

Local da Prova: **Lamego**

Data: **26/02/2023**

Hora da Partida: **10:04:00**

Distancias: Corrida - 5.000 (2 voltas)

Ciclismo - 20.000 (4 voltas)

Corrida - 2.500 (1 volta)

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	102465	2619	António Barata	20-24	Sport Lisboa e Benfica	-	-	00:50:34	00:00:33	00:07:51	01:15:17	00:00:00
2	103658	4290	Nelson Gomes	40-44	G.D.GOMA	-	-	00:51:16	00:00:38	00:08:20	01:17:11	00:01:54
3	100429	3501	Luís Marques	20-24	AMICICLO GRÂNDOLA	-	-	00:51:46	00:01:10	00:07:51	01:17:44	00:02:27
4	108480	3565	Rúben Macedo	35-39	CDASJ Duatlo	-	-	00:51:21	00:00:45	00:08:13	01:17:47	00:02:30
5	100783	3140	Tiago Nogueira Maia	30-34	Sporting Clube de Espinho	-	-	00:51:17	00:00:35	00:08:40	01:18:03	00:02:46
6	103366	1766	Dimis Ferreira	CAD	Clube de Natação de Torres Novas	-	-	00:53:45	00:00:39	00:08:22	01:19:15	00:03:58
7	100436	3412	Rui Dolores	35-39	AMICICLO GRÂNDOLA	-	-	00:53:07	00:00:44	00:08:21	01:19:26	00:04:09
8	101452	3639	Tiago Pinho	35-39	Clube Fluvial Vilacondense	-	-	00:54:10	00:00:35	00:08:50	01:21:10	00:05:53
9	103128	4222	David Coelho	40-44	SFRAA TRIATLO	-	-	00:55:10	00:00:40	00:08:21	01:21:39	00:06:22
10	103632	3882	Nuno Pereira	35-39	G.D.GOMA	-	-	00:55:07	00:00:36	00:08:28	01:21:40	00:06:23
11	100425	2523	Hugo Baluga	25-29	AMICICLO GRÂNDOLA	-	-	00:55:15	00:00:31	00:08:55	01:22:22	00:07:05
12	106513	3785	Sandro Silva	30-34	Sporting Clube de Espinho	-	-	00:55:47	00:00:43	00:08:38	01:22:50	00:07:33
13	103353	3230	João Jesus	30-34	AMICICLO GRÂNDOLA	-	-	00:56:02	00:00:35	00:08:53	01:23:10	00:07:53
14	102653	5242	Nuno Neves	40-44	Louletano	-	-	00:55:07	00:00:39	00:09:42	01:24:11	00:08:54
15	108132	3235	Pedro Bastos	30-34	BEST	-	-	00:54:35	00:00:54	00:09:08	01:24:19	00:09:02
16	101861	3344	Nuno Carvalho	35-39	Outsystems Olímpico de Oeiras	-	-	00:55:41	00:00:52	00:09:19	01:24:25	00:09:08
17	104616	3687	Dionísio Silva	30-34	Boavista FC	-	-	00:56:16	00:00:45	00:09:10	01:24:52	00:09:35
18	106578	4188	Vítor Teixeira	50-54	Individual	-	-	00:56:42	00:00:45	00:09:14	01:25:05	00:09:48
19	105857	3000	João Sousa	35-39	Sporting Clube de Espinho	-	-	00:57:23	00:00:47	00:08:54	01:25:10	00:09:53
20	100835	3708	Octávio Vicente	35-39	Sporting Clube de Espinho	-	-	00:58:01	00:00:40	00:09:06	01:25:43	00:10:26
21	100437	4773	Rui Gonçalves	45-49	AMICICLO GRÂNDOLA	-	-	00:58:11	00:00:48	00:08:30	01:25:45	00:10:28
22	101581	2327	André Neves	JUN	Sport Lisboa e Benfica	-	-	00:57:33	00:00:42	00:09:22	01:26:18	00:11:01
23	101702	4584	António Ferreira	55-59	Individual	-	-	00:56:30	00:00:45	00:09:51	01:26:37	00:11:20
24	102637	2262	Diogo Carvalhinho	JUN	Outsystems Olímpico de Oeiras	-	-	00:57:55	00:00:37	00:09:27	01:27:02	00:11:45
25	109037	4659	Jorge Manuel Matos dos Santos	45-49	DAR-Recardães EXPansion	-	-	00:56:06	00:00:45	00:10:03	01:27:04	00:11:47
26	103344	4953	Nuno Rocha	45-49	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	-	-	00:56:53	00:00:40	00:09:33	01:27:09	00:11:52
27	108186	1796	Simão Andrez	CAD	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	-	-	00:57:38	00:00:49	00:09:44	01:27:19	00:12:02
28	105440	2271	Ruben Leandro Ribeiro	JUN	Paredes Aventura	-	-	00:58:55	00:00:44	00:09:18	01:27:48	00:12:31

