

Local da Prova: **Quarteira**

Data: **26/03/23**

Hora da Partida: **09:34:18**

Distancias: Natação - 750m

Ciclismo - 20.000m

Corrida - 5.000m

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
1		8258	Nathan Lessman	25-29	Não Federado	00:09:15	00:32:50	00:15:20	00:57:25	00:00:00
2	100424	2824	Gonçalo Oliveira	20-24	Clube de Natação de Torres Novas	00:09:30	-	-	00:57:55	00:00:30
3	109230	3952	Alejandro Cañas	30-34	Estoril Praia Credibom	00:10:09	00:31:53	00:16:04	00:58:06	00:00:41
4	105033	1914	José Ferreira	CAD	Sporting Clube de Portugal	00:10:00	00:31:52	00:16:22	00:58:14	00:00:49
5	100629	2827	Afonso Nunes	20-24	Alhandra Sporting Club	00:10:04	00:31:50	00:16:47	00:58:41	00:01:16
6	105758	3512	Diogo Tomé	20-24	Sport Lisboa e Benfica	00:09:31	00:32:22	00:16:50	00:58:43	00:01:18
7	100775	3269	Miguel Arraiolos	35-39	Sport Lisboa e Benfica	00:10:29	00:32:45	00:15:44	00:58:58	00:01:33
8	107028	2774	Alberto Casillas	30-34	Estoril Praia Credibom	00:10:11	00:31:43	00:17:07	00:59:01	00:01:36
9	100447	2253	Antonio Vaz Pedro	JUN	Outsystems Olímpico de Oeiras	00:09:17	-	-	00:59:32	00:02:07
10	105354	2278	Pedro Carvalho	JUN	Sport Lisboa e Benfica	00:10:05	00:33:09	00:16:45	00:59:59	00:02:34
11	101627	2307	Pedro Afonso Razões	JUN	Clube de Natação de Torres Novas	00:09:25	-	-	01:00:12	00:02:47
12	105032	1913	Afonso Ferreira	CAD	Sporting Clube de Portugal	00:10:26	00:32:57	00:17:07	01:00:30	00:03:05
13	101081	8259	Márcio das Neves	40-44	Quitério TRIPENICHE	00:10:40	00:32:36	00:17:17	01:00:33	00:03:08
14	101594	1770	Francisco Carvalho	CAD	Clube de Natação de Torres Novas	00:09:55	00:32:05	00:18:42	01:00:42	00:03:17
15	102382	2284	José Tadeia	JUN	Sport Lisboa e Benfica	00:09:18	-	-	01:01:04	00:03:39
16	0	8424	Victoriano Raso Moreno	35-39	Não Federado	00:10:26	00:32:48	00:17:52	01:01:06	00:03:41
17	106579	2463	Tiago Serrano	JUN	Sporting Clube de Portugal	00:10:28	00:32:58	00:17:41	01:01:07	00:03:42
18	100836	5264	Pedro Eloy	40-44	Outsystems Olímpico de Oeiras	00:10:35	00:32:51	00:17:45	01:01:11	00:03:46
19	103109	1909	Tomás Figueiredo	CAD	Outsystems Olímpico de Oeiras	00:10:27	00:32:51	00:17:57	01:01:15	00:03:50
20	103366	1766	Dinis Ferreira	CAD	Clube de Natação de Torres Novas	00:11:10	-	-	01:01:22	00:03:57
21	108107	3885	Marcos Rilo	20-24	Pimpões Triatlo	00:10:35	00:32:41	00:18:22	01:01:38	00:04:13
22	105458	1952	Pedro Vitorino	CAD	Alhandra Sporting Club	00:10:22	00:34:10	00:17:28	01:02:00	00:04:35
23		2619	Antonio Barata	20-24	Sport Lisboa e Benfica	-	-	-	01:02:02	00:04:37
24	101538	2623	Guilherme Pires	20-24	Clube de Natação de Torres Novas	00:09:27	00:33:31	00:19:07	01:02:05	00:04:40
25	101010	3704	Nuno Rodrigues	35-39	CNCVG	00:11:19	00:33:09	00:17:40	01:02:08	00:04:43
26	101309	2527	Filipe Marques	25-29	Sporting Clube de Portugal	00:10:12	00:33:15	00:18:49	01:02:16	00:04:51
27	102512	2310	Vasco Silva	JUN	Outsystems Olímpico de Oeiras	00:10:31	00:33:59	00:17:57	01:02:27	00:05:02
28	102718	3115	Rafael Batista	35-39	Louletano	00:11:12	00:33:21	00:17:55	01:02:28	00:05:03

