	00:01:32	00:24:49	01:24:05	00:17:15
60	104775	4779	Elisabete Costa	40-44	Clube Oriental de Lisboa	00:14:40	00:03:22	-	-	00:27:11	01:24:24	00:17:34
61	103688	2303	Mariana Paulino	JUN	CNCVG	00:11:29	00:03:03	00:38:20	00:01:09	00:30:36	01:24:37	00:17:47

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	105836	5332	Catia Curica	45-49	Outsystems Olímpico de Oeiras	00:14:41	00:03:25	00:35:29	00:01:32	00:29:38	01:24:45	00:17:55
63	106521	2747	Andreia Tourais	35-39	Outsystems Olímpico de Oeiras	00:17:00	00:03:04	00:38:31	00:01:14	00:26:09	01:25:58	00:19:08
64	104869	2626	Sofia Cruz	20-24	SFRAA TRIATLO	00:16:09	00:03:04	00:38:13	00:01:04	00:27:44	01:26:14	00:19:24
65	107006	5211	Ana Duarte	45-49	Outsystems Olímpico de Oeiras	00:15:33	00:03:00	00:38:15	00:01:29	00:27:58	01:26:15	00:19:25
66	101156	3128	Cátia Costa	20-24	GDR Manique de Cima	00:13:56	00:03:25	00:36:20	00:01:17	00:31:28	01:26:26	00:19:36
67	107480	5240	Jocelyn McCall Ferreira	40-44	Louletano	00:15:25	00:03:02	00:39:53	00:01:44	00:26:41	01:26:45	00:19:55
68	101973	4300	Emma Yates	50-54	CCD / INTERMARCHÉ LAGOS	00:16:26	00:03:48	00:39:17	00:01:14	00:26:30	01:27:15	00:20:25
69	102084	2324	Sofia Iglésias	JUN	GDR Manique de Cima	00:12:34	00:02:47	00:38:15	00:01:10	00:32:42	01:27:28	00:20:38
70	109067	3675	Agnieszka Dudek	30-34	Sporting Clube de Portugal	00:14:07	00:03:10	00:37:46	00:01:30	00:31:06	01:27:39	00:20:49
71	107532	7506	Filipa Fernandes	40-44	Individual	00:16:34	00:03:32	00:39:50	00:01:55	00:26:08	01:27:59	00:21:09
72	108068	5695	Sandra Sausen	40-44	Individual	00:16:55	00:03:40	00:40:13	00:02:00	00:25:28	01:28:16	00:21:26
73	105361	5187	Claudia Ferreira	55-59	Clube Oriental de Lisboa	00:17:41	00:03:28	00:39:47	00:01:21	00:26:14	01:28:31	00:21:41
74	101006	4452	Madalena Caninas	60-64	Clube Oriental de Lisboa	00:15:38	00:03:08	00:41:35	00:01:40	00:28:30	01:30:31	00:23:41
75	101185	2818	Raquel Dias	20-24	GDR Manique de Cima	00:14:04	00:03:09	00:43:52	00:01:05	00:31:15	01:33:25	00:26:35
76	108142	5727	Tahamara Dias	45-49	Clube Oriental de Lisboa	00:16:27	00:03:49	00:43:39	00:01:34	00:28:24	01:33:53	00:27:03
77	107538	2924	Sofia Ramalho	25-29	Clube Millenniumbcp	00:17:15	00:02:47	00:42:12	00:01:48	00:30:22	01:34:24	00:27:34
78	105626	5223	Samantha Jane Miller	50-54	Louletano	00:18:15	00:04:35	00:40:37	00:01:59	00:29:06	01:34:32	00:27:42
79	105585	5220	Fernanda Moura	60-64	Outsystems Olímpico de Oeiras	00:20:13	00:04:05	00:41:54	00:01:33	00:29:34	01:37:19	00:30:29
80	104984	5085	Maria Rainha	55-59	Sport União Colarense	00:16:20	00:04:08	00:42:18	00:02:07	00:32:36	01:37:29	00:30:39
81	108705	5899	Elsa Mação	45-49	AmoraSub/Associação Naval Amorense	00:22:58	00:03:43	00:43:24	00:01:33	00:26:11	01:37:49	00:30:59
82	102322	4720	Claudia Pernencar	45-49	Estoril Praia Credibom	00:15:27	00:03:36	00:44:28	00:01:41	00:32:55	01:38:07	00:31:17
83	107329	4959	Rosália Guerreiro	55-59	Sporting Clube de Portugal	00:18:38	00:04:17	00:40:58	00:02:28	00:32:09	01:38:30	00:31:40
84	101582	2525	Beatriz Neves	20-24	Pedrogão Triatlo	00:14:31	00:03:10	00:42:30	00:01:29	00:38:11	01:39:51	00:33:01
85	107654	5543	Paula Leitao	45-49	Clube de Natação da Amadora	00:15:18	00:03:38	00:50:03	00:02:03	00:29:10	01:40:12	00:33:22
86	109091	3749	Larissa Domingues	30-34	Individual	00:16:19	00:04:26	00:48:34	00:02:35	00:30:08	01:42:02	00:35:12
87	100472	2274	Mariana Silva	JUN	SFRAA TRIATLO	00:14:33	00:03:09	00:48:01	00:00:58	00:40:39	01:47:20	00:40:30
88	109241	7532	Karen Levy	55-59	Individual	00:16:58	00:05:11	00:50:19	00:02:33	00:39:12	01:54:13	00:47:23
89	105625	5222	Suzi Steinhofel	65-69	Louletano	00:19:53	00:06:12	00:48:16	00:02:00	00:39:56	01:56:17	00:49:27
90	107044	3090	Andreia Almeida	35-39	AmoraSub/Associação Naval Amorense	00:18:00	00:04:48	00:53:14	00:02:32	00:39:58	01:58:32	00:51:42