

Local da Prova: **Arronches**

Data: **11/02/2023**

Hora da Partida: **15:04:51**

Distancias: Corrida - 5.150m

Ciclismo - 20.250m

Corrida - 2.500m

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	103108	2840	Hugo Figueiredo	20-24	Sporting Clube de Portugal	00:15:43	00:00:39	00:31:00	00:00:51	00:06:55	00:55:08	00:00:00
2	100832	2561	Miguel Tiago Silva	25-29	Outsystems Olímpico de Oeiras	00:15:42	00:00:40	00:31:15	00:00:49	00:07:09	00:55:35	00:00:27
3	101609	2305	João Nuno Batista	JUN	Clube de Natação de Torres Novas	00:15:42	00:00:39	00:31:54	00:00:54	00:06:48	00:55:57	00:00:49
4	100813	3873	João Francisco Ferreira	30-34	Clube de Natação de Torres Novas	00:16:13	00:00:35	00:31:28	00:00:50	00:07:04	00:56:10	00:01:02
5	102465	2619	António Barata	20-24	Sport Lisboa e Benfica	00:15:54	00:00:31	00:31:46	00:00:51	00:07:15	00:56:17	00:01:09
6	100775	3269	Miguel Arraiolos	35-39	Sport Lisboa e Benfica	00:16:13	00:00:31	00:32:30	00:00:51	00:07:05	00:57:10	00:02:02
7	100104	3769	Alexandre Nobre	25-29	Sport Lisboa e Benfica	00:16:10	00:00:33	00:32:34	00:00:56	00:07:03	00:57:16	00:02:08
8	103658	4290	Nelson Gomes	40-44	G.D.GOMA	00:16:19	00:00:42	00:32:14	00:00:55	00:07:15	00:57:25	00:02:17
9	107321	2866	Luis Moleiro	25-29	Clube de Natação de Torres Novas	00:16:28	00:00:42	00:32:06	00:00:56	00:07:14	00:57:26	00:02:18
10	105033	1914	José Ferreira	CAD	Sporting Clube de Portugal	00:16:17	00:00:35	00:32:30	00:01:00	00:07:11	00:57:33	00:02:25
11	104381	3213	João Dias	20-24	Sporting Clube de Portugal	00:16:29	00:00:34	00:32:08	00:00:54	00:07:34	00:57:39	00:02:31
12	103961	3841	João Bragadeste	35-39	Outsystems Olímpico de Oeiras	00:16:16	00:00:38	00:32:28	00:01:00	00:07:31	00:57:53	00:02:45
13	103366	1766	Dinis Ferreira	CAD	Clube de Natação de Torres Novas	00:16:16	00:00:40	-	-	00:07:35	00:57:55	00:02:47
14	103135	3286	João Fonte-Boa	35-39	Outsystems Olímpico de Oeiras	00:17:09	00:00:37	00:31:32	00:00:56	00:07:54	00:58:08	00:03:00
15	102921	1911	Rodrigo Pissarra	CAD	Alhandra Sporting Club	00:16:56	00:00:35	00:32:58	00:00:48	00:07:02	00:58:19	00:03:11
16	107744	1932	David Abreu	CAD	Sporting Clube de Portugal	00:16:57	00:00:38	00:32:55	00:00:54	00:07:08	00:58:32	00:03:24
17	105458	1952	Pedro Vitorino	CAD	Alhandra Sporting Club	00:17:11	00:00:36	00:32:45	00:00:52	00:07:10	00:58:34	00:03:26
18	101010	3704	Nuno Rodrigues	35-39	CNCVG	00:17:09	00:00:34	00:32:54	00:00:45	00:07:15	00:58:37	00:03:29
19	105354	2278	Pedro Carvalho	JUN	Sport Lisboa e Benfica	00:16:56	00:00:37	00:33:00	00:00:55	00:07:10	00:58:38	00:03:30
20	100436	3412	Rui Dolores	35-39	AMICICLO GRÂNDOLA	00:17:13	00:00:40	00:32:36	00:00:52	00:07:19	00:58:40	00:03:32
21	104099	1902	Manel Bartolomeu	CAD	Clube de Natação de Torres Novas	00:17:11	00:00:38	00:32:41	00:00:56	00:07:17	00:58:43	00:03:35
22	100834	2648	Nuno André	25-29	Outsystems Olímpico de Oeiras	00:17:11	00:00:36	00:32:51	00:00:53	00:07:13	00:58:44	00:03:36
23	100598	2584	André Duarte	25-29	Clube de Natação de Torres Novas	00:17:09	00:00:41	00:32:46	00:00:54	00:07:17	00:58:47	00:03:39
24	103128	4222	David Coelho	40-44	SFRAA TRIATLO	00:17:10	00:00:39	00:32:45	00:00:54	00:07:19	00:58:47	00:03:39
25	104735	3379	Bruno Santos	30-34	CNCVG	00:16:55	00:00:35	00:33:03	00:00:54	00:07:21	00:58:48	00:03:40