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
29	108108	3522	Salomão Savelenko	20-24	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:11:13	00:33:09	00:18:30	01:02:52	00:05:27
30	109129	8308	Diego Melgar	20-24	Clube de Natação de Torres Novas	00:10:34	00:34:29	00:17:51	01:02:54	00:05:29
31	0	8371	Javier Lago Benito	JUN	Não Federado	00:11:17	00:33:16	00:18:28	01:03:01	00:05:36
32	104060	2341	Vasco Nunes	JUN	Alhandra Sporting Club	00:10:27	00:32:57	00:19:42	01:03:06	00:05:41
33	100462	2577	João Canas	25-29	Sporting Clube de Portugal	00:11:06	00:33:33	00:18:35	01:03:14	00:05:49
34	104735	3379	Bruno Santos	30-34	CNCVG	00:12:30	00:34:02	00:16:46	01:03:18	00:05:53
35	102637	2262	Diogo Carvalhinho	JUN	Outsystems Olímpico de Oeiras	00:11:06	00:33:24	00:18:59	01:03:29	00:06:04
36	102957	1719	Gonçalo Guimaraes	CAD	Outsystems Olímpico de Oeiras	00:10:39	00:34:16	00:18:35	01:03:30	00:06:05
37	100834	2648	Nuno André	25-29	Outsystems Olímpico de Oeiras	00:12:27	00:34:05	00:17:07	01:03:39	00:06:14
38	100658	2334	Dinis Barrocas	JUN	Alhandra Sporting Club	00:10:31	00:33:05	00:20:06	01:03:42	00:06:17
39	103079	3824	João Rebelo	30-34	Vasco da Gama Atlético Clube de Sines	00:11:49	00:34:31	00:17:23	01:03:43	00:06:18
40	100436	3412	Rui Dolores	35-39	AMICICLO GRÂNDOLA	00:11:34	00:34:29	00:17:41	01:03:44	00:06:19
41	100757	4043	Bruno Pais	40-44	Estoril Praia Credibom	00:11:13	00:33:48	00:18:53	01:03:54	00:06:29
42	0	8233	Alejandro Fernandez Gonzalez	25-29	Não Federado	00:11:12	-	-	01:03:58	00:06:33
43	107266	1916	Rodrigo Nunes	CAD	Sporting Clube de Portugal	00:11:27	-	-	01:04:12	00:06:47
44	101095	4524	VALDO DAS NEVES	45-49	Quitério TRIPENICHE	00:12:09	00:34:25	00:17:44	01:04:18	00:06:53
45	100425	2523	Hugo Baluga	25-29	AMICICLO GRÂNDOLA	00:12:56	00:33:27	00:18:06	01:04:29	00:07:04
46	107474	3215	Diogo Nunes	20-24	Sporting Clube de Portugal	00:12:22	00:34:06	00:18:05	01:04:33	00:07:08
47	102653	5242	Nuno Neves	40-44	Louletano	00:11:36	00:34:35	00:18:23	01:04:34	00:07:09
48	105629	3326	José Nunes	20-24	Alhandra Sporting Club	00:10:34	00:34:05	00:19:56	01:04:35	00:07:10
49	109115	3770	Antu Pichuman	25-29	Vasco da Gama Atlético Clube de Sines	00:11:06	00:35:22	00:18:15	01:04:43	00:07:18
50	103638	2835	Guilherme Bonito	20-24	Outsystems Olímpico de Oeiras	00:10:26	00:34:21	00:20:00	01:04:47	00:07:22
51	100655	2339	David Borda d'Água	JUN	Alhandra Sporting Club	00:11:22	00:33:32	00:19:57	01:04:51	00:07:26
52	102030	1957	Rodrigo Neves	CAD	Sporting Clube de Portugal	00:10:10	00:34:30	00:20:19	01:04:59	00:07:34
53	107652	2960	André Carmina	30-34	Sport União Colarense	00:11:30	00:34:52	00:18:41	01:05:03	00:07:38
54	101621	2306	Martim Salvador	JUN	Clube de Natação de Torres Novas	00:10:27	00:34:13	00:20:25	01:05:05	00:07:40
55	102222	3815	Ricardo Rosado	35-39	Núcleo do Sporting da Golegã	00:12:33	-	-	01:05:05	00:07:40
56	104622	3850	Fábio Faustino	35-39	Vasco da Gama Atlético Clube de Sines	00:12:43	00:34:03	00:18:22	01:05:08	00:07:43
57	100479	1772	Rafael Santos	CAD	SFRAA TRIATLO	00:12:20	00:34:15	00:18:35	01:05:10	00:07:45
58	105927	3893	Gabriel Garrido	20-24	Triatlo de Faro	-	-	-	01:05:11	00:07:46
59	108884	5961	Sergei Sorokin	40-44	Louletano	00:12:48	00:34:41	00:17:45	01:05:14	00:07:49
60	106826	2715	Ricardo Durão	35-39	Estoril Praia Credibom	00:12:47	00:33:54	00:18:47	01:05:28	00:08:03
61	107913	3089	André Picado	20-24	Alhandra Sporting Club	00:11:23	00:34:58	00:19:13	01:05:34	00:08:09