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	108167	3851	Bruno Camacho	20-24	AMICICLO GRÂNDOLA	-	-	00:58:36	00:00:39	00:09:16	01:27:53	00:12:36
30	101850	3028	Carlos Carvalho	30-34	Outsystems Olímpico de Oeiras	-	-	00:58:11	00:01:02	00:09:20	01:28:00	00:12:43
31	107597	2934	Avelino Santos	30-34	SFRAA TRIATLO	-	-	00:57:24	00:00:43	00:09:46	01:28:06	00:12:49
32	100426	4402	Joaquim Carlos Lopes	55-59	Boavista FC	-	-	00:59:35	00:00:38	00:09:35	01:28:23	00:13:06
33	103878	4923	António Martins	50-54	AMICICLO GRÂNDOLA	-	-	00:58:23	00:00:50	00:09:36	01:28:27	00:13:10
34	107486	2913	João Pinto	25-29	Palmela Desporto / Tripla Rotação	-	-	00:59:01	00:01:03	00:09:27	01:28:44	00:13:27
35	103659	4367	José Peixoto	50-54	Individual	-	-	00:59:58	00:00:48	00:09:06	01:28:56	00:13:39
36	109057	4708	Pedro Neves	45-49	FET-Fátima Escola de Triatlo	-	-	00:55:59	00:00:59	00:10:30	01:29:05	00:13:48
37	109055	3638	Hugo Lopes	30-34	Clube dos Galitos	-	-	00:56:27	00:00:43	00:10:45	01:29:17	00:14:00
38	109059	5168	Fernando Gouveia	50-54	Clube Fluvial Vilacondense	-	-	00:57:32	00:00:59	00:10:26	01:29:32	00:14:15
39	100283	2993	João Maria Inácio	25-29	Pimpões Triatlo	-	-	00:58:46	00:00:39	00:10:25	01:30:04	00:14:47
40	105998	1795	Afonso Alemão	CAD	Mirachoro Hotels - CCP - Churrasqueira Guerre	-	-	-	00:00:45	00:09:48	01:30:05	00:14:48
41	108589	5864	Bruno Costa	40-44	Clube de Triatlo do Fundão	-	-	01:00:23	00:00:51	00:09:06	01:30:24	00:15:07
42	105434	1936	David Ferreira	CAD	Paredes Aventura	-	-	00:58:57	00:00:43	00:10:20	01:30:36	00:15:19
43	104242	5270	Luís Cordeiro	40-44	SFRAA TRIATLO	-	-	00:58:23	00:00:47	00:10:19	01:30:45	00:15:28
44	107969	3091	Samuel Leal	30-34	Individual	-	-	01:00:37	00:00:44	00:09:23	01:30:46	00:15:29