26	108480	3565	Rúben Macedo	35-39	CDASJ Duatlo	00:17:11	00:00:54	00:32:30	00:00:55	00:07:21	00:58:51	00:03:43
27	101627	2307	Pedro Afonso Razões	JUN	Clube de Natação de Torres Novas	00:16:56	00:00:36	00:32:59	00:00:53	00:07:31	00:58:55	00:03:47
28	106271	3438	Adriano Correia	30-34	Clube de Natação de Torres Novas	00:17:13	00:00:38	00:32:45	00:00:57	00:07:23	00:58:56	00:03:48

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	100429	3501	Luís Marques	20-24	AMICICLO GRÂNDOLA	00:17:04	00:00:41	00:32:47	00:00:58	00:07:29	00:58:59	00:03:51
30	105032	1913	Afonso Ferreira	CAD	Sporting Clube de Portugal	00:16:46	00:00:38	00:33:13	00:01:02	00:07:24	00:59:03	00:03:55
31	100629	2827	Afonso Nunes	20-24	Alhandra Sporting Club	00:17:11	00:00:38	00:32:45	00:00:54	00:07:37	00:59:05	00:03:57
32	104541	3657	David Preciado	25-29	SFRAA TRIATLO	00:17:10	00:00:38	00:32:47	00:00:54	00:07:41	00:59:10	00:04:02
33	101538	2623	Guilherme Pires	20-24	Clube de Natação de Torres Novas	00:17:13	00:00:38	00:32:44	00:00:55	00:08:17	00:59:47	00:04:39
34	101017	2624	Tiago Fonseca	20-24	Clube de Natação de Torres Novas	00:16:23	00:00:39	00:33:18	00:01:00	00:08:28	00:59:48	00:04:40
35	107708	3521	Tomás Teixeira	20-24	CNCVG	00:18:08	00:00:55	00:32:55	00:01:03	00:07:14	01:00:15	00:05:07
36	103353	3230	João Jesus	30-34	AMICICLO GRÂNDOLA	00:17:32	00:00:39	00:33:40	00:00:57	00:07:41	01:00:29	00:05:21
37	100922	1990	Bernardo Figueiroa Teixeira	CAD	Clube Futebol Andorinha / Abrigo do Pastor	00:17:32	00:00:37	00:33:41	00:00:59	00:07:41	01:00:30	00:05:22
38	105550	3661	Fábio Durão	35-39	Individual	00:17:29	00:00:54	00:33:31	00:01:13	00:07:24	01:00:31	00:05:23
39	102643	1802	Guilherme Neves	CAD	Pedrógão Triatlo	00:17:22	00:00:37	00:33:52	00:00:52	00:07:51	01:00:34	00:05:26
40	100437	4773	Rui Gonçalves	45-49	AMICICLO GRÂNDOLA	00:17:46	00:00:40	00:33:33	00:01:05	00:07:32	01:00:36	00:05:28
41	104684	1927	Duarte Fernandes	CAD	Alhandra Sporting Club	00:17:32	00:00:35	00:33:42	00:00:57	00:07:54	01:00:40	00:05:32
42	108168	5744	Luís Rufino	40-44	Clube Desportivo em Movimento	00:17:32	00:00:49	00:33:36	00:01:02	00:07:42	01:00:41	00:05:33
43	106790	4780	Davide Silva	40-44	DAR-Recardães EXPansion	00:17:47	00:00:44	-	-	00:07:49	01:00:44	00:05:36
44	103974	3858	João Rodrigues	30-34	A. R. Casaense	00:18:03	00:00:38	00:33:17	00:00:58	00:07:50	01:00:46	00:05:38
45	101865	4324	Rui Narigueta	45-49	Outsystems Olímpico de Oeiras	00:18:04	00:00:37	00:33:11	00:00:59	00:07:59	01:00:50	00:05:42
46	108108	3522	Salomão Savelenko	20-24	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:17:26	00:00:37	00:33:48	00:00:56	00:08:05	01:00:52	00:05:44
47	104855	3720	Tiago Lopes	25-29	Outsystems Olímpico de Oeiras	00:18:21	00:00:50	00:32:50	00:01:04	00:07:49	01:00:54	00:05:46
48	107903	3083	Pedro Neves	20-24	Sporting Clube de Portugal	00:18:06	00:00:51	00:32:53	00:01:04	00:08:08	01:01:02	00:05:54
49	101621	2306	Martim Salvador	JUN	Clube de Natação de Torres Novas	00:17:33	00:00:39	00:33:43	00:00:59	00:08:13	01:01:07	00:05:59
50	101836	5588	Luis cancela	50-54	Clube Desportivo em Movimento	00:18:02	00:00:33	00:33:23	00:01:06	00:08:10	01:01:14	00:06:06
