

Local da Prova: **VN Cerveira**

Data: **05/03/2023**

Hora da Partida: **10:37:37**

Distancias: Corrida - 5000

Ciclismo - 19000

Corrida - 2500

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100469	2502	Madalena Almeida	25-29	Sport Lisboa e Benfica	00:18:01	00:00:25	00:32:33	00:00:35	00:10:04	01:01:38	00:00:00
2	104085	2286	Maria Gonçalves	JUN	Sport Lisboa e Benfica	00:18:42	00:00:25	00:33:25	00:00:39	00:09:44	01:02:55	00:01:17
3	100515	2346	Rafaela Cananó Silva	JUN	Sport Lisboa e Benfica	00:18:36	00:00:30	00:34:49	00:00:41	00:10:11	01:04:47	00:03:09
4	102210	2328	Luisa Miranda	JUN	Sport Lisboa e Benfica	00:20:59	00:00:30	00:30:04	00:00:48	00:15:50	01:08:11	00:06:33
5	100502	2338	Beatriz Boal	JUN	Alhandra Sporting Club	00:20:48	00:00:35	00:36:03	00:00:39	00:10:31	01:08:36	00:06:58
6	107943	1922	Inês Rilo	CAD	Pimpões Triatlo	00:21:02	00:00:31	00:35:54	00:00:41	00:11:07	01:09:15	00:07:37
7	104796	4119	Bettina Roschmann	40-44	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:20:44	00:01:04	00:35:43	00:00:54	00:10:55	01:09:20	00:07:42
8	108089	3209	Sara Neto	30-34	SFRAA TRIATLO	00:19:47	00:00:54	00:38:29	00:00:48	00:10:40	01:10:38	00:09:00
9	103703	1749	Sofia Corrêa	CAD	Alhandra Sporting Club	00:21:10	00:00:28	00:36:50	00:00:37	00:11:46	01:10:51	00:09:13
10	100161	3291	Joana Tomé	20-24	SFRAA TRIATLO	00:20:57	00:00:52	00:38:35	00:00:40	00:10:34	01:11:38	00:10:00
11	100360	2554	Andreia Ferrum	25-29	Clube de Natação de Torres Novas	00:20:47	00:00:36	00:39:03	-	-	01:11:59	00:10:21
12	100690	2285	Luana Quaresma	JUN	Alhandra Sporting Club	00:22:03	00:00:37	00:38:31	00:00:36	00:10:41	01:12:28	00:10:50
13	105256	1718	Madalena Augusto	CAD	Mc Donald's/Tribraga	00:21:45	00:00:54	00:39:41	00:00:54	00:10:40	01:13:54	00:12:16
14	100772	4373	Céu Nunes	45-49	Outsystems Olímpico de Oeiras	00:20:26	00:00:45	00:40:28	00:01:35	00:11:29	01:14:43	00:13:05
15	106700	2678	Susana Alemão	35-39	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:22:44	00:00:52	00:38:37	00:01:00	00:11:49	01:15:02	00:13:24
16	101024	3706	Carolina Silva	35-39	Individual	00:23:13	00:00:36	00:39:12	00:00:52	00:11:42	01:15:35	00:13:57
17	100760	2254	Catarina Moutinho	JUN	Clube de Natação de Torres Novas	00:23:42	00:00:35	00:38:48	00:00:52	00:11:51	01:15:48	00:14:10
18	108942	3610	Catarina Feijão	30-34	SFRAA TRIATLO	00:22:34	00:00:56	00:40:13	00:01:10	00:11:43	01:16:36	00:14:58
19	104550	1900	Mafalda Leirião	CAD	Clube de Natação de Torres Novas	00:23:42	00:00:38	00:38:48	-	-	01:17:06	00:15:28
20	101044	4084	Joana Creissac	40-44	Associação Académica de São Mamede	00:23:57	00:01:13	00:39:27	00:00:56	00:11:52	01:17:25	00:15:47
21	100848	4150	Susana Pontes	50-54	Outsystems Olímpico de Oeiras	00:23:36	00:00:56	00:40:39	00:00:50	00:11:37	01:17:38	00:16:00
22	103893	3783	Ana Martinho	35-39	SFRAA TRIATLO	00:23:14	00:00:46	00:41:42	00:00:55	00:11:50	01:18:27	00:16:49
23	100141	4605	Fernanda Marques Santinha	50-54	Clube Oriental de Lisboa	00:21:39	00:00:52	00:43:50	00:01:01	00:11:36	01:18:58	00:17:20
24	107991	5634	Raquel Abreu	40-44	GD Natação Famalicão	00:22:07	00:01:17	00:42:35	00:01:30	00:11:50	01:19:19	00:17:41
25	105584	2837	Catarina Dias	20-24	Outsystems Olímpico de Oeiras	00:22:56	00:00:44	00:43:27	00:00:51	00:11:38	01:19:36	00:17:58
26	106275	3441	Ana Brás	35-39	CNCVG	00:23:09	00:01:11	00:42:05	00:01:12	00:12:09	01:19:46	00:18:08
27	104403	4752	Susana Simões	50-54	Clube Zupper	00:23:27	00:01:16	00:42:50	00:00:57	00:11:33	01:20:03	00:18:25
28	104431	1767	Mariana Amaral	CAD	CNCVG	00:24:53	00:00:36	00:41:35	00:00:43	00:12:57	01:20:44	00:19:06

