

Local da Prova: **Quarteira**

Data: **26/03/23**

Hora da Partida: **09:34:18**

Distancias: Natação - 750m

Ciclismo - 20.000m

Corrida - 5.000m

**Classificações Absolutos Femininos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
1	101274	2514	Inês Oliveira	25-29	Sporting Clube de Portugal	00:10:44	00:33:55	00:18:49	01:03:28	00:00:00
2	104367	3967	Raquel Rocha	30-34	CNATRIL Triatlo	00:10:41	00:34:01	00:19:18	01:04:00	00:00:32
3	101275	2816	Joana Oliveira	20-24	Sporting Clube de Portugal	00:11:11	00:35:19	00:19:17	01:05:47	00:02:19
4	101358	2564	Ana Ramos	25-29	Clube de Natação de Torres Novas	00:11:09	00:35:25	00:19:25	01:05:59	00:02:31
5	103427	2862	Beatriz Ferreira	20-24	Individual	00:12:14	00:34:44	00:19:09	01:06:07	00:02:39
6	104484	1818	Catarina Santos	CAD	Sport Lisboa e Benfica	00:11:20	00:35:34	00:19:16	01:06:10	00:02:42
7	109231	3954	Zoe Bello	25-29	Estoril Praia Credibom	00:11:34	00:34:57	00:20:54	01:07:25	00:03:57
8	103073	1816	Cassilda Carvalho	CAD	Sport Lisboa e Benfica	00:10:46	00:35:45	00:21:03	01:07:34	00:04:06
9	102284	1931	Ana Carapeta	CAD	Alhandra Sporting Club	00:10:47	00:35:41	00:21:40	01:08:08	00:04:40
10	102210	2328	Luisa Miranda	JUN	Sport Lisboa e Benfica	00:12:15	00:34:47	00:21:22	01:08:24	00:04:56
11	103649	3748	Tuxa Negri	30-34	CNATRIL Triatlo	00:12:50	00:35:57	00:20:23	01:09:10	00:05:42
12	100634	3475	Ana Filipa Ferreira	30-34	Alhandra Sporting Club	00:12:11	00:36:52	00:21:22	01:10:25	00:06:57
13	107429	4871	Bila Duarte	40-44	Triatlo de Faro	00:11:30	00:37:16	00:22:26	01:11:12	00:07:44
14	104884	1928	Sofia Santos Rocha	CAD	Sporting Clube de Portugal	00:13:15	00:36:32	00:21:33	01:11:20	00:07:52
15	103686	2151	Margarida Barão	JUN	Sporting Clube de Portugal	00:11:08	00:38:23	00:21:56	01:11:27	00:07:59
16	100360	2554	Andreia Ferrum	25-29	Clube de Natação de Torres Novas	00:11:27	00:37:49	00:23:33	01:12:49	00:09:21
17	103605	3695	Inês Raimundo	20-24	AmoraSub/Associação Naval Amorense	00:14:09	00:37:23	00:21:23	01:12:55	00:09:27
18	104796	4119	Bettina Roschmann	40-44	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:13:39	00:38:00	00:21:23	01:13:02	00:09:34
19	105313	3538	Susana Mateus	30-34	Vasco da Gama Atlético Clube de Sines	00:12:58	00:39:20	00:21:11	01:13:29	00:10:01
20	100760	2254	Catarina Moutinho	JUN	Clube de Natação de Torres Novas	-	-	-	01:13:42	00:10:14
21	104354	1929	Matilde Tomás	CAD	Alhandra Sporting Club	00:11:08	00:38:17	00:24:38	01:14:03	00:10:35
22	102025	1771	Joana Alves	CAD	Sporting Clube de Portugal	00:12:17	00:39:11	00:23:26	01:14:54	00:11:26
23	104455	4899	Jana Advani	45-49	Louletano	00:12:16	00:38:55	00:23:45	01:14:56	00:11:28
24	100720	1935	Tatiana Marques	CAD	Alhandra Sporting Club	00:11:43	00:40:41	00:22:32	01:14:56	00:11:28
25	107787	3010	Francisca Parente	25-29	CNATRIL Triatlo	00:13:08	00:40:03	00:22:04	01:15:15	00:11:47
26	104550	1900	Mafalda Leirião	CAD	Clube de Natação de Torres Novas	00:12:11	00:38:30	00:25:09	01:15:50	00:12:22
27	0	8325	Andrea Cañete Lastra	JUN	Não Federado	00:12:18	00:39:06	00:24:50	01:16:14	00:12:46
28	100690	2285	Luana Quaresma	JUN	Alhandra Sporting Club	00:12:21	00:40:41	00:23:21	01:16:23	00:12:55