51	106745	8033	Ricardo Oliveira Gaspar	30-34	FET-Fátima Escola de Triatlo	00:18:07	00:00:49	00:32:56	00:01:20	00:08:04	01:01:16	00:06:08
52	108612	3678	Miguel Pecegueiro	30-34	CNCVG	00:18:09	00:00:48	00:32:59	00:01:14	00:08:10	01:01:20	00:06:12
53	107266	1916	Rodrigo Nunes	CAD	Sporting Clube de Portugal	00:18:06	00:00:40	00:33:10	00:00:57	00:08:28	01:01:21	00:06:13
54	106925	2736	Rui Martins	35-39	Sporting Clube de Portugal	00:17:35	00:00:44	00:34:33	00:00:55	00:07:43	01:01:30	00:06:22
55	102225	2329	Tiago Margarido	JUN	Sport Lisboa e Benfica	00:17:46	00:00:40	00:34:19	00:00:59	00:07:51	01:01:35	00:06:27
56	106578	4188	Vítor Teixeira	50-54	Individual	00:18:27	00:00:47	00:33:33	00:00:58	00:08:01	01:01:46	00:06:38
57	100426	4402	Joaquim Carlos Lopes	55-59	BOAVISTA FC	00:18:33	00:00:46	00:33:32	00:00:57	00:08:01	01:01:49	00:06:41
58	108238	3315	Cristiano Oliveira	25-29	A. R. Casaense	00:17:12	00:00:48	00:34:57	00:01:15	00:07:40	01:01:52	00:06:44
59	104041	4495	Paulo Ajuda	40-44	Triatlo de Faro	00:18:34	00:00:52	00:33:23	00:01:01	00:08:04	01:01:54	00:06:46
60	103633	1748	Tiago Orfão	CAD	Alhandra Sporting Club	00:19:14	00:00:42	00:32:53	00:00:58	00:08:09	01:01:56	00:06:48
61	103344	4953	Nuno Rocha	45-49	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:18:55	00:00:55	00:33:03	00:01:02	00:08:06	01:02:01	00:06:53

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	103803	1817	Afonso Ferreira	CAD	Sport Lisboa e Benfica	00:18:49	00:00:41	00:33:18	00:00:58	00:08:18	01:02:04	00:06:56
63	108746	3763	João Conchinha	25-29	Vasco da Gama Atlético Clube de Sines	00:18:26	00:00:46	00:33:44	00:01:02	00:08:07	01:02:05	00:06:57
64	108078	8041	Pedro Lopes	30-34	AMICICLO GRÂNDOLA	00:19:08	00:00:44	00:32:59	00:01:01	00:08:14	01:02:06	00:06:58
65	105850	3844	João Feijão	35-39	Triatlo Clube Tap	00:18:07	00:00:45	00:34:03	00:01:08	00:08:09	01:02:12	00:07:04
66	101866	4894	Rui Costa	45-49	Exército de Portugal	00:18:50	00:00:42	00:33:25	-	-	01:02:30	00:07:22
67	103775	2312	Francisco Borges	JUN	Clube de Natação de Torres Novas	00:19:02	00:00:39	00:33:10	00:01:01	00:08:39	01:02:31	00:07:23
68	103316	5663	Gonçalo Martins	40-44	Núcleo do Sporting da Golegã	00:19:03	00:00:45	00:33:05	00:01:07	00:08:32	01:02:32	00:07:24
69	107738	2994	Emanuel Freitas	30-34	Palmela Desporto / Tripla Rotação	00:18:44	00:00:42	00:34:03	00:01:00	00:08:10	01:02:39	00:07:31
70	105681	3723	Vasco Damásio	35-39	Outsystems Olímpico de Oeiras	00:18:33	00:00:51	00:33:59	00:01:03	00:08:15	01:02:41	00:07:33
71	100266	4448	Sérgio Batalha	50-54	3B - triatlo	00:18:03	00:00:57	00:34:18	00:01:13	00:08:20	01:02:51	00:07:43
72	104806	3428	Diego Andres Cisneros	20-24	Clube Futebol Andorinha / Abrigo do Pastor	00:18:07	00:00:40	00:34:28	00:01:02	00:08:40	01:02:57	00:07:49
73	107251	3519	Bernardo Magina	20-24	Outsystems Olímpico de Oeiras	00:17:56	00:00:43	00:34:16	00:01:01	00:09:09	01:03:05	00:07:57
74	103878	4923	António Martins	50-54	AMICICLO GRÂNDOLA	00:18:53	00:01:02	00:33:19	00:01:16	00:08:49	01:03:19	00:08:11
75	102296	1930	tiago miguel casinha	CAD	CNCVG	00:18:43	00:00:44	00:35:15	00:00:57	00:07:54	01:03:33	00:08:25
76	103433	2292	João Nobre	JUN	SFRAA TRIATLO	00:17:47	00:00:44	00:34:55	00:01:11	00:08:57	01:03:34	00:08:26
77	108239	8040	Ricardo Simões	20-24	AAC MULTISPORT TRIATLO	00:19:17	00:00:45	00:33:43	00:01:20	00:08:31	01:03:36	00:08:28