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
62	107903	3083	Pedro Neves	20-24	Sporting Clube de Portugal	00:12:51	00:34:23	00:18:30	01:05:44	00:08:19
63	100825	5613	Marco Costa	40-44	Outsystems Olímpico de Oeiras	00:12:47	00:34:29	00:18:29	01:05:45	00:08:20
64	104037	4818	Pedro Aguiar Mendonça	45-49	SFRAA TRIATLO	00:11:46	00:34:47	00:19:23	01:05:56	00:08:31
65	102296	1930	tiago miguel casinha	CAD	CNCVG	00:12:00	00:34:38	00:19:24	01:06:02	00:08:37
66	100820	2620	José Felício	25-29	Outsystems Olímpico de Oeiras	00:10:09	00:34:45	00:21:09	01:06:03	00:08:38
67	105311	5058	Bernardo Cadeiras	40-44	Louletano	00:13:19	00:34:04	00:18:42	01:06:05	00:08:40
68	106328	1925	Afonso Fazendeiro	CAD	Sport Lisboa e Benfica	00:10:29	00:34:20	00:21:18	01:06:07	00:08:42
69	103128	4222	David Coelho	40-44	SFRAA TRIATLO	00:14:59	00:33:53	00:17:17	01:06:09	00:08:44
70	103633	1748	Tiago Orfão	CAD	Alhandra Sporting Club	00:11:21	00:34:41	00:20:13	01:06:15	00:08:50
71	101071	4001	David Caldeirão	50-54	Louletano	00:11:45	00:34:45	00:19:55	01:06:25	00:09:00
72	107832	1735	Daniel Roque	CAD	Lusitano Frusool	00:11:20	-	-	01:06:43	00:09:18
73	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	00:12:46	00:33:58	00:19:59	01:06:43	00:09:18
74	105782	1958	Martim Guarda	CAD	Sporting Clube de Portugal	00:10:30	00:35:50	00:20:24	01:06:44	00:09:19
75	105315	5170	Hugo Gaudêncio	45-49	REPSOL TRIATLO	00:12:37	00:34:10	00:19:58	01:06:45	00:09:20
76	105312	5169	Alex Cabrita	45-49	Louletano	00:13:06	00:34:09	00:19:31	01:06:46	00:09:21
77	103803	1817	Afonso Ferreira	CAD	Sport Lisboa e Benfica	00:11:20	00:35:23	00:20:09	01:06:52	00:09:27
78	104541	3657	David Preciado	25-29	SFRAA TRIATLO	00:13:45	00:34:51	00:18:18	01:06:54	00:09:29
79	104185	1954	Francisco Magro	CAD	Aminata Triatlo	00:12:00	00:35:13	00:19:47	01:07:00	00:09:35
80	101811	5285	António Calafate	55-59	Núcleo do Sporting da Golegã	00:12:29	00:34:34	00:20:07	01:07:10	00:09:45
81	104041	4495	Paulo Ajuda	40-44	Triatlo de Faro	00:14:38	00:34:21	00:18:15	01:07:14	00:09:49
82	106567	8262	Nuno Lopes	40-44	Núcleo do Sporting da Golegã	00:12:51	00:34:36	00:19:56	01:07:23	00:09:58
83	101619	4711	Marco Sousa	45-49	Pedrógão Triatlo	00:13:21	00:35:30	00:18:33	01:07:24	00:09:59
84	107972	3095	Nicolas Ezequiel Puliani	30-34	Vasco da Gama Atlético Clube de Sines	00:13:34	00:35:33	00:18:20	01:07:27	00:10:02
85	101291	4704	Ricardo Lanceiro	45-49	SFRAA TRIATLO	00:13:38	00:35:43	00:18:11	01:07:32	00:10:07
86	108746	3763	João Conchinha	25-29	Vasco da Gama Atlético Clube de Sines	00:13:21	00:35:55	00:18:17	01:07:33	00:10:08
87	103433	2292	João Nobre	JUN	SFRAA TRIATLO	00:12:00	00:34:15	00:21:21	01:07:36	00:10:11
88	106979	1908	André Duarte Jorge	CAD	Outsystems Olímpico de Oeiras	00:10:52	00:35:33	00:21:13	01:07:38	00:10:13
89	100321	5022	Nelson Moreira	45-49	Estoril Praia Credibom	00:12:46	00:34:05	00:21:04	01:07:55	00:10:30
90	106984	2763	Helder Cipriano	35-39	Lusitano Frusool	00:13:13	00:34:12	00:20:38	01:08:03	00:10:38
91	108353	5793	Rui Duarte	45-49	Triatlo de Faro	00:11:29	00:36:51	00:19:53	01:08:13	00:10:48
92	105755	4152	Pedro Conceição	40-44	Estoril Praia Credibom	00:13:08	00:36:30	00:18:37	01:08:15	00:10:50
93	100570	4472	Carlos Fernandes	45-49	SFRAA TRIATLO	00:13:12	-	-	01:08:19	00:10:54
94	103261	1529	Vasco Saraiva de Melo	CAD	Outsystems Olímpico de Oeiras	00:10:37	00:35:43	00:22:00	01:08:20	00:10:55