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	108155	8430	Ana Costa	40-44	Clube Zupper	00:23:15	00:01:04	00:43:35	00:01:08	00:11:56	01:20:58	00:19:20
30	106537	1921	Mariana Rodrigues Grilo	CAD	CNCVG	00:23:38	00:00:44	00:44:56	00:00:51	00:11:36	01:21:45	00:20:07
31	103026	1729	Beatriz Cardoso	CAD	Associação Académica de São Mamede	00:24:45	00:00:32	00:43:44	00:00:36	00:12:52	01:22:29	00:20:51
32	102335	4031	Susana Neta	45-49	Clube Zupper	00:23:46	00:01:18	00:45:27	00:00:58	00:11:22	01:22:51	00:21:13
33	105507	5431	Sara Silva	50-54	Associação Académica de São Mamede	00:24:27	00:01:08	00:43:42	00:01:14	00:12:46	01:23:17	00:21:39
34	108156	3242	Liliana Ramos	30-34	Clube Zupper	00:23:47	00:01:50	00:43:56	00:01:35	00:12:15	01:23:23	00:21:45
35	106531	3175	Marta Barbosa	20-24	CNCVG	00:24:46	00:00:40	00:44:30	00:00:55	00:13:12	01:24:03	00:22:25
36	107074	2784	Mafalda J. Barata	30-34	Associação Académica de São Mamede	00:21:48	00:01:04	00:49:15	00:01:45	00:11:12	01:25:04	00:23:26
37	105563	1715	Leonor Quarteu	CAD	PedalarTE	00:26:28	00:00:41	00:45:02	-	-	01:25:41	00:24:03
38	108068	5695	Sandra Sausen	40-44	Individual	00:26:31	00:01:21	00:43:21	00:01:48	00:12:49	01:25:50	00:24:12
39	107039	5706	Patricia Watanabe	40-44	Associação Académica de São Mamede	00:25:07	00:00:43	00:46:20	-	-	01:26:38	00:25:00
40	106309	1717	Fabiana Ferreira	CAD	Paredes Aventura	00:25:23	00:00:59	00:45:24	-	-	01:27:20	00:25:42
41	107801	1726	Leonor Pereira	CAD	PedalarTE	00:27:35	00:01:20	00:44:33	00:01:24	00:14:03	01:28:55	00:27:17
42	105406	1764	Inês Pereira	CAD	Associação Académica de São Mamede	00:24:52	00:00:46	00:49:47	00:00:36	00:13:33	01:29:34	00:27:56
43	108427	3498	Telma Teixeira	30-34	Associação Beat Your Limit!	00:26:13	00:01:15	00:47:36	00:01:15	00:14:00	01:30:19	00:28:41
DNF	103688	2303	Mariana Paulino	JUN	CNCVG	-	-	-	-	-	DNF	
DNS	109095	4783	Chris Custodio	50-54	Associação Académica de São Mamede	-	-	-	-	-	DNS	
DNS	108869	5949	Odília Andrade	40-44	Centro Ciclista Azeitonense	-	-	-	-	-	DNS	
DNS	103427	2862	Beatriz Ferreira	20-24	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	
DNS	101620	3674	Mariana Correia	20-24	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	
DNS	107787	3010	Francisca Parente	25-29	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	105387	5194	Hanna de Sousa	45-49	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	103649	3748	Tuxa Negri	30-34	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	103155	2260	Maria Inês França	JUN	CNCVG	-	-	-	-	-	DNS	