78	108073	3186	João Piedade	30-34	Individual	00:18:22	00:00:48	00:35:30	00:01:01	00:08:07	01:03:48	00:08:40
79	108559	3650	Nelson Oliveira	25-29	AmoraSub/Associação Naval Amorense	00:18:11	00:00:45	00:35:50	00:01:07	00:08:17	01:04:10	00:09:02
80	108589	5864	Bruno Costa	40-44	Clube de Triatlo do Fundão	00:19:05	00:01:06	00:34:40	00:01:15	00:08:06	01:04:12	00:09:04
81	101811	4151	António Calafate	55-59	Núcleo do Sporting da Golegã	00:19:12	00:00:42	00:34:53	00:01:06	00:08:23	01:04:16	00:09:08
82	104622	3197	Fábio Faustino	35-39	Vasco da Gama Atlético Clube de Sines	00:19:11	00:00:56	00:34:44	00:01:09	00:08:17	01:04:17	00:09:09
83	102183	4482	Arlindo Brás	50-54	Clube Triatlo de Abrantes	00:19:08	00:00:50	00:34:50	00:01:03	00:08:35	01:04:26	00:09:18
84	101581	2327	André Neves	JUN	Sport Lisboa e Benfica	00:18:39	00:00:44	00:35:24	00:01:14	00:08:32	01:04:33	00:09:25
85	103784	4404	Rui Gonçalo Vieira	40-44	Núcleo do Sporting da Golegã	00:19:04	00:00:56	00:34:51	00:01:10	00:08:35	01:04:36	00:09:28
86	102192	1811	Duarte Margarido	CAD	Sport Lisboa e Benfica	00:18:48	00:00:42	00:35:54	00:01:00	00:08:16	01:04:40	00:09:32
87	106649	4079	Antonio Horta	60-64	CPArmada	00:19:35	00:00:58	00:34:48	00:01:00	00:08:23	01:04:44	00:09:36
88	103659	4367	José Peixoto	50-54	Individual	00:19:03	00:01:02	00:34:56	00:01:10	00:08:36	01:04:47	00:09:39
89		4455	Nuno Ricardo Lopes	40-44	Núcleo do Sporting da Golegã	00:19:04	00:00:55	00:34:46	00:01:15	00:08:50	01:04:50	00:09:42
90	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	00:19:13	00:00:44	00:34:46	00:00:59	00:09:10	01:04:52	00:09:44
91	104745	3399	Carlos Matias	35-39	Palmela Desporto / Tripla Rotação	00:18:39	00:00:38	00:35:28	00:01:09	00:09:07	01:05:01	00:09:53
92	108186	1796	Simão Andrez	CAD	Mirachoro Hotels - CCP - Churrasqueira Guerre	00:19:06	00:00:53	00:34:46	00:01:08	00:09:09	01:05:02	00:09:54
93	100578	4703	Henrique Matias	45-49	CNATRIL Triatlo	00:19:43	00:00:52	00:34:51	00:01:00	00:08:39	01:05:05	00:09:57
94	104329	4101	Pedro Lomba	40-44	Outsystems Olímpico de Oeiras	00:20:31	00:00:45	00:33:54	00:01:09	00:08:48	01:05:07	00:09:59

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	100793	4032	Carlos Gomes	60-64	Outsystems Olímpico de Oeiras	00:20:11	00:00:46	00:34:26	00:01:02	00:08:46	01:05:11	00:10:03
96	108388	5807	Bruno Bertão	40-44	GRCD Leião Triatlo	00:18:57	00:00:54	00:35:30	00:01:21	00:08:33	01:05:15	00:10:07
97	102234	4639	Mario Torrinha	55-59	Vela de Tavira	00:19:10	00:00:47	00:35:22	00:01:19	00:08:38	01:05:16	00:10:08
98	106585	4036	João Pedro Farinha	40-44	Palmela Desporto / Tripla Rotação	00:19:22	00:00:51	00:35:01	00:01:29	00:08:58	01:05:41	00:10:33
99	100658	2334	Dinis Barrocas	JUN	Alhandra Sporting Club	00:20:40	00:00:43	00:33:49	00:01:06	00:09:27	01:05:45	00:10:37
100	107205	2819	Bruno Filipe Paiva Ferreira	30-34	Centro Ciclista Azeitonense	00:19:36	00:00:49	00:34:58	00:01:09	00:09:26	01:05:58	00:10:50
101	103335	2325	David Fernandes	JUN	Clube Triatlo de Abrantes	00:19:21	00:00:42	00:35:13	00:01:03	00:09:54	01:06:13	00:11:05
102	100479	1772	Rafael Santos	CAD	SFRAA TRIATLO	00:18:54	00:00:44	00:36:48	00:01:06	00:08:44	01:06:16	00:11:08