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
95	103399	1907	Miguel Gonçalves	CAD	Outsystems Olímpico de Oeiras	00:11:06	00:35:42	00:21:34	01:08:22	00:10:57
96	106925	2736	Rui Martins	35-39	Sporting Clube de Portugal	00:13:23	00:36:30	00:18:33	01:08:26	00:11:01
97	101008	4105	Mario Pires	45-49	SFRAA TRIATLO	00:12:49	00:36:08	00:19:44	01:08:41	00:11:16
98	105906	1808	João Vasques	CAD	CAPGE	00:12:11	00:34:45	00:21:48	01:08:44	00:11:19
99	102369	2309	Diogo Costa	JUN	Outsystems Olímpico de Oeiras	00:12:04	00:37:41	00:19:15	01:09:00	00:11:35
100	106493	5199	Pedro Rocha	55-59	Sporting Clube de Portugal	00:12:46	00:36:20	00:19:59	01:09:05	00:11:40
101	108078	8264	Pedro Lopes	30-34	AMICICLO GRÂNDOLA	00:15:21	00:33:49	00:19:56	01:09:06	00:11:41
102	101596	4632	Gonçalo Neves	50-54	Pedrogão Triatlo	-	-	00:20:58	01:09:16	00:11:51
103	102636	1805	Dinis Carvalhinho	CAD	Pimpões Triatlo	00:12:05	00:36:47	00:20:32	01:09:24	00:11:59
104	101922	4611	Orlando Marques	45-49	Exército de Portugal	00:14:17	00:34:47	00:20:31	01:09:35	00:12:10
105	102656	4278	João Martinho	40-44	CNATRIL Triatlo	00:12:18	00:36:38	00:20:45	01:09:41	00:12:16
106	100830	4013	Miguel Fragoso	55-59	Outsystems Olímpico de Oeiras	00:12:26	00:35:57	00:21:23	01:09:46	00:12:21
107	104877	3085	Nuno Dias	35-39	AMICICLO GRÂNDOLA	00:14:43	00:35:46	00:19:20	01:09:49	00:12:24
108	105057	5331	Luis Lourenço	50-54	Triatlo de Faro	00:12:56	00:37:16	00:19:40	01:09:52	00:12:27
109	105999	2269	Rafael Alemão	JUN	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:12:17	00:39:02	00:18:34	01:09:53	00:12:28
110	0	8374	José Luis Mexia Alcântara	45-49	Não Federado	00:12:02	00:35:41	00:22:12	01:09:55	00:12:30
111	100800	3026	David Maia	30-34	Outsystems Olímpico de Oeiras	00:13:07	00:36:16	00:20:36	01:09:59	00:12:34
112	105998	1795	Afonso Alemão	CAD	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:12:55	00:36:53	00:20:12	01:10:00	00:12:35
113	101169	4245	Jorge Fonseca	45-49	Estoril Praia Credibom	00:13:32	00:36:40	00:20:04	01:10:16	00:12:51
114	108284	3335	Nuno Silva	30-34	AmoraSub/Associação Naval Amorense	00:12:41	00:36:51	00:20:51	01:10:23	00:12:58
115	101531	4530	Luís Filipe Valente	50-54	Clube Oriental de Lisboa	00:14:22	00:34:59	00:21:12	01:10:33	00:13:08
116	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:13:37	00:37:09	00:19:54	01:10:40	00:13:15
117	106745	2692	Ricardo Oliveira Gaspar	30-34	FET-Fátima Escola de Triatlo	00:15:09	00:37:40	00:18:22	01:11:11	00:13:46
118	101543	4644	Luís Gonçalves	50-54	Clube de Triatlo do Fundão	00:13:17	00:36:16	00:21:48	01:11:21	00:13:56
119	100650	4242	César Andrade	40-44	Alhandra Sporting Club	00:13:16	00:36:34	00:21:33	01:11:23	00:13:58
120	106917	3884	Lucas Peixoto	25-29	REPSOL TRIATLO	00:13:34	00:37:40	00:20:12	01:11:26	00:14:01
121	100793	4032	Carlos Gomes	60-64	Outsystems Olímpico de Oeiras	00:15:07	00:36:49	00:19:35	01:11:31	00:14:06
122	105139	5113	Diogo Pina Pereira	45-49	Triatlo Fundação Salesianos	00:14:57	00:36:10	00:20:25	01:11:32	00:14:07
123	101051	8435	Nuno Pinto	35-39	Aquático Clube de Silves	23:13:40	00:37:33	01:20:20	01:11:33	00:14:08
124	107724	2986	Fábio Correia	30-34	Triatlo de Faro	00:14:51	00:38:56	00:17:55	01:11:42	00:14:17
125	102590	3279	Ivo Pona	35-39	Outsystems Olímpico de Oeiras	00:14:38	00:36:25	00:20:39	01:11:42	00:14:17
126	103031	4514	Luís Silva	50-54	Clube de Triatlo de Almada	00:12:53	00:36:44	00:22:07	01:11:44	00:14:19
127	103315	3204	Cristiano Marques	35-39	Pedrogão Triatlo	00:13:03	00:37:22	00:21:28	01:11:53	00:14:28