**Classificações Absolutos Femininos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
29	104244	1730	Natacha Santos	CAD	Lusitano Frusoad	00:12:10	00:40:29	00:23:46	01:16:25	00:12:57
30	103703	1749	Sofia Corrêa	CAD	Alhandra Sporting Club	00:12:16	00:41:01	00:23:31	01:16:48	00:13:20
31	107422	2318	Mariannela Gonçalves	JUN	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:14:28	00:41:05	00:21:30	01:17:03	00:13:35
32	102036	5787	Isa Parreira	40-44	Fc Ferreiras	00:15:11	00:40:08	00:21:54	01:17:13	00:13:45
33	102529	5110	Patricia Rivotti	45-49	Clube Oriental de Lisboa	00:15:15	00:41:19	00:20:40	01:17:14	00:13:46
34	105584	2837	Catarina Dias	20-24	Outsystems Olímpico de Oeiras	00:12:12	00:41:00	00:24:19	01:17:31	00:14:03
35	107204	4566	Amelia Drumm	45-49	Louletano	00:15:56	00:40:35	00:21:16	01:17:47	00:14:19
36	107577	2927	Filipa Vieira	35-39	Louletano	00:15:19	00:41:21	00:21:27	01:18:07	00:14:39
37	100141	4605	Fernanda Marques Santinha	50-54	Clube Oriental de Lisboa	00:15:23	00:41:44	00:21:01	01:18:08	00:14:40
38	103893	3783	Ana Martinho	35-39	SFRAA TRIATLO	00:14:39	00:40:46	00:22:57	01:18:22	00:14:54
39	106120	2317	Margarida Passos	JUN	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:12:15	00:42:05	00:24:03	01:18:23	00:14:55
40	100989	4110	Filipa Oliveira	50-54	SFRAA TRIATLO	00:14:57	00:39:13	00:24:19	01:18:29	00:15:01
41	104292	4595	Gail King	55-59	CCD / INTERMARCHÉ LAGOS	00:12:42	00:41:27	00:24:26	01:18:35	00:15:07
42	104115	1740	Iara Vinagre	CAD	CAPGE	00:12:31	00:42:35	00:23:35	01:18:41	00:15:13
43	10	2872	Patricia Emidio	25-29	Triatlo de Faro	00:15:04	00:40:14	00:23:25	01:18:43	00:15:15
44	100633	3721	Ana Filipa Sampaio	30-34	Alhandra Sporting Club	00:12:16	00:41:11	00:25:19	01:18:46	00:15:18
45	102221	1804	Raquel Vital	CAD	Clube Triatlo de Abrantes	00:13:41	00:38:18	00:26:55	01:18:54	00:15:26
46	102027	2308	Luna Neves	JUN	Sporting Clube de Portugal	00:12:30	00:39:00	00:27:40	01:19:10	00:15:42
47	103601	5515	Rita Barata Correia	40-44	Clube Oriental de Lisboa	00:13:37	00:43:28	00:22:59	01:20:04	00:16:36
48	104883	1769	Leonor Santos Rocha	CAD	Sporting Clube de Portugal	00:13:07	00:42:46	00:24:52	01:20:45	00:17:17
49	104276	2330	Leonor Medronheira	JUN	Sport Lisboa e Benfica	00:12:50	00:42:40	00:25:23	01:20:53	00:17:25
50	103155	2260	Maria Inês França	JUN	CNCVG	00:13:43	00:42:05	00:25:12	01:21:00	00:17:32
51	107425	2897	Luana Caleffi	20-24	Triatlo de Faro	00:14:49	00:42:18	00:23:58	01:21:05	00:17:37
52	106531	3175	Marta Barbosa	20-24	CNCVG	00:13:14	00:42:38	00:25:29	01:21:21	00:17:53
53	101698	3400	Vitória Revytsky	20-24	Aminata Triatlo	00:14:04	00:43:36	00:24:15	01:21:55	00:18:27
54	100396	3599	Eduarda Vidigueira	25-29	Exército de Portugal	00:15:12	00:43:31	00:23:53	01:22:36	00:19:08
55	104431	1767	Mariana Amaral	CAD	CNCVG	00:13:38	00:42:12	00:26:57	01:22:47	00:19:19
56	107485	1733	Beatriz Sequeira	CAD	Lusitano Frusoad	00:13:04	00:46:59	00:22:46	01:22:49	00:19:21
57	106758	1939	Leonor Fazendeiro	CAD	Sport Lisboa e Benfica	00:15:23	00:43:41	00:23:48	01:22:52	00:19:24
58	107805	3024	Sónia Barros	25-29	Triatlo de Faro	00:17:41	00:43:03	00:22:11	01:22:55	00:19:27
59	105661	5250	Isabel Moreira	55-59	Triatlo Fundação Salesianos	00:14:46	00:42:27	00:25:58	01:23:11	00:19:43
60	107012	2770	Camila Medici	35-39	Estoril Praia Credibom	00:16:22	00:41:34	00:25:19	01:23:15	00:19:47
61	101849	5849	Carla Ribeiro	40-44	SNR Triatlo	00:16:13	00:45:14	00:22:33	01:24:00	00:20:32