103	103916	3793	Rui Melo	35-39	AAC MULTISPORT TRIATLO	00:20:03	00:00:42	00:36:12	00:00:59	00:08:54	01:06:50	00:11:42
104	105790	5310	Nuno Navalho	45-49	FET-Fátima Escola de Triatlo	00:19:57	00:00:53	00:36:04	00:01:15	00:08:45	01:06:54	00:11:46
105	105998	1795	Afonso Alemão	CAD	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:19:07	00:00:50	00:35:25	00:01:15	00:10:26	01:07:03	00:11:55
106	108905	3579	Ivo João	30-34	Vasco da Gama Atlético Clube de Sines	00:19:16	00:00:58	00:36:43	00:01:17	00:08:52	01:07:06	00:11:58
107	107206	2820	Emanuel Diogo	30-34	REPSOL TRIATLO	00:18:29	00:01:00	00:38:08	00:01:15	00:08:17	01:07:09	00:12:01
108	105139	5113	Diogo Pina Pereira	45-49	Triatlo Fundação Salesianos	00:20:24	00:00:47	00:35:45	00:01:07	00:09:08	01:07:11	00:12:03
109	104545	4205	Mauro Azevedo	50-54	AAC MULTISPORT TRIATLO	00:19:17	00:01:09	00:37:25	00:01:13	00:08:20	01:07:24	00:12:16
110	108903	4266	Paulo Rodrigues	45-49	Centro Ciclista Azeitonense	00:20:15	00:01:03	00:35:53	00:01:12	00:09:11	01:07:34	00:12:26
111	105427	5410	Vasco Levita	50-54	Estoril Praia Credibom	00:20:03	00:00:58	-	-	00:08:38	01:07:35	00:12:27
112	106795	2704	Filipe Vieira	35-39	Palmela Desporto / Tripla Rotação	00:19:38	00:00:39	00:36:42	00:01:13	00:09:25	01:07:37	00:12:29
113	101619	4711	Marco Sousa	45-49	Pedrogão Triatlo	00:20:46	00:00:44	00:36:23	00:01:11	00:08:36	01:07:40	00:12:32
114	106510	3699	Rúben Duarte	30-34	3B - triatlo	00:17:32	00:01:01	-	-	00:08:32	01:07:44	00:12:36
115	106270	2726	David António Serrão Martins	30-34	Vasco da Gama Atlético Clube de Sines	00:20:12	00:00:52	00:36:52	00:01:07	00:08:43	01:07:46	00:12:38
116	109019	4631	José Miguel Pais	50-54	SFRAA TRIATLO	00:18:42	00:01:52	00:37:18	00:01:34	00:08:21	01:07:47	00:12:39
117	102822	1773	Duarte Moreira	CAD	FET-Fátima Escola de Triatlo	00:21:04	00:01:02	00:35:42	00:01:12	00:09:07	01:08:07	00:12:59
118	109057	4708	Pedro Neves	45-49	FET-Fátima Escola de Triatlo	00:21:04	00:01:06	00:35:24	00:01:30	00:09:09	01:08:13	00:13:05
119	103173	4427	Miguel David	50-54	Clube Oriental de Lisboa	00:20:02	00:00:44	00:37:30	00:01:07	00:08:54	01:08:17	00:13:09
120	102656	4278	João Martinho	40-44	CNATRIL Triatlo	00:20:55	00:00:49	00:35:55	00:01:21	00:09:21	01:08:21	00:13:13
121	101596	4632	Gonçalo Neves	50-54	Pedrogão Triatlo	00:19:12	00:00:46	-	-	00:09:48	01:08:34	00:13:26
122	104719	3302	Carlos Escorcio	35-39	Try Portugal / V. Janes	00:20:46	00:00:52	00:36:40	00:01:14	00:09:45	01:09:17	00:14:09
123	108910	4274	Rui Marques da Silva	45-49	AmoraSub/Associação Naval Amorense	00:20:05	00:01:23	00:37:36	00:01:29	00:08:55	01:09:28	00:14:20
124	108303	3348	Jorge Augusto Gil	35-39	Clube Triatlo de Abrantes	00:20:46	00:00:57	00:37:25	00:01:12	00:09:14	01:09:34	00:14:26
125	108711	3742	João Silvestre	25-29	Clube Triatlo de Abrantes	00:21:02	00:00:59	00:36:50	00:01:14	00:09:35	01:09:40	00:14:32
126	105906	1808	João Vasques	CAD	CAPGE	00:21:49	00:00:45	00:36:25	00:00:59	00:09:50	01:09:48	00:14:40
127	107844	2326	Artur Resende Santana	JUN	Clube Triatlo de Abrantes	00:20:06	00:00:45	00:39:12	00:01:09	00:08:47	01:09:59	00:14:51

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	106836	2333	António Salvador	JUN	Palmela Desporto / Tripla Rotação	00:20:04	00:01:02	00:38:50	00:01:08	00:08:55	01:09:59	00:14:51