45	107251	3519	Bernardo Magina	20-24	Outsystems Olímpico de Oeiras	-	-	01:03:48	00:00:58	00:08:35	01:31:11	00:15:54
46	102192	1811	Duarte Margarido	CAD	Sport Lisboa e Benfica	-	-	01:02:59	00:00:37	00:09:24	01:32:07	00:16:50
47	108982	2316	Afonso Batista Marques	JUN	Clube Triatlo de Abrantes	-	-	00:58:05	00:00:50	00:11:32	01:32:27	00:17:10
48	107765	5889	João Santos	40-44	DAR-Recardães EXPansion	-	-	00:58:30	00:00:45	00:10:50	01:32:36	00:17:19
49	105066	5100	Marco Filipe	45-49	BEST	-	-	01:02:40	00:00:52	00:09:41	01:32:56	00:17:39
50	101486	4088	Celso Moreira	40-44	DAR-Recardães EXPansion	-	-	01:02:07	00:00:46	00:09:48	01:33:18	00:18:01
51	106328	1925	Afonso Fazendeiro	CAD	Sport Lisboa e Benfica	-	-	01:00:45	00:00:38	00:10:54	01:33:45	00:18:28
52	107643	2955	João Pedro Santos	35-39	BEST	-	-	01:01:48	00:01:12	00:10:09	01:33:55	00:18:38
53	108263	2342	Bernardo Prazeres	JUN	Sporting Clube de Espinho	-	-	01:05:18	00:01:21	00:10:04	01:33:59	00:18:42
54	104258	3932	Rui Pires	35-39	FET-Fátima Escola de Triatlo	-	-	01:03:17	00:01:15	00:09:36	01:34:16	00:18:59
55	106649	4079	Antonio Horta	60-64	CPArmada	-	-	01:03:34	00:01:07	00:10:13	01:35:05	00:19:48
56	102636	1805	Dinis Carvalhinho	CAD	Pimpões Triatlo	-	-	01:03:58	00:00:36	00:10:35	01:35:41	00:20:24
57	101534	4190	António Catarino	55-59	Clube de Triatlo do Fundão	-	-	00:59:59	00:00:47	00:12:43	01:36:13	00:20:56
58	102822	1773	Duarte Moreira	CAD	FET-Fátima Escola de Triatlo	-	-	01:04:02	00:00:47	00:10:18	01:36:38	00:21:21
59	108242	5762	Luis Marques	55-59	Tramagal Sport União	-	-	01:04:26	00:00:53	00:10:59	01:37:43	00:22:26
60	105501	2635	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	-	-	01:05:26	00:00:44	00:10:33	01:37:50	00:22:33
61	108973	4492	Nuno Costa Cardoso Gomes	50-54	Clube Triatlo de Abrantes	-	-	01:04:02	00:01:03	00:10:30	01:38:10	00:22:53