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
128	102764	4281	Ricardo Diogo	50-54	Triatlo de Faro	00:12:50	00:36:50	00:22:20	01:12:00	00:14:35
129	100437	4773	Rui Gonçalves	45-49	AMICICLO GRÂNDOLA	00:15:50	00:37:50	00:18:23	01:12:03	00:14:38
130	103321	4860	Renato Araújo	55-59	AmoraSub/Associação Naval Amorense	00:14:17	00:37:05	00:20:46	01:12:08	00:14:43
131	107641	5472	Hugo Cabral	45-49	Triatlo de Faro	00:12:45	00:36:11	00:23:17	01:12:13	00:14:48
132	105690	3741	Tiago Corvo	35-39	Sport União Colarense	00:13:15	00:39:20	00:19:41	01:12:16	00:14:51
133	109140	3790	Tiago Duarte Panasco	25-29	CCD / INTERMARCHÉ LAGOS	00:13:48	00:37:31	00:20:58	01:12:17	00:14:52
134	0	8297	André Nepomuceno	CAD	Não Federado	00:14:09	00:37:05	00:21:11	01:12:25	00:15:00
135	103941	4916	Nuno Barros	40-44	CCD / INTERMARCHÉ LAGOS	00:12:36	00:38:18	00:21:39	01:12:33	00:15:08
136	104857	5086	Miguel Anastácio	45-49	Vela de Tavira	00:15:25	00:36:41	00:20:37	01:12:43	00:15:18
137	108011	5650	Nuno Santos	45-49	Não Federado	00:15:03	00:39:11	00:18:38	01:12:52	00:15:27
138	107866	5606	Bernardo Pessoa	40-44	Louletano	00:14:17	00:36:46	00:21:52	01:12:55	00:15:30
139	107937	2343	André Rolla	JUN	Lusitano Frusool	00:12:04	00:37:56	00:22:57	01:12:57	00:15:32
140	101414	4045	Paulo Cabrita Silva	55-59	Triatlo de Faro	00:15:02	00:36:29	00:21:28	01:12:59	00:15:34
141	101407	3433	Igor Guerreiro	35-39	Louletano	00:12:13	00:36:53	00:24:06	01:13:12	00:15:47
142	106491	5161	Luis Vidinha	50-54	CNAL - Triatlo	00:14:23	00:39:03	00:19:49	01:13:15	00:15:50
143	107795	3016	Pedro Portugal	35-39	Triatlo Clube Tap	00:14:42	00:37:32	00:21:10	01:13:24	00:15:59
144	101417	4253	Sjoerd Drentje	50-54	Louletano	00:12:20	00:38:14	00:22:52	01:13:26	00:16:01
145	107300	4892	Bruno Lindorfo	40-44	Alhandra Sporting Club	00:15:15	00:37:55	00:20:18	01:13:28	00:16:03
146	102236	4847	Sandro Rodrigues	40-44	Triatlo de Faro	00:13:48	00:37:59	00:21:54	01:13:41	00:16:16
147	102410	1953	Dinis Figueiredo	CAD	Aminata Triatlo	00:13:19	00:39:25	00:21:18	01:14:02	00:16:37
148	107205	2819	Bruno Filipe Paiva Ferreira	30-34	Centro Ciclista Azeitonense	00:17:29	00:36:39	00:19:56	01:14:04	00:16:39
149	101970	4040	António Raposo	65-69	O2 Triatlo	00:14:24	00:36:37	00:23:03	01:14:04	00:16:39
150	100681	4003	João Miguel Nunes	55-59	Alhandra Sporting Club	00:14:54	00:38:14	00:21:02	01:14:10	00:16:45
151	108138	3237	Bruno Pinto	30-34	Individual	00:13:16	00:38:10	00:22:52	01:14:18	00:16:53
152	106402	2332	Rafael Assis	JUN	Pimpões Triatlo	00:12:58	00:38:50	00:22:33	01:14:21	00:16:56
153	109150	2520	Hugo Lopes	35-39	CCD Crédito Agrícola	00:15:01	00:37:44	00:22:07	01:14:52	00:17:27
154	107844	2326	Artur Resende Santana	JUN	Clube Triatlo de Abrantes	00:15:08	00:39:52	00:20:12	01:15:12	00:17:47
155	106593	4009	Paulo Santos	45-49	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:14:52	00:36:44	00:23:37	01:15:13	00:17:48
156	102919	2654	Joaquim Cerqueira	20-24	Alhandra Sporting Club	00:11:17	00:46:30	00:17:29	01:15:16	00:17:51
157	107915	5614	David Laurent	40-44	Louletano	00:15:30	00:39:57	00:20:05	01:15:32	00:18:07
158	101971	5559	Carlos Duarte	40-44	CCD / INTERMARCHÉ LAGOS	00:13:43	00:39:26	00:22:24	01:15:33	00:18:08
159	100995	4044	Diogo Almeida	45-49	Clube de Triatlo de Almada	00:11:19	00:39:35	00:24:41	01:15:35	00:18:10
160	108439	5826	Bruno Pereira	45-49	AmoraSub/Associação Naval Amorense	00:12:42	00:42:17	00:20:43	01:15:42	00:18:17

