

Local da Prova: **Abrantes**

Data: **29/01/2023**

Hora da Partida: **11:36:04**

Distancias: Corrida - 4800

Ciclismo - 18700

Corrida - 2700

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	102647	2633	Pauline Vie	20-24	SFRAA TRIATLO	00:21:18	00:00:44	00:49:16	00:00:39	00:13:17	01:25:14	00:00:00
2	102210	2328	Luisa Miranda	JUN	Sport Lisboa e Benfica	00:21:07	00:00:43	00:51:17	00:00:40	00:13:18	01:27:05	00:01:51
3		1810	Maria Inês	CAD	Clube Desportivo em Movimento	00:22:44	00:01:01	00:53:55	00:00:46	00:14:00	01:32:26	00:07:12
4	106493	5196	Malvina Gomes	45-49	Palmela Desporto / Tripla Rotação	00:22:46	00:01:04	00:54:08	00:01:17	00:14:22	01:33:37	00:08:23
5	102221	1804	Raquel Vital	CAD	Clube Triatlo de Abrantes	-	-	00:51:58	00:00:40	00:16:06	01:34:26	00:09:12
6	100848	4150	Susana Pontes	50-54	Outsystems Olímpico de Oeiras	-	-	00:55:34	00:00:47	00:13:42	01:34:55	00:09:41
7	102452	3664	Joana Hipólito	35-39	AMICICLO GRÂNDOLA	00:23:00	00:01:22	00:56:10	00:00:53	00:13:47	01:35:12	00:09:58
8	100989	4110	Filipa Oliveira	50-54	SFRAA TRIATLO	-	-	00:53:54	00:00:51	00:14:58	01:36:19	00:11:05
9	106763	2694	Carina Tomás	25-29	Outsystems Olímpico de Oeiras	-	-	00:54:44	00:01:07	00:15:38	01:37:50	00:12:36
10	100772	4373	Céu Nunes	45-49	Outsystems Olímpico de Oeiras	00:22:03	00:00:58	01:01:43	00:00:54	00:12:37	01:38:15	00:13:01
11	104276	2330	Leonor Medronheira	JUN	Sport Lisboa e Benfica	00:22:34	00:00:50	01:01:03	00:00:37	00:13:46	01:38:50	00:13:36
12		5849	Carla Ribeiro	40-44	SNR Triatlo	00:22:43	00:01:27	01:01:33	00:01:20	00:13:06	01:40:09	00:14:55
13	103893	3783	Ana Martinho	35-39	SFRAA TRIATLO	-	-	00:59:28	00:00:58	00:14:33	01:40:37	00:15:23
14	109036	3633	Beatriz Muando	35-39	AMICICLO GRÂNDOLA	00:22:42	00:01:22	01:02:31	00:01:13	00:13:26	01:41:14	00:16:00
15	100141	4605	Fernanda Marques Santinha	50-54	Clube Oriental de Lisboa	00:22:41	00:01:33	01:02:31	00:01:16	00:13:34	01:41:35	00:16:21
16	107607	5419	Sandra Cristina Fernandes Rodrigu	50-54	AmoraSub/Associação Naval Amorense	-	-	01:02:08	00:00:42	00:14:58	01:44:01	00:18:47
17	105830	3828	Marta Dolores	35-39	AMICICLO GRÂNDOLA	-	-	01:03:26	00:00:51	00:14:44	01:44:50	00:19:36
18	106700	2678	Susana Alemão	35-39	Mirachoro Hotels - CCP - Churrasqueira Guerre	-	-	01:02:12	00:01:01	00:15:50	01:45:27	00:20:13
19	106714	5525	Tânia Rodrigues	40-44	AmoraSub/Associação Naval Amorense	-	-	01:01:58	00:01:12	00:15:41	01:46:37	00:21:23
20	106617	3901	Marina Brunheta	20-24	Clube Triatlo de Abrantes	-	-	01:09:31	00:00:44	00:15:14	01:50:37	00:25:23
21	106944	5035	Karine Vie	50-54	SFRAA TRIATLO	-	-	01:02:37	00:01:18	00:17:21	01:50:56	00:25:42
22	108875	5955	Salomé Pinhal	45-49	Centro Ciclista Azeitonense	-	-	01:07:17	00:00:42	00:16:57	01:52:17	00:27:03
23	107621	2945	Inês Silva	30-34	AMICICLO GRÂNDOLA	-	-	01:05:02	00:01:39	00:17:27	01:52:55	00:27:41
24	108083	5705	Irina Pinto	40-44	Pedrógão Triatlo	-	-	01:09:17	00:00:43	00:16:37	01:54:04	00:28:50
25	108427	3498	Telma Teixeira	30-34	Associação Beat Your Limit!	-	-	01:09:22	00:00:58	00:16:42	01:55:23	00:30:09
26	108867	3555	Catarina Serrinha	30-34	Centro Ciclista Azeitonense	-	-	01:10:41	00:01:18	00:16:40	01:57:07	00:31:53
27	108869	5949	Odília Andrade	40-44	Centro Ciclista Azeitonense	-	-	01:09:50	00:00:40	00:18:09	01:57:28	00:32:14
28	105361	5187	Claudia Ferreira	55-59	Clube Oriental de Lisboa	-	-	01:15:01	00:00:56	00:16:40	02:00:39	00:35:25

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	104775	4779	Elisabete Costa	40-44	Clube Oriental de Lisboa	-	-	01:18:31	00:01:34	00:15:08	02:03:21	00:38:07