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#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	106782	4574	Juvenal Silva	50-54	Tramagal Sport União	-	-	01:05:12	00:00:59	00:10:54	01:38:31	00:23:14
63	105513	8050	Guilherme Fernandes	CAD	Pedalarte	-	-	01:06:02	00:00:45	00:12:19	01:38:34	00:23:17
64	106490	4419	Ricardo Simão	40-44	NDS Triatlo-MRW Guarda	-	-	01:05:52	00:01:24	00:10:22	01:39:36	00:24:19
65	107844	2326	Artur Resende Santana	JUN	Clube Triatlo de Abrantes	-	-	01:08:37	00:00:46	00:09:40	01:39:41	00:24:24
66	102599	4099	Fernando Igreja	50-54	Clube Fluvial Vilacondense	-	-	01:06:25	00:00:53	00:11:22	01:39:49	00:24:32
67	106857	4909	António Lourenço	50-54	Clube de Triatlo de Viseu	-	-	01:08:53	00:01:07	00:10:20	01:40:41	00:25:24
68	106462	4791	Ruben Barjona	45-49	BEST	-	-	01:05:37	00:00:54	00:11:03	01:40:53	00:25:36
69	101727	4386	Mário Ferreira	45-49	Individual	-	-	01:09:28	00:00:52	00:10:04	01:41:04	00:25:47
70	108339	2288	Tiago Portela	JUN	BEST	-	-	01:02:40	00:00:47	00:12:12	01:41:10	00:25:53
71	101543	4644	Luís Gonçalves	50-54	Clube de Triatlo do Fundão	-	-	01:07:40	00:00:46	00:10:45	01:41:35	00:26:18
72	105484	1937	Emanuel Gonçalves	CAD	Paredes Aventura	-	-	01:07:17	00:00:39	00:11:17	01:41:49	00:26:32
73	105143	5115	Luís Santos	45-49	Clube Fluvial Vilacondense	-	-	01:07:47	00:00:44	00:11:18	01:42:03	00:26:46
74	105906	1808	João Vasques	CAD	CAPGE	-	-	01:09:48	00:00:32	00:11:08	01:43:11	00:27:54
75	108995	2319	Luís Jacinto	JUN	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	-	-	01:09:10	00:00:47	00:11:38	01:44:23	00:29:06
76	105950	4395	Tiago Ferreira	40-44	Clube de Triatlo de Viseu	-	-	01:09:59	00:01:04	00:11:14	01:45:28	00:30:11
77	108750	5913	Válter Luís	45-49	FET-Fátima Escola de Triatlo	-	-	01:10:46	00:00:57	00:11:25	01:47:38	00:32:21
78	100342	5288	Hugo Gomes	40-44	Clube de Triatlo de Viseu	-	-	01:12:57	00:00:56	00:11:26	01:48:25	00:33:08
79	101065	4060	António Moura	60-64	Núcleo do Sporting da Golegã	-	-	01:13:11	00:00:48	00:11:32	01:48:26	00:33:09
80	100285	4072	Renato Fidalgo	60-64	Individual	-	-	01:10:11	00:01:31	00:13:03	01:50:37	00:35:20
81	103204	4806	Jorge Augusto	50-54	Mc Donald's/Tribraga	-	-	01:16:09	00:00:59	00:11:02	01:50:39	00:35:22
82	105253	5148	Filipe Santos	45-49	CDASJ Duatlo	-	-	01:13:29	00:00:48	00:11:48	01:50:55	00:35:38
83	108853	3546	André Bernardo	20-24	NDS Triatlo-MRW Guarda	-	-	01:20:15	00:01:14	00:09:35	01:50:56	00:35:39
84	108110	3228	Pedro Miguel Maurício	30-34	Clube de Triatlo do Fundão	-	-	01:16:34	00:00:34	00:11:39	01:51:03	00:35:46
85	104663	5513	Luís Mira Nunes	50-54	CNATRIL Triatlo	-	-	01:20:14	00:01:21	00:09:41	01:52:04	00:36:47
86	106825	5297	Leandro Barros	40-44	Individual	-	-	01:16:10	00:01:33	00:12:31	01:54:05	00:38:48
87	101830	4784	João Boim	45-49	AMICICLO GRÂNDOLA	-	-	01:17:56	00:01:25	00:11:59	01:54:52	00:39:35
88	108014	5654	Joaquim Pereira	45-49	Boavista FC	-	-	01:16:54	00:01:05	00:13:19	01:55:43	00:40:26
89	107165	4499	Pedro Renca	40-44	NDS Triatlo-MRW Guarda	-	-	01:19:08	00:01:46	00:11:54	01:57:02	00:41:45
90	101410	4039	José Carlos Varela	65-69	Individual	-	-	01:16:32	00:01:25	00:15:02	01:57:54	00:42:37
91	108888	8059	Mario Brito	30-34	GD Natação Famalicão	-	-	01:21:58	00:01:01	00:12:23	01:58:30	00:43:13
92	105954	8057	Cristiano Gonçalves	40-44	Clube de Triatlo de Viseu	-	-	01:15:51	00:01:07	00:14:25	01:58:55	00:43:38
93	108610	5871	José Damas	60-64	Clube Triatlo de Abrantes	-	-	01:21:53	00:00:46	00:12:30	01:59:05	00:43:48
94	109132	2344	Rodrigo Martins	JUN	Palmela Desporto / Tripla Rotação	-	-	01:20:04	00:01:41	00:12:29	01:59:11	00:43:54