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
161	107914	1751	Lucas Neves	CAD	Pimpões Triatlo	00:12:27	00:43:04	00:20:18	01:15:49	00:18:24
162	107383	5157	Licínio Sousa	50-54	Exército de Portugal	00:19:32	00:35:22	00:21:09	01:16:03	00:18:38
163	103720	4445	João Cunha Rêgo	45-49	Triatlo Clube Tap	00:13:59	00:39:45	00:22:25	01:16:09	00:18:44
164	101409	4426	José Alberto Marcos	55-59	Louletano	00:13:14	00:39:12	00:23:45	01:16:11	00:18:46
165	101824	4814	Gonçalo Resina	45-49	Núcleo do Sporting da Golegã	00:17:49	00:39:08	00:19:18	01:16:15	00:18:50
166	102743	4273	João Martins	55-59	Lusitano Frusoad	00:14:21	00:39:36	00:22:35	01:16:32	00:19:07
167	109154	5401	Paul Player	60-64	Fc Ferreiras	00:12:09	00:43:34	00:20:55	01:16:38	00:19:13
168	104852	4261	Paulo Faria	45-49	Outsystems Olímpico de Oeiras	00:15:13	00:40:18	00:21:14	01:16:45	00:19:20
169	101408	4690	João Valente	45-49	Louletano	00:14:41	00:37:38	00:24:26	01:16:45	00:19:20
170	104714	5262	Luís Massapina	40-44	Fc Ferreiras	00:16:45	00:39:49	00:20:11	01:16:45	00:19:20
171	102511	1905	Arthur Torres	CAD	Outsystems Olímpico de Oeiras	00:10:28	00:39:14	00:27:04	01:16:46	00:19:21
172	108702	4238	Daniel Jose Cesario	40-44	AmoraSub/Associação Naval Amorense	00:16:19	00:38:09	00:22:29	01:16:57	00:19:32
173	106963	5084	José Pina	45-49	Louletano	00:15:56	00:39:47	00:21:15	01:16:58	00:19:33
174	103977	1797	Afonso Pais de Almeida	CAD	Outsystems Olímpico de Oeiras	00:10:34	00:44:24	00:22:09	01:17:07	00:19:42
175	107806	1734	João Palma	CAD	Lusitano Frusoad	00:13:02	00:39:15	00:25:07	01:17:24	00:19:59
176	107618	5449	João Santos	55-59	GRCD Leião Triatlo	00:14:32	00:39:56	00:23:02	01:17:30	00:20:05
177	108673	5895	Cristóvão dos Santos	40-44	Clube de Natação de Torres Novas	00:14:44	00:40:03	00:22:43	01:17:30	00:20:05
178	103899	4929	Esmeraldino Sá	45-49	AmoraSub/Associação Naval Amorense	00:16:21	00:39:51	00:21:39	01:17:51	00:20:26
179	105229	5142	Luis Faustino	55-59	Lusitano Frusoad	00:15:34	00:38:50	00:23:32	01:17:56	00:20:31
180	108041	5675	Alberto Dias	40-44	AmoraSub/Associação Naval Amorense	00:16:09	00:39:30	00:22:25	01:18:04	00:20:39
181	108973	4492	Nuno Costa Cardoso Gomes	50-54	Clube Triatlo de Abrantes	00:16:51	00:38:43	00:22:35	01:18:09	00:20:44
182	106570	5621	Pedro Coutinho	40-44	Try Portugal / V. Janes	00:13:51	00:42:59	00:21:31	01:18:21	00:20:56
183	104544	4172	Luís Tomé	50-54	Quitério TRIPENICHE	00:16:02	00:38:53	00:23:36	01:18:31	00:21:06
184	0	8379	Juan Antonio Vergara Nebro	45-49	Não Federado	00:12:20	00:36:56	00:29:19	01:18:35	00:21:10
185	108077	3195	João Pedro Westwood	25-29	Outsystems Olímpico de Oeiras	00:13:34	00:41:09	00:23:55	01:18:38	00:21:13
186	104061	4241	Andre Lima Cabrita	45-49	Triatlo de Faro	00:14:36	00:40:03	00:24:05	01:18:44	00:21:19
187	102082	4071	Rui de Oliveira	45-49	Sport União Colarense	00:12:21	00:40:22	00:26:09	01:18:52	00:21:27
188	106549	1731	João Viegas	CAD	Lusitano Frusoad	00:14:00	00:41:03	00:23:56	01:18:59	00:21:34
189	109186	7511	Davide Magalhães	40-44	Exército de Portugal	00:18:11	00:39:23	00:21:26	01:19:00	00:21:35
190	0	8423	Tiago Piedade	30-34	Não Federado	00:15:14	00:40:13	00:23:34	01:19:01	00:21:36
191	109229	7525	Pablllo Sipaubu	40-44	Triatlo de Faro	00:15:32	00:40:35	00:22:58	01:19:05	00:21:40
192	102325	4832	Hugo Ferraz	45-49	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:14:06	00:41:19	00:23:41	01:19:06	00:21:41
193	108878	5958	Pedro Pejapes	40-44	CNAL - Triatlo	00:19:23	00:47:28	00:12:16	01:19:07	00:21:42

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
194	104973	2302	Vasco Sequeira	JUN	CNCVG	00:13:04	00:42:08	00:24:01	01:19:13	00:21:48
195	106551	1720	Pedro Brito	CAD	Lusitano Frusoad	00:14:37	00:40:07	00:25:04	01:19:48	00:22:23
196	107414	5208	Miguel Barnabé	55-59	Louletano	00:16:32	00:41:11	00:22:14	01:19:57	00:22:32
197	102999	5688	Edgar Sousa	40-44	Clube Oriental de Lisboa	00:17:46	00:40:33	00:21:49	01:20:08	00:22:43
198	108210	5757	Rui Silvestre	45-49	Triatlo de Faro	00:15:21	00:39:22	00:25:27	01:20:10	00:22:45
199	107280	1721	Gabriel Marques	CAD	Lusitano Frusoad	00:14:54	00:42:10	00:23:14	01:20:18	00:22:53
200	108065	3189	Daniel Estrada	30-34	DNMG	00:16:20	00:41:35	00:22:45	01:20:40	00:23:15
201	105501	2635	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	00:15:37	00:41:12	00:24:00	01:20:49	00:23:24
202	105667	5255	José Domingues	65-69	Triatlo Fundação Salesianos	00:16:14	00:41:08	00:23:38	01:21:00	00:23:35
203	108648	5888	Hélio Garcia	45-49	Individual	00:16:44	00:41:12	00:23:10	01:21:06	00:23:41
204	101522	4629	António Jorge Martinho	55-59	Clube Oriental de Lisboa	00:14:33	00:43:12	00:23:44	01:21:29	00:24:04
205	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:15:18	00:41:42	00:24:29	01:21:29	00:24:04
206	106258	3378	Carlos M M Oliveira	35-39	Exército de Portugal	00:18:35	00:41:34	00:21:47	01:21:56	00:24:31
207	108568	5861	Ricardo Alves	40-44	AmoraSub/Associação Naval Amorense	00:18:05	00:42:37	00:21:15	01:21:57	00:24:32
208	107380	2881	Gonçalo Gonçalves	30-34	Exército de Portugal	00:17:33	00:41:36	00:22:53	01:22:02	00:24:37
209	0	8339	Diogo Nepomuceno	JUN	Não Federado	00:14:40	00:40:52	00:26:43	01:22:15	00:24:50
210	106440	8272	João Pais Vieira	35-39	Fc Ferreiras	00:16:56	00:40:42	00:24:40	01:22:18	00:24:53
211	109221	7521	Deodato Evangelista	45-49	Bairro dos Anjos	00:18:04	00:40:13	00:24:04	01:22:21	00:24:56
212	108334	5791	Pedro Figueiredo	50-54	Aminata Triatlo	00:15:13	00:42:36	00:24:56	01:22:45	00:25:20
213	108911	4275	Octávio Cardoso	45-49	AmoraSub/Associação Naval Amorense	00:18:29	00:40:18	00:24:00	01:22:47	00:25:22
214	103898	5261	Rui Santos	40-44	AmoraSub/Associação Naval Amorense	00:16:06	00:42:06	00:24:36	01:22:48	00:25:23
215	107976	3099	Saulo de Barros Bruno	35-39	Clube Oriental de Lisboa	00:15:46	00:43:47	00:23:27	01:23:00	00:25:35
216	104415	4753	Vítor Piçarra	45-49	Individual	00:16:37	00:42:35	00:24:26	01:23:38	00:26:13
217	101103	4026	Rui Medina	50-54	Bike Clube S. Brás	00:19:19	00:42:12	00:22:07	01:23:38	00:26:13
218	108913	4291	Pedro Vitorino	45-49	AmoraSub/Associação Naval Amorense	00:18:29	00:40:56	00:24:34	01:23:59	00:26:34
219	108676	5324	Pedro Botelho	50-54	AmoraSub/Associação Naval Amorense	00:13:05	00:43:51	00:27:03	01:23:59	00:26:34
220	101854	4456	Helder Moringa	50-54	SNR Triatlo	00:17:04	00:43:08	00:23:48	01:24:00	00:26:35
221	101648	2628	André Garrido	25-29	Aminata Triatlo	00:13:19	00:42:54	00:27:58	01:24:11	00:26:46
222	0	8415	Marco Pereira	50-54	Não Federado	00:16:19	00:44:22	00:23:33	01:24:14	00:26:49
223	108487	5835	António Pêgas	45-49	Triatlo de Faro	00:15:46	00:42:52	00:25:43	01:24:21	00:26:56
224	108969	4481	João Matias Garcia	40-44	Quitério TRIPENICHE	00:17:40	00:43:53	00:22:51	01:24:24	00:26:59
225	103870	4922	Armando Gomes	50-54	Lusitano Frusoad	00:18:01	00:41:01	00:25:27	01:24:29	00:27:04
226	103243	4830	Carlos Gomes	55-59	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:17:57	00:42:50	00:23:44	01:24:31	00:27:06