129	108618	3679	Miguel Barroqueiro	30-34	CNATRIL Triatlo	00:21:28	00:00:51	00:37:08	00:01:11	00:09:28	01:10:06	00:14:58
130	108422	3630	Gonçalo Dias	20-24	DAR-Recardães EXPansion	00:21:02	00:01:00	00:37:32	00:01:14	00:09:22	01:10:10	00:15:02
131	103321	4860	Renato Araújo	55-59	AmoraSub/Associação Naval Amorense	00:21:36	00:00:50	00:37:11	00:01:19	00:09:28	01:10:24	00:15:16
132	106593	4009	Paulo Santos	45-49	Mirachoro Hotels - CCP - Churrasqueira Guerre	00:21:12	00:01:02	00:36:46	00:01:31	00:09:58	01:10:29	00:15:21
133	108866	5947	Luís Manuel Dias	45-49	Centro Ciclista Azeitonense	00:22:22	00:00:59	00:36:06	00:01:15	00:10:01	01:10:43	00:15:35
134	106591	2981	Fábio Santos	30-34	CDASJ Duatlo	00:21:00	00:01:08	00:38:09	00:01:22	00:09:11	01:10:50	00:15:42
135	101554	4024	Vítor Pereira	55-59	Clube de Triatlo do Fundão	00:21:26	00:01:03	00:37:03	00:02:02	00:09:35	01:11:09	00:16:01
136	105598	4244	João Marques	55-59	Triatlo Fundação Salesianos	00:20:30	00:00:55	00:38:23	00:01:31	00:09:57	01:11:16	00:16:08
137	108439	5826	Bruno Pereira	45-49	AmoraSub/Associação Naval Amorense	00:22:13	00:01:01	00:37:43	00:01:07	00:09:26	01:11:30	00:16:22
138	102096	4678	José Massuça	50-54	Clube Oriental de Lisboa	00:21:11	00:00:47	00:39:29	00:01:10	00:09:01	01:11:38	00:16:30
139	108973	4492	Nuno Costa Cardoso Gomes	50-54	Clube Triatlo de Abrantes	00:21:47	00:01:18	00:36:47	00:01:45	00:10:06	01:11:43	00:16:35
140	108856	3550	João Pedro	35-39	NDS Triatlo-MRW Guarda	00:20:48	00:01:02	00:38:08	00:01:49	00:09:58	01:11:45	00:16:37
141	101567	4249	Luís Cipriano	50-54	AMCR Fonte Grada	00:21:33	00:00:49	00:39:07	00:01:10	00:09:14	01:11:53	00:16:45
142	103282	4843	Pedro Fernandes	45-49	CNATRIL Triatlo	00:22:27	00:00:53	00:37:41	00:01:23	00:09:39	01:12:03	00:16:55
143	105633	5227	Nuno Dantas	40-44	GRCD Leião Triatlo	00:20:34	00:01:01	00:41:00	00:01:12	00:08:28	01:12:15	00:17:07
144	104646	4528	Gabriel Alves	55-59	3B - triatlo	00:21:05	00:01:26	00:38:57	00:01:50	00:09:32	01:12:50	00:17:42
145	105501	2635	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	00:20:59	00:00:48	00:40:35	00:01:07	00:09:37	01:13:06	00:17:58
146	103720	4445	João Cunha Rêgo	45-49	Triatlo Clube Tap	00:22:08	00:01:30	00:38:16	00:02:01	00:09:36	01:13:31	00:18:23
147	101534	4190	António Catarino	55-59	Clube de Triatlo do Fundão	00:23:03	00:00:44	00:37:07	00:01:15	00:12:01	01:14:10	00:19:02
148	101562	4047	Francisco Gaspar	40-44	AMCR Fonte Grada	00:23:02	00:00:52	00:38:40	00:01:20	00:10:24	01:14:18	00:19:10
149	108855	5939	Fred Matos	45-49	NDS Triatlo-MRW Guarda	00:21:15	00:01:28	00:39:44	00:01:57	00:09:58	01:14:22	00:19:14
150	108110	3228	Pedro Miguel Maurício	30-34	Clube de Triatlo do Fundão	00:22:16	00:01:03	00:39:29	00:01:22	00:10:15	01:14:25	00:19:17
151	109050	3636	Valter Jorge	30-34	CNATRIL Triatlo	00:23:11	00:00:51	00:38:27	00:01:25	00:10:55	01:14:49	00:19:41
152	101065	4060	António Moura	60-64	Núcleo do Sporting da Golegã	00:22:50	00:00:46	00:40:13	00:01:15	00:09:47	01:14:51	00:19:43
153	105253	5148	Filipe Santos	45-49	CDASJ Duatlo	00:23:00	00:00:46	00:40:04	00:01:12	00:09:54	01:14:56	00:19:48
154	107197	4556	Nuno Sousa	50-54	Sporting Clube de Espinho	00:21:44	00:01:24	00:39:44	00:01:57	00:10:11	01:15:00	00:19:52