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	106961	8058	José Camões	45-49	Palmela Desporto / Tripla Rotação	-	-	01:21:00	00:00:58	00:13:39	01:59:53	00:44:36
96	102541	4019	Joaquim Figueiredo	65-69	Palmela Desporto / Tripla Rotação	-	-	01:23:00	00:01:19	00:12:13	02:00:50	00:45:33
97	102132	2808	António Frazão	20-24	FET-Fátima Escola de Triatlo	-	-	01:22:36	00:00:43	00:14:11	02:00:52	00:45:35
98	106855	4886	Ángelo Fernandes	45-49	Clube de Triatlo de Viseu	-	-	01:21:08	00:01:15	00:13:23	02:01:47	00:46:30
99	108587	8051	Lourenço Fernandes	CAD	Pedalarte	-	-	01:19:28	00:01:16	00:18:58	02:02:10	00:46:53
100	104047	4207	Victor Campos	70-74	DAR-Recardães EXPansion	-	-	01:15:01	00:01:26	00:15:09	02:04:49	00:49:32
101	107736	5566	Filipe Rei	45-49	Palmela Desporto / Tripla Rotação	-	-	01:37:51	00:00:59	00:13:08	02:18:04	01:02:47
102	105212	5136	Nuno Ribeiro	45-49	Clube de Triatlo de Viseu	-	-	01:35:09	00:01:23	00:15:18	02:19:08	01:03:51
103	101541	4432	João Matos	50-54	Clube de Triatlo do Fundão	-	-	01:32:25	00:01:16	00:15:39	02:19:51	01:04:34
DSQ	102225	2329	Tiago Margarido	JUN	Sport Lisboa e Benfica	-	-	00:56:45	00:01:00	-	DSQ	
DNF	106836	2333	António Salvador	JUN	Palmela Desporto / Tripla Rotação	-	-	-	-	-	DNF	
DNF	108422	3630	Gonçalo Dias	20-24	DAR-Recardães EXPansion	-	-	-	-	-	DNF	
DNF	105550	3661	Fábio Durão	35-39	Individual	-	-	-	-	-	DNF	
DNF	100834	2648	Nuno André	25-29	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNF	
DNF	102634	4904	Luís Carvalhinho	55-59	Pimpões Triatlo	-	-	-	-	-	DNF	
DNF	102223	5743	Rui Salgueiro	45-49	Tramagal Sport União	-	-	-	-	-	DNF	
DNF	102127	4351	João Rodrigues	60-64	CDASJ Duatlo	-	-	-	-	-	DNF	
DNF	105286	5531	Helder Caiado	40-44	Clube de Triatlo de Viseu	-	-	-	-	-	DNF	
DNF	106790	4780	Davide Silva	40-44	DAR-Recardães EXPansion	-	-	-	-	-	DNF	
DNF	105051	3278	Leandro Fonseca	35-39	Mirachoro Hotels - CCP - Churrasqueira Guerre	-	-	-	-	-	DNF	
DNS	101865	5053	Rui Narigueta	45-49	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	107179	4520	Nuno Faria	45-49	Palmela Desporto / Tripla Rotação	-	-	-	-	-	DNS	
DNS	109019	4631	José Miguel Pais	50-54	SFRAA TRIATLO	-	-	-	-	-	DNS	
DNS	101008	4105	Mario Pires	45-49	SFRAA TRIATLO	-	-	-	-	-	DNS	
DNS	100650	4242	César Andrade	40-44	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	108321	5783	Nuno André Vilão dos Santos	40-44	DAR-Recardães EXPansion	-	-	-	-	-	DNS	
DNS	101511	3970	Renato Teixeira	30-34	G.D.GOMA	-	-	-	-	-	DNS	
DNS	104640	4457	Joaquim Barbosa	55-59	Individual	-	-	-	-	-	DNS	
DNS	105885	5350	Rui Levy	50-54	Individual	-	-	-	-	-	DNS	