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
227	104478	1798	António Gasalho	CAD	Pedrógão Triatlo	00:12:32	00:40:49	00:31:10	01:24:31	00:27:06
228	105916	5351	Carlos Quaresma	45-49	GRCDC Leião Triatlo	00:15:09	00:44:17	00:25:06	01:24:32	00:27:07
229	107999	5639	Luis Lemos Lopes	45-49	Fc Ferreiras	00:19:08	00:42:44	00:22:40	01:24:32	00:27:07
230	107298	5518	Fábio Paulo	40-44	Alhandra Sporting Club	00:19:09	00:42:34	00:23:43	01:25:26	00:28:01
231	108481	5833	Julio Paulo Ramos NEPOMUCENO	50-54	Escola Triatlo Santo António Évora	00:17:56	00:44:44	00:23:01	01:25:41	00:28:16
232	108610	5871	José Damas	60-64	Clube Triatlo de Abrantes	00:20:25	00:40:25	00:24:54	01:25:44	00:28:19
233	108912	4285	Filipe Espinha	40-44	AmoraSub/Associação Naval Amorense	00:17:14	00:44:41	00:24:15	01:26:10	00:28:45
234	100581	4042	João Rita	65-69	Bike Clube S. Brás	00:18:24	00:43:18	00:24:28	01:26:10	00:28:45
235	0	8256	Andre Fernandes	35-39	Não Federado	00:16:17	00:47:05	00:23:12	01:26:34	00:29:09
236	109146	3791	André Prates Pereira	30-34	Individual	00:18:23	00:43:32	00:24:44	01:26:39	00:29:14
237	107931	1736	Adriano Jurca	CAD	Lusitano Frusool	00:12:38	00:43:32	00:30:33	01:26:43	00:29:18
238	106193	4751	Miguel Simões	40-44	GRCDC Leião Triatlo	00:15:30	00:42:58	00:28:29	01:26:57	00:29:32
239	109039	4672	Vasco Afonso	40-44	Alhandra Sporting Club	00:19:51	00:44:14	00:23:32	01:27:37	00:30:12
240	101440	4195	Sérgio Ogasawara de Oliveira	55-59	Triatlo Clube Tap	00:19:50	00:42:07	00:26:02	01:27:59	00:30:34
241	104537	4159	Nuno Miguel Nobre	45-49	Sport União Colarense	00:16:32	00:44:57	00:26:48	01:28:17	00:30:52
242	0	8368	Ian Cruthers	35-39	Não Federado	00:21:58	00:44:22	00:23:21	01:29:41	00:32:16
243	109147	3792	Tiago Moura Antunes	35-39	Clube do Pessoal EDP	00:15:06	00:48:58	00:25:37	01:29:41	00:32:16
244	106736	4187	Rui Silva	40-44	Individual	00:17:12	00:48:46	00:24:14	01:30:12	00:32:47
245	0	8400	Julien Samaha	40-44	Não Federado	00:15:33	00:47:46	00:27:09	01:30:28	00:33:03
246	108885	3564	Jerónimo Regidor	30-34	Individual	00:17:37	00:46:26	00:26:37	01:30:40	00:33:15
247	108010	5649	Fernando Andrade	50-54	CNAL - Triatlo	00:19:59	00:46:39	00:24:21	01:30:59	00:33:34
248	105067	5601	Pedro Godinho Matos	40-44	Alhandra Sporting Club	00:16:01	00:45:49	00:29:17	01:31:07	00:33:42
249	101420	5924	Ângelo Felgueiras	55-59	Triatlo Clube Tap	00:20:39	00:46:45	00:24:27	01:31:51	00:34:26
250	101076	4075	Jose Peixoto	65-69	Quitério TRIPENICHE	00:18:59	00:46:33	00:26:20	01:31:52	00:34:27
251	108983	4522	Christian Ramos	45-49	Alhandra Sporting Club	00:18:48	00:48:16	00:27:24	01:34:28	00:37:03
252	108000	5640	Miguel Andrade	55-59	CNAL - Triatlo	00:20:08	00:46:33	00:28:24	01:35:05	00:37:40
253	100993	4453	Carlos Barata Correia	70-74	Clube Oriental de Lisboa	00:14:42	00:50:40	00:30:01	01:35:23	00:37:58
254	103589	4183	Paulo Geadas	50-54	O2 Triatlo	00:19:26	00:47:23	00:28:48	01:35:37	00:38:12
255	108988	4536	Nuno Varela	40-44	Alhandra Sporting Club	00:17:21	00:49:29	00:30:33	01:37:23	00:39:58
256	103879	3776	Sergio Maquinista	35-39	REPSOL TRIATLO	00:24:50	00:48:23	00:24:16	01:37:29	00:40:04
257	0	8366	Hugo Almeida	45-49	Não Federado	00:22:50	00:53:56	00:25:42	01:42:28	00:45:03
258	0	8425	Vitor Gameiro	50-54	Não Federado	00:21:11	00:49:14	00:33:09	01:43:34	00:46:09
259	102662	3056	Marco Santos	35-39	Louletano	00:21:21	00:49:27	00:35:22	01:46:10	00:48:45