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#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
62	101413	4934	Lénia Gamito	45-49	Louletano	00:15:23	00:44:30	00:24:59	01:24:52	00:21:24
63	106537	1921	Mariana Rodrigues Grilo	CAD	CNCVG	00:15:31	00:44:56	00:24:43	01:25:10	00:21:42
64	101620	3674	Mariana Correia	20-24	Clube de Natação de Torres Novas	00:11:52	00:43:42	00:30:02	01:25:36	00:22:08
65	106976	4870	Lenka Kratka	40-44	Triatlo de Faro	00:15:26	00:44:26	00:26:05	01:25:57	00:22:29
66	103488	4906	Catarina Neves	50-54	Pedrógão Triatlo	00:15:03	00:45:21	00:25:38	01:26:02	00:22:34
67	107607	5419	Sandra Cristina Fernandes Rodrigues	50-54	AmoraSub/Associação Naval Amorense	00:20:37	00:42:22	00:23:11	01:26:10	00:22:42
68	108942	3610	Catarina Feijão	30-34	SFRAA TRIATLO	00:17:50	00:43:58	00:25:25	01:27:13	00:23:45
69	104291	4593	Sue Dawson	50-54	CCD / INTERMARCHÉ LAGOS	00:15:25	00:44:28	00:27:26	01:27:19	00:23:51
70	103777	5788	Cinara Martins	40-44	Fc Ferreiras	00:17:15	00:46:24	00:23:43	01:27:22	00:23:54
71	107693	4872	Ester Castelo	40-44	Triatlo de Faro	00:15:02	00:46:44	00:25:38	01:27:24	00:23:56
72	106714	5525	Tânia Rodrigues	40-44	AmoraSub/Associação Naval Amorense	00:17:00	00:45:22	00:25:20	01:27:42	00:24:14
73	103050	4638	Sara Colaço	45-49	Clube Oriental de Lisboa	00:16:05	00:47:26	00:25:20	01:28:51	00:25:23
74	103200	4809	Cláudia Ferreira	50-54	Lusitano Frusool	00:14:27	00:45:14	00:29:46	01:29:27	00:25:59
75	106151	1716	Diana Galinhola	CAD	Escola Triatlo Santo António Évora	00:13:42	00:45:38	00:30:11	01:29:31	00:26:03
76	103813	1918	Matilde Moita	CAD	Pedrógão Triatlo	00:13:41	-	-	01:29:34	00:26:06
77	107484	1732	Matilde Martins	CAD	Lusitano Frusool	00:14:00	00:49:39	00:27:13	01:30:52	00:27:24
78	107480	5240	Jocelyn McCall Ferreira	40-44	Louletano	00:17:24	00:47:34	00:25:58	01:30:56	00:27:28
79	106056	8268	Alexandra Quintaneiro	35-39	Aminata Triatlo	00:17:35	00:48:33	00:24:51	01:30:59	00:27:31
80	103688	2303	Mariana Paulino	JUN	CNCVG	00:12:40	00:49:27	00:29:52	01:31:59	00:28:31
81	102135	3227	Carolina Santos	20-24	Pimpões Triatlo	00:14:31	00:46:46	00:30:42	01:31:59	00:28:31
82	101973	4300	Emma Yates	50-54	CCD / INTERMARCHÉ LAGOS	00:18:07	00:47:39	00:26:15	01:32:01	00:28:33
83	109153	5377	Moirá Player	65-69	Fc Ferreiras	00:15:29	00:46:56	00:29:52	01:32:17	00:28:49
84	0	8412	Leandra Mackintosh	35-39	Não Federado	00:15:18	00:49:19	00:28:49	01:33:26	00:29:58
85	105579	1543	Margarida Cancela	CAD	Pedrógão Triatlo	00:16:01	00:47:47	00:30:42	01:34:30	00:31:02
86	104699	1768	Inês Caldeira Bargão	CAD	Pedrógão Triatlo	00:13:46	00:52:50	00:30:22	01:36:58	00:33:30
87	0	8419	Olga Coello Vázquez	50-54	Não Federado	00:19:38	00:47:12	00:30:17	01:37:07	00:33:39
88	108783	5925	Patrícia Neto Martins	45-49	Triatlo de Faro	00:17:07	00:52:10	00:28:17	01:37:34	00:34:06
89	101006	4452	Madalena Caninas	60-64	Clube Oriental de Lisboa	00:17:47	00:51:20	00:28:56	01:38:03	00:34:35
90	108867	3555	Catarina Serrinha	30-34	Centro Ciclista Azeitonense	00:21:08	00:49:48	00:27:42	01:38:38	00:35:10
91	104241	3930	Cristina Pereira	30-34	GCA Donas - TRIATLO	00:31:40	00:43:17	00:23:52	01:38:49	00:35:21
92	105611	4603	Isabel Augusto	50-54	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:19:44	00:51:09	00:30:17	01:41:10	00:37:42
93	105361	5187	Claudia Ferreira	55-59	Clube Oriental de Lisboa	00:24:38	00:52:54	00:26:41	01:44:13	00:40:45
94	108506	5842	Bridget Moriarty	45-49	Individual	00:19:21	00:53:18	00:32:49	01:45:28	00:42:00