155	108610	5871	José Damas	60-64	Clube Triatlo de Abrantes	00:24:06	00:00:55	-	-	00:09:58	01:15:03	00:19:55
156	108210	5757	Rui Silvestre	45-49	Triatlo de Faro	00:24:39	00:01:24	00:37:08	00:01:46	00:10:15	01:15:12	00:20:04
157	108568	5861	Ricardo Alves	40-44	AmoraSub/Associação Naval Amorense	00:20:15	00:02:24	00:41:57	00:02:01	00:08:55	01:15:32	00:20:24
158	107330	4970	Israel Guarda	45-49	Sporting Clube de Portugal	00:22:40	00:01:06	00:41:18	00:01:26	00:09:29	01:15:59	00:20:51
159	108865	5946	Lino Cabral	45-49	Centro Ciclista Azeitonense	00:21:35	00:01:06	00:41:50	00:01:29	00:10:19	01:16:19	00:21:11
160	107732	5565	Carlos Teixeira	50-54	Individual	00:23:23	00:01:23	00:40:29	00:01:24	00:09:47	01:16:26	00:21:18

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
161	108995	2319	Luís Jacinto	JUN	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	-	-	-	-	00:10:15	01:17:13	00:22:05
162	106508	4760	Carlos Xavier	45-49	3B - triatlo	00:23:23	00:01:20	00:40:42	00:01:27	00:10:31	01:17:23	00:22:15
163	109109	1738	Rafael Xavier	CAD	3B - triatlo	00:21:30	00:01:05	00:43:45	00:01:25	00:09:46	01:17:31	00:22:23
164	106664	8034	Antonio Guedes	CAD	FET-Fátima Escola de Triatlo	00:24:10	00:01:04	00:41:07	00:01:12	00:10:02	01:17:35	00:22:27
165	109116	3771	Pedro Lima	35-39	Triatlo Fundação Salesianos	00:23:20	00:01:21	00:41:02	00:01:29	00:10:36	01:17:48	00:22:40
166	106323	4156	José Gomes	50-54	CDASJ Duatlo	00:23:53	00:01:17	00:39:28	00:01:43	00:11:34	01:17:55	00:22:47
167	102251	4508	Vasco Borges	50-54	A. R. Casaense	00:24:32	00:01:03	00:40:51	00:01:21	00:10:14	01:18:01	00:22:53
168	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:24:47	00:01:15	00:40:16	00:01:44	00:10:26	01:18:28	00:23:20
169	103830	5528	João Afonso	40-44	Clube Oriental de Lisboa	00:24:07	00:01:58	00:40:15	00:02:05	00:10:08	01:18:33	00:23:25
170	106906	4962	Hugo Braz	45-49	Individual	00:23:51	00:01:33	00:40:53	00:02:11	00:10:21	01:18:49	00:23:41
171	108896	5965	Pedro Machado	40-44	FET-Fátima Escola de Triatlo	00:21:25	00:01:07	00:45:28	00:01:26	00:09:34	01:19:00	00:23:52
172	109117	4883	Raul Bonito	40-44	Triatlo Fundação Salesianos	00:23:07	00:01:18	00:42:29	00:01:32	00:10:46	01:19:12	00:24:04
173	102681	4225	José Amora	50-54	Núcleo do Sporting da Golegã	00:25:07	00:01:23	00:38:46	00:01:56	00:12:31	01:19:43	00:24:35
174	106878	2727	Luis Alemão	35-39	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:23:07	00:01:15	00:44:07	00:01:41	00:10:54	01:21:04	00:25:56
175	107260	4737	Pedro Coutinho	55-59	Sporting Clube de Portugal	00:24:07	00:01:05	00:43:15	00:01:35	00:11:23	01:21:25	00:26:17
176	106736	4187	Rui Silva	40-44	Individual	00:22:10	00:01:13	00:46:21	00:01:55	00:09:47	01:21:26	00:26:18
177	104973	2302	Vasco Sequeira	JUN	CNCVG	00:23:27	00:00:44	00:46:52	00:00:55	00:09:36	01:21:34	00:26:26
178	108852	3543	António Cerdeira	30-34	NDS Triatlo-MRW Guarda	00:25:07	00:01:55	00:41:41	00:02:31	00:11:04	01:22:18	00:27:10
179	108018	5657	João Luís Costa	45-49	Triatlo Fundação Salesianos	00:24:25	00:01:32	00:45:10	00:01:29	00:10:43	01:23:19	00:28:11
180	102541	4019	Joaquim Figueiredo	65-69	Palmela Desporto / Tripla Rotação	00:23:39	00:01:30	00:46:24	00:01:46	00:10:27	01:23:46	00:28:38