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
260	0	8414	Luis Santos	60-64	Não Federado	00:22:39	00:57:21	00:27:56	01:47:56	00:50:31
261	106123	5391	Daniel Leão	40-44	Alhandra Sporting Club	00:19:46	00:53:15	00:37:50	01:50:51	00:53:26
262	0	8420	Paulo Matias	50-54	Não Federado	00:24:27	00:49:35	00:39:40	01:53:42	00:56:17
DNF	100646	4616	Carlos Borda d'Água	50-54	Alhandra Sporting Club	00:18:12	00:40:22	-	DNF	
DNF	105411	2345	Tomás Vilanova	JUN	Lusitano Frusoal	00:10:43	00:35:45	-	DNF	
DNF	108015	5656	Artur Alves	45-49	GRCD Leião Triatlo	00:15:13	-	-	DNF	
DNF	100705	2501	Nuno Ribeiro	25-29	Alhandra Sporting Club	00:11:11	-	-	DNF	
DNF	108595	5866	João Filipe Jacinto	40-44	Louletano	00:15:17	-	-	DNF	
DNF	0	8370	Jack Gabban	45-49	Não Federado	00:17:48	-	-	DNF	
DNF		3859	Joao Menino	20-24	Sport Lisboa e Benfica	00:10:20	-	-	DNF	
DNF	106405	3514	André Sousa	20-24	Outsystems Olímpico de Oeiras	00:11:03	-	-	DNF	
DNF	106615	4135	Bruno Teles Grilo	45-49	Estoril Praia Credibom	00:11:16	-	-	DNF	
DNS	106315	4355	José Carlos Abrantes	50-54	Exército de Portugal	-	-	-	DNS	
DNS	101011	4382	Paulo Fonseca	55-59	Clube Oriental de Lisboa	-	-	-	DNS	
DNS	107938	1723	Gabriel Sima	CAD	Lusitano Frusoal	-	-	-	DNS	
DNS	103306	4852	Francisco Sanches-Osório	55-59	Estoril Praia Credibom	-	-	-	DNS	
DNS	102753	5247	André Sousa	40-44	Pedrógão Triatlo	-	-	-	DNS	
DNS	105427	5410	Vasco Levita	50-54	Estoril Praia Credibom	-	-	-	DNS	
DNS	107640	5470	Fábio Bota	40-44	Triatlo de Faro	-	-	-	DNS	
DNS	101581	2327	André Neves	JUN	Sport Lisboa e Benfica	-	-	-	DNS	
DNS	101762	5750	Pedro Bilro	45-49	SFRAA TRIATLO	-	-	-	DNS	
DNS	108718	5903	Joaquim Godinho	55-59	Individual	-	-	-	DNS	
DNS	0	8243	André Correia de Sousa	35-39	Não Federado	-	-	-	DNS	
DNS	0	8338	Craig David Reep	50-54	Não Federado	-	-	-	DNS	
DNS	103353	3230	João Jesus	30-34	AMICICLO GRÂNDOLA	-	-	-	DNS	
DNS	108328	3366	Stefano Silvestre	35-39	Fc Ferreiras	-	-	-	DNS	
DNS	107708	3521	Tomás Teixeira	20-24	CNCVG	-	-	-	DNS	
DNS	108985	3619	Gerson Costa	35-39	Individual	-	-	-	DNS	
DNS	103874	3773	Adriano Luz Domingos	35-39	Vasco da Gama Atlético Clube de Sines	-	-	-	DNS	
DNS	109193	3883	Ruben França Gomes	30-34	Louletano	-	-	-	DNS	
DNS	106319	4126	Luis Cabral e Silva	50-54	Fc Ferreiras	-	-	-	DNS	
DNS	103593	4192	Carlos Valente	60-64	Lusitano Frusoal	-	-	-	DNS	
DNS	102681	4225	José Amora	50-54	Núcleo do Sporting da Golegã	-	-	-	DNS	