**Classificações Absolutos Femininos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
95	101582	2525	Beatriz Neves	20-24	Pedrogão Triatlo	00:16:02	00:53:22	00:37:11	01:46:35	00:43:07
96	0	8410	Karine Sazy	50-54	Não Federado	00:16:45	00:55:45	00:34:22	01:46:52	00:43:24
97	106116	4919	Linda Clarkson	75-79	Não Federado	00:19:13	00:54:27	00:33:42	01:47:22	00:43:54
98		8273	Esther Cohen	35-39	Não Federado	00:22:49	00:54:29	00:32:21	01:49:39	00:46:11
99	100472	2274	Mariana Silva	JUN	SFRAA TRIATLO	00:16:07	00:56:48	00:37:14	01:50:09	00:46:41
100	105625	5222	Suzi Steinhofel	65-69	Louletano	00:21:09	01:03:09	00:40:16	02:04:34	01:01:06
101	0	8421	Sandra Tomé	45-49	Não Federado	00:27:00	01:20:42	00:29:44	02:17:26	01:13:58
DSQ	0	8413	Leyla Moore	50-54	Não Federado	00:21:35	-	-	DSQ	
DNF	104698	1901	Cláudia Orvalho	CAD	Clube de Natação de Torres Novas	00:12:50	00:43:13	-	DNF	
DNF	102881	1765	Júlia Marques	CAD	Clube de Natação de Torres Novas	00:13:31	-	-	DNF	
DNF	103057	1912	Inês Filipa Sousa	CAD	Alhandra Sporting Club	00:11:20	-	-	DNF	
DNF	100502	2338	Beatriz Boal	JUN	Alhandra Sporting Club	00:11:15	-	-	DNF	
DNS	105626	5223	Samantha Jane Miller	50-54	Louletano	-	-	-	DNS	
DNS	100957	2800	Mariana Vargem	20-24	Sport Lisboa e Benfica	-	-	-	DNS	
DNS	105655	3696	Joana Teixeira	30-34	Louletano	-	-	-	DNS	