181	106100	1950	Gabriel Gonçalves	CAD	AMICICLO GRÂNDOLA	00:24:58	00:01:07	00:46:26	00:01:40	00:10:15	01:24:26	00:29:18
182	105051	3278	Leandro Fonseca	35-39	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:23:34	00:00:58	00:45:48	00:02:23	00:11:45	01:24:28	00:29:20
183	103450	3354	Alexandre Dias	35-39	Clube Oriental de Lisboa	00:28:30	00:01:15	00:39:48	00:01:28	00:13:38	01:24:39	00:29:31
184	104048	4210	Vasco Micaelo	75-79	DAR-Recardães EXPansion	00:27:17	00:01:05	00:42:55	00:02:03	00:11:45	01:25:05	00:29:57
185	103879	3776	Sergio Maquinista	35-39	REPSOL TRIATLO	00:24:20	00:01:33	00:46:51	00:02:01	00:10:32	01:25:17	00:30:09
186	106654	4057	Alexandre Carvalho	50-54	CNCVG	00:25:34	00:01:31	00:45:23	00:02:11	00:11:19	01:25:58	00:30:50
187	108872	5952	Paulo Santos	45-49	Centro Ciclista Azeitonense	00:25:18	00:01:13	00:46:14	00:01:22	00:11:55	01:26:02	00:30:54
188	104861	5003	João Manuel Rosado	60-64	Núcleo do Sporting da Golegã	00:25:30	00:01:15	00:46:31	00:02:37	00:11:16	01:27:09	00:32:01
189	108429	5820	Horácio Oliveira	45-49	AmoraSub/Associação Naval Amorense	00:21:57	00:01:24	00:53:11	00:01:32	00:09:56	01:28:00	00:32:52
190	103149	1752	Francisco Marques	CAD	FET-Fátima Escola de Triatlo	00:27:23	00:01:02	00:52:22	00:01:22	00:12:07	01:34:16	00:39:08
191	107603	5409	José Lacerda Mello	70-74	Individual	00:28:15	00:01:54	00:50:41	00:02:35	00:12:06	01:35:31	00:40:23
192	106239	5471	Fernando Mendes	65-69	Sporting Clube de Portugal	00:28:05	00:02:53	00:51:52	00:02:09	00:12:02	01:37:01	00:41:53
193	108019	8043	Rui Madeira	45-49	Triatlo Fundação Salesianos	00:27:44	00:03:21	00:51:31	00:02:43	00:12:25	01:37:44	00:42:36

**Classificação Absoluta - Masculinos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
194	108874	5954	Gonçalo Jorge	45-49	Centro Ciclista Azeitonense	00:29:22	00:01:29	00:54:30	00:02:07	00:13:57	01:41:25	00:46:17
195	108839	5932	Vitor Fernandes	60-64	Individual	00:38:13	00:02:02	00:51:01	00:02:12	00:12:33	01:46:01	00:50:53
196	100119	4474	Carlos Matias	80-84	AMCR Fonte Grada	00:38:15	00:01:52	01:11:38	00:02:58	00:03:36	01:58:19	01:03:11
197	101561	4409	Francisco Cipriano	80-84	AMCR Fonte Grada	00:44:14	00:01:42	01:04:53	00:02:16	00:05:19	01:58:24	01:03:16
DNF	103699	2277	Gabriel Santos	JUN	Sport Lisboa e Benfica	00:15:54	00:00:33	-	-	-	DNF	
DNF	103709	4301	João Manuel Rosa	50-54	Palmela Desporto / Tripla Rotação	00:28:49	00:01:42	-	-	-	DNF	
DNF	102424	3434	Pedro Prioste	20-24	Ludens Clube de Machico	-	-	-	-	-	DNF	
DNF	101824	4814	Gonçalo Resina	45-49	Núcleo do Sporting da Golegã	-	-	-	-	-	DNF	
DNS	106354	4327	Fernando Martins	65-69	AAC MULTISPORT TRIATLO	-	-	-	-	-	DNS	
DNS	105058	5096	Carlos Brito	65-69	Try Portugal / V. Janes	-	-	-	-	-	DNS	
DNS	102761	1737	Hugo Rocha	CAD	CNATRIL Triatlo	-	-	-	-	-	DNS	
DNS	106768	1754	Martim Silva	CAD	FET-Fátima Escola de Triatlo	-	-	-	-	-	DNS	
DNS	101702	4584	António Ferreira	55-59	Individual	-	-	-	-	-	DNS	
DNS	101410	4039	José Carlos Varela	65-69	Individual	-	-	-	-	-	DNS	
DNS	102325	4832	Hugo Ferraz	45-49	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	-	-	-	-	-	DNS	
DNS	102748	4964	Luís Pedro Santos	40-44	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	-	-	-	-	-	DNS	
DNS	101861	3344	Nuno Carvalho	35-39	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	